

ABUSE PREVENTION & INTERVENTION SERVICES

| Name of Program/Provider | Focus Population | Phone Number & Hours | Services Provided | Eligibility Requirement, Documents Needed, Fees |
|---|------------------|--|--|--|
| Child Abuse Hotline Department of Human Services Program 855 S Dubuque Street – Suite 102 Iowa City IA 52240 www.dhs.iowa.gov | Youth | HOTLINE 1-800-362-2178 24 Hours 7 days – 365 days | If you suspect a child under the age of 18 is being abused or neglected, call the abuse hotline. If you believe the child is in imminent danger, call 911 immediately. | |
| Dependent Adult Abuse Hotline Department of Human Services Program 855 S Dubuque Street – Suite 102 Iowa City IA 52240 www.dhs.iowa.gov | Adult | HOTLINE 1-800-362-2178 24 Hours 7 days – 365 days | Provides evaluations and assessments of alleged abused dependent adults. The program endeavors to provide services and make referrals to assist abused dependent adults acquire safe living arrangements. | |
| Nursing Home & Home Health Complaint Hotline Department of Human Services Program 855 S Dubuque Street – Suite 102 Iowa City IA 52240 www.dhs.iowa.gov | Adult | HOTLINE 1-877-686-0027 24 Hours 7 days – 365 days | Provides evaluations and assessments of alleged abused dependent adults living in a residential care facilities. | |
| Emergency Shelter Domestic Violence Intervention Program 1105 S Gilbert Ct -Suite 300 Iowa City IA 52240 www.dvpiowa.org | General | HOTLINE 1-800-373-1043 24 Hours 7 days – 365 days | Provides emergency safe sheltering for victims of domestic violence when remaining in their home is no longer an option. Emergency sheltering may include short stays in our shelter, safe housing or assistance with housing acquisition. | Eligibility Requirements ~ must be a victim of domestic violence, dating violence, stalking or sexual violence Documents ~ none Fees ~ all services are free and confidential |
| Housing Services Domestic Violence Intervention Program 1105 S Gilbert Ct -Suite 300 Iowa City IA 52240 www.dvpiowa.org | General | HOTLINE 1-800-373-1043 24 Hours 7 days – 365 days | Provides assistance with housing and tenancy to victims of domestic violence. Our services include Transitional Housing, Rental Assistance and the Good Tenant Training Program | Eligibility Requirements ~ must be a victim of domestic violence, dating violence, stalking or sexual violence Documents ~ dependent on services requested. Fees ~ all services are free and confidential |

ABUSE PREVENTION & INTERVENTION SERVICES

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| <p>Outreach Services & Advocacy for Victims of Domestic Violence Domestic Violence Intervention Program 1105 S Gilbert Ct -Suite 300 Iowa City IA 52240 www.dvpiowa.org</p> | <p style="text-align: center;">General</p> | <p style="text-align: center;">HOTLINE 1-800-373-1043</p> <p style="text-align: center;">24 Hours 7 days – 365 days</p> | <p>Assists adult and youth victims of domestic & dating violence and stalking as they seek to heal from trauma and respond to community systems (such as the criminal justice, human services, healthcare and other systems). Advocacy and peer based counseling are available by calling our 24 hour crisis line.</p> | <p>Eligibility Requirements ~ must be a victim of domestic violence, dating violence, stalking or sexual violence Documents ~ none Fees ~ all services are free and confidential</p> |
| <p>Youth Services Domestic Violence Intervention Program 1105 S Gilbert Ct -Suite 300 Iowa City IA 52240 www.dvpiowa.org</p> | <p style="text-align: center;">Youth</p> | <p style="text-align: center;">HOTLINE 1-800-373-1043</p> <p style="text-align: center;">24 Hours 7 days – 365 days</p> | <p>Provides prevention education and youth activities, including support groups and counseling, to youth impacted by domestic violence in their home or dating violence.</p> | <p>Eligibility Requirements ~ must be a victim of domestic violence, dating violence, stalking or sexual violence Documents ~ none Fees ~ all services are free and confidential</p> |
| <p>Elder Abuse Prevention & Awareness Program The Heritage Area Agency on Aging 6301 Kirkwood Boulevard Cedar Rapids IA 52404 http://www.heritageaaa.org/</p> | <p style="text-align: center;">Adult ~ Age 60+</p> | <p style="text-align: center;">Toll Free 1-866-468-7887</p> <p style="text-align: center;">8:00 AM - 5:00 PM</p> | <p>Individuals, their families and their caregivers can get information on services that are available to at-risk elders.</p> | <p>Eligibility Requirements ~ Persons 60+ Documents ~ none Fees ~ none</p> |
| <p>Elder Abuse Prevention & Intervention The Heritage Area Agency on Aging 6301 Kirkwood Boulevard SW Cedar Rapids IA 52404 http://www.heritageaaa.org/</p> | <p style="text-align: center;">Adult ~ Age 60+</p> | <p style="text-align: center;">(319) 398-5559</p> <p style="text-align: center;">M-F 8-4:30 PM</p> | <p>Heritage Agency's Elder Abuse Intervention Program focuses on the prevention, intervention, detection, and reporting of elder abuse, neglect, and exploitation by presenting seniors with options to enhance their lifestyle choices.</p> | <p>Eligibility Requirements ~ serves clients 60+ Documents ~ contact program Fees ~ contact program</p> |
| <p>Domestic Violence & Sexual Assault Advocate Program Monsoon (United Asian Women of Iowa) 700 S Dubuque St Iowa City IA 52240 http://muawi.org/</p> | <p style="text-align: center;">Victims of gender-based violence who are from Asian & Pacific Islander communities</p> | <p style="text-align: center;">319-466-9000</p> <p style="text-align: center;">HOTLINE 1-8666-881-4641</p> | <p>Resource, advocate & support for Asian & Pacific Islanders affected by domestic violence & sexual assault</p> | <p>Eligibility Requirements ~ contact program Documents ~ contact program Fees ~ contact program</p> |
| <p>Sexual Assault Victim Advocate & Prevention Agency Rape Victim Advocacy Program 332 S Linn Street – Suite 100 Iowa City IA 52240 https://rvap.uiowa.edu/</p> | <p style="text-align: center;">General</p> | <p style="text-align: center;">HOTLINE 800-228-1625</p> <p style="text-align: center;">Iowa Sexual Abuse Hotline 800-284-7821</p> | <p>Provide free, confidential, trauma-informed advocacy to all affected by sexual violence. Promotes social change through prevention education.</p> | <p>Eligibility Requirements ~ contact program Documents ~ contact program Fees ~ contact program</p> |

ABUSE PREVENTION & INTERVENTION SERVICES

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| <p>Safe At Home Iowa Secretary of State First Floor, Lucas Building 321 E. 12th St. Des Moines IA 50319 https://safeathome.iowa.gov/</p> | <p>Survivors of domestic violence, sexual assault, trafficking, stalking, or violent crimes.</p> | <p>Via Iowa Coalition Against Sexual Assault/ Domestic Violence 1-800-770-1650 Or via e-mail at safeathome@iowa.gov</p> | <p>This program helps survivors improve their lives with the following services: substitute address, mail forwarding service, confidential voter registration and absentee voting.</p> <p>The participants' first-class, legal, certified mail, prescriptions and government packages arrive at a substitute address and are then forwarded to the participants' confidential addresses.</p> | <p>Eligibility Requirements ~ contact program Documents ~ contact program Fees ~ contact program</p> |
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CHILD CARE SERVICES

| Name of Program/Provider | Focus Population | Phone Number & Hours | Services Provided | Eligibility Requirement, Documents Needed, Fees |
|---|--|--|---|--|
| CHILD CARE ASSISTANCE & REFERRAL | | | | |
| 4C's Community Coordinated Child Care 1500 Sycamore St Iowa City IA 52240 http://www.iowa4cs.com | Youth | 319-338-7684 | 4Cs provides education, consultations, and resources to home and center-based child care programs. | Eligibility Requirements ~ contact program Documents ~ contact program Fees ~ contact program |
| Child Care Assistance Department of Human Services 855 S Dubuque Street – Suite 102 Iowa City IA 52240 http://dhs.iowa.gov/child-care | Youth Age 0-13 Special Needs Age 19 | 319-356-6050 or 866-886-9207 | Assistance with paying for the care of a child while the parent/caretaker works or attends school. May also assist while a parent/caretaker is looking for work or is unable to care for the child due to a medical reason. Child Care Assistance can be used to pay a variety of different types of providers. | Eligibility Requirements ~ meet income guidelines (145% Federal Poverty Level), must be working or attending school, or looking for work Documents ~ contact program Fees ~ contact program |
| Iowa Child Care Resource & Referral Iowa Child Care Resource & Referral 4265 Oak Crest Hill Rd - Suite B Iowa City IA 52246 www.iowaccrr.org | Parents & Child Care Providers | Main: 1-866-324-3236 Parents Looking for Child Care 1-855-244-5301 Child Care Providers Needing Assistance 563-362-8228 M-F 8-4:30 pm | Child Care Resource and Referral of Southeast Iowa works with parents, childcare providers, employers and community groups that want to find, provide, or become more aware of quality childcare. | Eligibility Requirements ~ none Documents ~ none Fees ~ Only for childcare providers attending training sessions. |
| School Ready Scholarships Johnson County Empowerment 855 S Duquque St – Suite 202B Iowa City IA 52240 jcempowerment.com | Youth Age 3-5 | 319-339-6179 M-F 8-4:30 pm | Offers assistance to parents in paying for a quality pre-kindergarten educational experience. Scholarships are available for children ages 3, 4 and 5 and who meet eligibility guidelines. Pre-registration is required. | Eligibility Requirements ~ family gross income at or below 200% of federal poverty level. Child age 3, 4 or 5 and scheduled to begin kindergarten within the next 2 years. Documents ~ contact program Fees ~ contact program |
| CRISIS CHILD CARE | | | | |
| Crisis Child Care 4C's Community Coordinated Child Care 1500 Sycamore St Iowa City IA 52240 www.iowa4Cs.com | Youth Age 0-17 | 319-341-0089 M –F 8:30 – 4:30 pm After Hours Contact Crisis Center 319-351-0140 | Provides short-term emergency care when parents are not able to provide regular care. Goal is to reduce the risk of child abuse and to reduce the need for foster care placements by providing temporary child care at no cost to the families in crisis. | Eligibility Requirements ~ children be birth – 17 years of age. Care can be provided for a maximum of 72 hours per fiscal year Documents ~ contact program Fees ~ contact program |

CHILD CARE SERVICES

| Name of Program/Provider | Focus Population | Phone Number & Hours | Services Provided | Eligibility Requirement, Documents Needed, Fees |
|---|--|--|--|--|
| Home Ties Child Care 4C's Community Coordinated Child Care 1500 Sycamore St Iowa City IA 52240 www.iowa4Cs.com | Youth | 319-341-0050 Office Hours: M-F 9-4:30 pm | Helps families in crisis by providing quality, short-term child care. Homeless and near homeless families, as well as those participating in Prelude Behavioral Health services, United Action for Youth, Abbe Center programs or other assistance programs, may be eligible to receive free child. | Eligibility Requirements ~ contact program Documents ~ contact program Fees ~ contact program |
| Safe Families for Children http://safe-families.org | Youth | 319-383-6647 | Provides a loving, temporary home for children whose parents are in a crisis situation. - Placing parents maintain full custody and can request the return of their children at any time. - Volunteer families are extensively screened with background checks and home studies. - Children ages 0-18 are eligible, including parenting teens. - Stays can be as short as a couple of days and as long as a year. - We are committed to reuniting parents and children as soon as possible. | Eligibility Requirements ~ none Documents ~ Children's health insurance cards Fees ~ none |
| CHILD CARE PROGRAMS | | | | |
| Bill Reagan Children's Center The Arc of Southeast Iowa 2620 Muscatine Ave. Iowa City IA 52240 www.arcsei.org | Infants-Age 3 | 319-351-5017 Hours 7:30am – 5:30 pm | Childcare for children with or without disabilities. Full day or half day slots. | Eligibility Requirements ~ Age 0-3 Documents ~ Up to date medical records, contact information. If applying for sliding scale tuition rate, proof of household income. Fees ~ \$50 nonrefundable application fee to hold the slot desired. CCA available for a limited number of slots. Tuition fees based on income. |
| Before & After School Programs (BASP) Clear Creek Amana Community School District 327 S Augusta Oxford IA 52322 www.cc-amana.k12.ia.us | Youth School-Based K-6 th Grade | 319-828-4510 M-F 8-4:00 pm | Elementary Schools located within the Clear Creek Amana Community School District provide a Before and After School Program. For information on a program, contact the elementary school directly. | Eligibility Requirements ~ contact program Documents ~ contact program Fees ~ contact program |

CHILD CARE SERVICES

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| Preschool Programs Clear Creek Amana Community School District 327 S Augusta Oxford IA 52322 www.cc-amana.k12.ia.us | Youth Age 4 | 319-828-4510 M-F 8-4:00 pm | Part of the State-Wide Voluntary Preschool Program that offers preschool for children who turn four years old on or before September 15 th . | Eligibility Requirements ~ contact program Documents ~ contact program Fees ~ contact program |
| Pursuing Adventures in Learning (PAL) Four Oaks 1916 Waterfront Drive Iowa City IA 52240 www.fouroaks.org | Youth Age 5-12 | 319-337-4523 M-F 8-5:30pm | Pursuing Adventures in Learning is the only special needs afterschool and summer program in Johnson County serving children with behavioral issues and mental health diagnoses. | Eligibility Requirements ~ behavioral issues, mental health diagnosis Documents ~ contact program Fees ~ daily rate |
| Child Care & Preschool Handicare, Inc. 2220 9 th Street Coralville IA 52241 www.handicareinc.com | Youth Special Needs | 319-354-7641 Hours 6:30am – 6:30 pm | Committed to supporting children with special needs and their families both on and off site. Handicare partners with United Way, Grant Wood Area Education Agency, Iowa City and surrounding area school districts, the Department of Human Services and other local service agencies to provide the support and resources needed for a child be successful. | Eligibility Requirements ~ contact program Documents ~ contact program Fees ~ contact program |
| HACAP Head Start/Early Head Start Hawkeye Area Community Action Program, Inc. (HACAP) 367 Southgate Avenue Iowa City IA 52240 www.hacap.org | Youth Age 2-5 | (319) 337-5765 Office Hours: M – F 8 am - 5 pm | Comprehensive child development for children birth - 5 years old, pregnant women and their families, includes social service, health, nutrition and parent involvement components. Federally funded program for low-income families. Offer full-day or part-day programs at various location in the county. | Eligibility Requirements ~ Children birth to 5 years of age, must meet income guidelines Documents ~ 12 months of income for application, physical immunization for enrollment Fees ~ none |
| Iowa Afterschool Alliance www.iowaafterschoolalliance.org | Youth | No Phone | Searchable statewide directory of after school programming opportunities. Parent resources for identifying quality programs. | Eligibility Requirements ~ contact program Documents ~ contact program Fees ~ contact program |
| Before & After School Programs (BASP) Iowa City Community School District 1725 N Dodge Street Iowa City IA 52245 www.iowacityschools.org/pages/ICCS | Youth School-Based K-6th Grade | 319-688-1000 M-F 8-4:00 pm | All Elementary Schools located within the Iowa City Community School District provide a Before and After School Program that is run by an outside entity. For information on a program, contact the elementary school directly. | Eligibility Requirements ~ contact program Documents ~ contact program Fees ~ contact program |
| Free Preschool Programs Iowa City Community School District 1725 N Dodge Street Iowa City IA 52245 www.iowacityschools.org/pages/ICCS | Youth Age 4 | 319-688-1000 M-F 8-4:00 pm | Part of the State-Wide Voluntary Preschool Program that offers free preschool for children who turn four years old on or before September 15 th . Various preschool locations are available and early pre-registration is required. | Eligibility Requirements ~ contact program Documents ~ contact program Fees ~ contact program |

CHILD CARE SERVICES

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| Before & After School Programs (BASP) Lone Tree Community School District 309 S Devoe Street Lone Tree IA 52755 www.lone-tree.K12.ia.us | Youth School-Based K-6th Grade | 319-629-4614 | For information on these programs, contact the school district directly. | Eligibility Requirements ~ contact program Documents ~ contact program Fees ~ contact program |
| Preschool Programs Lone Tree Community School District 309 S Devoe Street Lone Tree IA 52755 www.lone-tree.K12.ia.us | Youth Age 4 | 319-629-4614 | Part of the State-Wide Voluntary Preschool Program that offers free preschool for children who turn four years old on or before September 15 th . Program offered for 12 hours per week. | Eligibility Requirements ~ contact program Documents ~ contact program Fees ~ contact program |
| Before & After School Programs (BASP) Neighborhood Centers of Johnson County 2651 Roberts Rd Iowa City IA 52246 www.ncjc.org | Youth School-Based K-6th Grade | 319-354-2886 M - F 7:30 AM - 5:30 PM | Offers school and center based licensed before and after school programming. Programs utilize volunteers and other community bases agencies to provide activities to youth enrolled. <i>Site Locations ~ Mark Twain Elementary, Grant Wood Elementary, Archibald Alexander Elementary and Pheasant Ridge Neighborhood Center</i> | Eligibility Requirements ~ Contact program Documents ~ Contact program Fees ~ Monthly fee, contact program for rate information |
| NAEYC-Accredited Child Development Neighborhood Centers of Johnson County 2105 Broadway St Iowa City IA 52240 www.ncjc.org | Youth Age 2-5 | 319-354-7989 M - F, 7:30 AM - 5:30 PM | Full-day child development classrooms accredited by the National Association for the Education of Young Children (NAEYC) | Eligibility Requirements ~ certain classrooms have income requirements (130-145% FPL) Documents ~ classroom dependent Fees ~ \$750-900 per month, State Child Care Assistance accepted. |
| NAEYC-Accredited Child Development Neighborhood Centers of Johnson County 2651 Roberts Rd Iowa City IA 52246 www.ncjc.org | Youth Age 0-5 | 319-354-2886 M - F 7:30 AM - 5:30 PM | Full-day child development classrooms accredited by the National Association for the Education of Young Children (NAEYC) | Eligibility Requirements ~ certain classrooms have income requirements (130-145% FPL) Documents ~ program specific Fees ~ \$750-900 per month, State Child Care Assistance accepted. |
| Before & After School Programs (BASP) Solon Community School District 301 S Iowa Street Solon IA 52333 www.solon.k12.ia.us | Youth PreK-8th Grade | 319-624-3401 | Children enrolled in Solon Community School's preschool through middle school during the school year are eligible for admission to Lakeview Care for Kids. | Eligibility Requirements ~ contact program Documents ~ contact program Fees ~ contact program |
| Preschool Programs Solon Community School District 301 S Iowa Street Solon IA 52333 www.solon.k12.ia.us | Youth Age 4 | 319-624-3401 | Solon Community School District offers various preschool Programs. For information on a program, contact the school district directly. | Eligibility Requirements ~ contact program Documents ~ contact program Fees ~ contact program |

CHILD CARE SERVICES

CLOTHING

| Name of Program/Provider | Focus Population | Phone Number & Hours | Services Provided | Eligibility Requirement, Documents Needed, Fees |
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| Food Bank Program CommUnity Crisis Services and Food Bank (formerly the Crisis Center) 1121 Gilbert Court Iowa City IA 52240 https://builtbycommunity.org/ | General | 319-351-0128 Monday, Wednesday, Friday 12:00 - 4:30 PM; Tuesday 12:00 - 7:00 PM; Thursday 9:30 - 4:30 PM | Clothing vouchers to Goodwill or Crowded Closet available each month on a limited basis; clothing voucher amount is based on household size, and households can receive a voucher once every six months. | Eligibility Requirements ~ must live in Johnson County Documents ~ none; first-time visitors should know their address and the names and birth dates of the people in their household Fees ~ none |
| Clear Creek Amana Community Food Pantry Grace United Methodist Church 300 W Marengo Road Tiffin IA 52340 www.tiffingraceumc.org <i>Note Location – 551 W Marengo Rd, Tiffin</i> | Clear Creek Amana School District | 319-545-2281 Monday 4-6:30 pm, Wednesday 2-4 pm, Thursday 8:30-11 am | Provide food, clothing and some toiletry items. A joint program of Clear Creek Amana School District and Grace United Methodist Church. <i>Located in the Clear Creek Amana Family Resource Center, building located between Clear Creek Amana High School and Clear Creek Amana Middle School</i> | Eligibility Requirements ~ target population is those living in the Clear Creek Amana Community School District Documents ~ address Fees ~ none |
| Joan Buxton School Children's Aid Iowa City Community School District 1725 N Dodge Street Iowa City IA 52245 www.iowacityschools.org/pages/ICCSA | Youth | 319-688-1000 | Assistance with school supplies, shoes, clothing, boots, medications and vision care for children. Either call 319-688-100 or contact your child's school. | Eligibility Requirements ~ contact program Documents ~ contact program Fees ~ contact program |
| Clothing North Liberty Community Pantry 89 N Jones Blvd North Liberty IA 52317 www.northlibertycommunitypantry.org | Rural & Small Communities | 319-626-2711 Monday, Tuesday, Wednesday, Thursday, and Saturday 10:00 - Noon Tuesday/Thursday 3-6PM | Children's clothing in-season and adult coats are available. Individuals and families can receive as many as 4 items per family member per month. | Eligibility Requirements ~ live in small towns in Johnson County - North Liberty, Swisher, Shueyville, Oxford, Tiffin, Solon, Hills, Lone Tree Documents ~ picture ID and current proof of residence (bill with current address) Fees ~ none |
| Clothing and Vouchers The Salvation Army 1116 Gilbert Court Iowa City IA 52240 http://www.icsalvationarmy.org/ | General | 319-337-3725 M-F 9:30-2:00 pm | A change of clothes is available to those who find themselves in emergency situations. Vouchers are issued to a local thrift store for items, not on hand. | Eligibility Requirements ~ Proof of Johnson County residency and proof of income. Documents ~ will need to fill out brief paperwork. Fees ~ none |
| Drop-In Service Shelter House Community Shelter & Transition Services 429 Southgate Avenue Iowa City IA 52240 www.shelterhouseiowa.org | General | 3193510326 M-F 1:00- 4:00 PM Saturday, Sunday 8- 10 AM | Laundry, showers, phone, toiletry items and clothing available, outreach worker during weekdays | Eligibility Requirements ~ open to anyone in need Documents ~ none Fees ~ none |

CRISIS SERVICES

| Name of Program/Provider | Focus Population | Phone Number & Hours | Services Provided | Eligibility Requirement, Documents Needed, Fees |
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| Joint Emergency Communications Center of Johnson County (JECC) www.jecc-ema.org | EMERGENCY SERVICES | Call 911 Police * Sheriff * Fire * EMS * Ambulance | Clearing house for all 9-1-1 calls and all emergency communications for Johnson County. | |
| 24-Hour Crisis Line Alcoholics Anonymous PO Box 487 Iowa City IA 52240 www.aa-ic.org | General | HOTLINE 319-351-0140 | Visit website for list of weekly meeting locations and time. | Eligibility Requirements ~ No age requirement, Membership is open to anyone Documents ~ contact program Fees ~ contact program |
| 24-Hour Crisis Intervention Line CommUnity Crisis Services and Food Bank (formerly the Crisis Center) 1121 Gilbert Court Iowa City IA 52240 https://builtbycommunity.org/ | General | HOTLINE 319-351-0140 24 Hours 7 days - 365 days Walk-in 9:00 am–11:00 pm | Talk confidentially to a skilled volunteer who will listen with compassion, respond without judgment and treat you with respect. Will work collaboratively to brainstorm potential options and generate an action plan. | Eligibility Requirements ~ Open to anyone in crisis Documents ~ none Fees ~ services are free and confidential |
| Crisis Chat Intervention Program CommUnity Crisis Services and Food Bank (formerly the Crisis Center) 1121 Gilbert Court Iowa City IA 52240 https://builtbycommunity.org/ | General | www.iowacrisischat.org 2:00 am – 2:00 pm | Prefer typing to talking, use your computer to access free instant-messaging service. Offers online emotional support to anyone in need. | Eligibility Requirements ~ none Documents ~ none Fees ~ services are free and confidential |
| Mobile Crisis Outreach Program CommUnity Crisis Services and Food Bank (formerly the Crisis Center) 1121 Gilbert Court Iowa City IA 52240 https://builtbycommunity.org/ | General | 1-855-800-1239 24 Hours 7 days - 365 days | Program dispatches mental health counselors to homes, schools, ER's, or public places where a mental health crisis is occurring. Response time is within sixty minutes of dispatch. Please see website for more details. | Eligibility Requirements ~ none Documents ~ none Fees ~ none |
| Child Abuse Hotline Department of Human Services Program 855 S Dubuque Street – Suite 102 Iowa City IA 52240 www.dhs.iowa.gov | Youth | HOTLINE 1-800-362-2178 24 Hours 7 days – 365 days | If you suspect a child under the age of 18 is being abused or neglected, call the abuse hotline. If you believe the child is in imminent danger, call 911 immediately. | |

CRISIS SERVICES

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| <p>Emergency Shelter Domestic Violence Intervention Program 1105 S Gilbert Ct -Suite 300 Iowa City IA 52240 www.dvpiowa.org</p> | <p>General</p> | <p style="text-align: center;">HOTLINE 1-800-373-1043</p> <p style="text-align: center;">24 Hours 7 days – 365 days</p> | <p>Provides emergency safe sheltering for victims of domestic violence when remaining in their home is no longer an option. Emergency sheltering may include short stays in our shelter, safe housing or assistance with housing acquisition.</p> | <p>Eligibility Requirements ~ must be a victim of domestic violence, dating violence, stalking or sexual violence Documents ~ none Fees ~ all services are free and confidential</p> |
| <p>Outreach Services & Advocacy for Victims of Domestic Violence Domestic Violence Intervention Program 1105 S Gilbert Ct -Suite 300 Iowa City IA 52240 www.dvpiowa.org</p> | <p>General</p> | <p style="text-align: center;">HOTLINE 1-800-373-1043</p> <p style="text-align: center;">24 Hours 7 days – 365 days</p> | <p>Assists adult and youth victims of domestic & dating violence and stalking as they seek to heal from trauma and respond to community systems (such as the criminal justice, human services, healthcare and other systems). Advocacy and peer based counseling are available by calling our 24 hour crisis line.</p> | <p>Eligibility Requirements ~ must be a victim of domestic violence, dating violence, stalking or sexual violence Documents ~ none Fees ~ all services are free and confidential</p> |
| <p>Iowa Help Line 4 ways to get help www.iowahelpline.org</p> | <p>General</p> | <p style="text-align: center;">Talk 1-855-800-1239 24 Hours 7 days - 365 days</p> <p style="text-align: center;">Chat iowacrisischat.org 2:00 pm-2:00 am</p> <p style="text-align: center;">Text 1-855-800-1239 2:00 pm – 2:00 am</p> <p style="text-align: center;">Mobile Crisis 1-855-800-1239 24 Hours 7 days - 365 days</p> | <p>Provides crisis counseling and support, suicide prevention, intervention and resource referral to people experiencing a mental health crisis. Access to services are available by phone, text, chat or mobile crisis.</p> <p>Mobile Crisis Outreach provides crisis counseling, risk assessment and resource information for people experiencing a mental health crisis. Mobile Crisis Outreach counselors will respond at the site of where the crisis is occurring.</p> | <p>Eligibility Requirements ~ Free service to anyone in the East Central Region experiencing a mental health crisis. Documents ~ none Fees ~ all services are free and confidential</p> |
| <p>Poison Control Iowa Poison Control Center 401 Douglas Street – Suite 215 Sioux City IA 51001 www.iowapoison.org</p> | <p>General</p> | <p style="text-align: center;">HOTLINE 1-800-222-1222</p> | <p>Provides free 24-hour immediate treatment advice for poison emergencies. Also provide information about poisons and poison prevention. Can help with questions about household products, medication & drugs, chemicals, snake bites, spider bites and plant & mushroom poisoning.</p> | |

CRISIS SERVICES

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| <p>Mercy on Call Mercy Hospital 500 E Market St Iowa City, IA 52245</p> | <p style="text-align: center;">General</p> | <p style="text-align: center;">HOTLINE 1-800-358-2767</p> <p style="text-align: center;">7am-12am (midnight)</p> | <ul style="list-style-type: none"> • Mercy RNs available to provide free and confidential services, including: helping figure out what to do when you don't feel well. • Helping find a physician who meets your needs. • Registration for classes, programs, health screenings, and support groups. • Give expert health information. | |
| <p>Sexual Assault Victim Advocate & Prevention Agency Rape Victim Advocacy Program 332 S Linn Street – Suite 100 Iowa City IA 52240 www.rvap.uiowa.edu</p> | <p style="text-align: center;">General</p> | <p style="text-align: center;">HOTLINE 800-228-1625</p> <p style="text-align: center;">Iowa Sexual Abuse Hotline 800-284-7821</p> | <p>Provide free, confidential, trauma-informed advocacy to all affected by sexual violence. Promotes social change through prevention education.</p> | |
| <p>Stop Bullying www.stopbullying.gov</p> | <p style="text-align: center;">General</p> | <p style="text-align: center;">HOTLINE 800-228-1625</p> | <p>When you, your child or someone close to you is being bullied, there are many steps to take to help resolve the situation. Visit the website www.stopbullying.gov to get help now.</p> | |
| <p>Suicide Prevention National Suicide Prevention Lifeline www.suicidepreventionlifeline.org</p> | <p style="text-align: center;">General</p> | <p style="text-align: center;">HOTLINE 800-273-8255</p> | <p>Provides free and confidential emotional support to people in suicidal crisis or emotional distress 24 hours a day, 7 days a week.</p> | |
| <p>Integrated Call Center University of Iowa Hospitals & Clinics 200 Hawkins Dr. Iowa City, IA 52242</p> | <p style="text-align: center;">General</p> | <p style="text-align: center;">24-hour health access service: 1-800-777-8442</p> <p style="text-align: center;">24-hour Consult service: 1-800-322-8442</p> | <p>The health access service can answer your health-related questions, assist with appointment requests and help address other service concerns.</p> <p>The UI consult service helps health care providers consult with UI Hospitals and Clinics staff physicians. On-call physicians are available for each clinical department 24/7. If you need to speak with a physician not on call, our staff will make every effort to connect you as quickly as possible. Our staff is available to help you schedule an appointment for your patient, get admissions information, consult medical records, or consult with your patient's specialist.</p> | |

CRISIS SERVICES

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| <p>Family Conflict United Action for Youth 410 Iowa Ave Iowa City IA 52240 unitedactionforyouth.org</p> | | <p>Oncall Counselors 319-338-7518</p> | <p>Therapists and counselors who have expertise in concerns facing teens and parents are available to help families discuss tough issues, including rules, responsibilities, transition to adulthood, divorce and custody issues.</p> | <p>Eligibility Requirements ~ contact program Documents ~ contact program Fees ~ contact program</p> |
| <p>Victim of Crime Advocacy United Action for Youth 410 Iowa Ave Iowa City IA 52240 unitedactionforyouth.org</p> | <p>Primarily Youth</p> | <p>319-338-7518 M-F 9-5:00 pm</p> | <p>Provides an array of services, programs, and funding to individuals who have been victimized. Program provides counseling and can assist victims with navigating through services and programs.</p> | <p>Eligibility Requirements ~ provides guidance to any person who has been a victim of crime and has questions about resources or how to get help. Documents ~ contact program Fees ~ none</p> |
| <p>Veteran's Crisis Line National Suicide Prevention Lifeline www.suicidepreventionlifeline.org</p> | <p>General</p> | <p>HOTLINE 1-800-273-8255 x 1 24 Hours 7 days - 365 days Text: 838255 24 Hours 7 days - 365 days</p> | <p>Provides special suicide prevention service for U.S. military veterans. When dialing 1-800-273-8255 veterans, active military and their families are prompted during the automated greeting to press "1" to be connected to the veterans suicide hotline specialist located in the VA call center in New York.</p> | |
| <p>Your Life Iowa—Youth Crisis Counseling 3 ways to get help www.yourlifeiowa.org</p> | <p>Youth</p> | <p>Talk 1-855-581-8111 24 Hours 7 days - 365 days Chat www.yourlifeiowa.org 24 Hours 7 days - 365 days Text 1-855-895-8398 2:00 pm – 10:00 pm</p> | <p>Youth suicide prevention program funded by the Iowa Department of Public Health. Provides crisis counseling, suicide prevention and intervention and support to youth in the state of Iowa.</p> | <p>Eligibility Requirements ~ Free service to youth in the state of Iowa. Documents ~ none Fees ~ none</p> |

DISABILITY SERVICES

| Name of Program/Provider | Focus Population | Phone Number & Hours | Services Provided | Eligibility Requirement, Documents Needed, Fees |
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| ADVOCACY | | | | |
| Individual and Systems Advocacy Access 2 Independence 1556 S First Ave, Suite B Iowa City IA 52240 access2independence.org | General | 319-338-3870 | Provides advocacy for clients as members of the community. Assistance with understanding civil rights and responsibilities when dealing with the government, employers, or other service providers, when people believe they are being treated unfairly. | Eligibility Requirements ~ contact program Documents ~ contact program Fees ~ Free |
| Advocacy Awareness The ARC of Southeast Iowa 2620 Muscatine Avenue Iowa City IA 52240 www.thearcjc.org | Intellectual & Developmental Disabilities | 319-351-5017 | The Arc acts in an advocacy role when necessary to insure the rights of citizens with developmental disabilities are secured and safeguarded. | Eligibility Requirements ~ contact program Documents ~ contact program Fees ~ contact program |
| Childhood Developmental Assessment Grant Wood Area Education Agency Kirkwood Center at the U of I 2301 Oakdale Blvd Coralville IA 52241 www.gwaea.org | Youth | 319-626-1100 or 800-854-0446 | Call if you have any concerns or questions about your child's development. Grant Wood Area Education Agency can put you in touch with area providers who can help evaluate such things as your child's speech, hearing, emotional development, behavior or pre-school readiness. | Eligibility Requirements ~ contact program Documents ~ contact program Fees ~ contact program |
| Early ACCESS Grant Wood Area Education Agency Kirkwood Center at the U of I 2301 Oakdale Blvd Coralville IA 52241a www.gwaea.org | Youth Age 0-3 | 319-626-1100 or 800-854-0446 | Early ACCESS is a system implemented to service children from birth to age 3, who have either a developmental delay or have a condition that has a high probability of later delays if early intervention services are not provided. | Eligibility Requirements ~ contact program Documents ~ contact program Fees ~ contact program |
| Caregiver Support & Education Heritage Area Agency on Aging 6301 Kirkwood Boulevard SW Cedar Rapids IA 52404 http://www.heritageaaa.org/ | Adult | (319) 398-5559 M-F 8-5:00 pm | Caregiver Support and Education services include information and resources to individuals who provide care of older adults and adults with disabilities, both professional and family caregivers. | Eligibility Requirements ~ caregivers for people 18+ with disabilities and 60+ Documents ~ Contact program Fees ~ Contact program |
| The Assistive Technology Legal Project Iowa Compass 100 Hawkins Drive #S295 Iowa City IA 52242 www.iowacompass.org | General | (800) 779-2001 M-F 8-5:00 pm | Gives free legal help with getting assistive or adapted devices. Cannot help with denials from private funding sources (such as a foundation or community group). | Eligibility Requirements ~ none Documents ~ none Fees ~ none |

DISABILITY SERVICES

CAMPS & ADULT DAY PROGRAMS

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| <p>Pathways Adult Day Health Center AbbeHealth Aging Services 817 Pepperwood Lane Iowa City IA 52240 www.abbehealth.org</p> | <p>Age 18 or older who require assistance</p> | <p>319-339-6162 M-F 7:30 am – 5 pm</p> | <p>Serves people age 18 and older who require daily living assistance due to conditions such as stroke, arthritis, vision-loss, multiple sclerosis, depression and/or Alzheimer's. A multidisciplinary team of professional work together to create a nurturing environment and provide a comprehensive array of services.</p> | <p>Eligibility Requirements ~ contact program Documents ~ contact program Fees ~ contact program</p> |
| <p>School Break Camps The ARC of Southeast Iowa 2620 Muscatine Avenue Iowa City IA 52240 www.thearcjc.org</p> | <p>School aged youth with disabilities</p> | <p>319-351-5017</p> | <p>Offers camps during Winter, Spring, and Summer breaks. Programs offer high staff to participant ratios to ensure the unique needs of the children and teens served.</p> | <p>Eligibility Requirements ~ contact program Documents ~ contact program Fees ~ contact program</p> |
| <p>Adult Day Programs Mayor's Youth Empowerment Program 407 Highland Ct Iowa City IA 52240 www.myep.us</p> | <p>Intellectual & Developmental Disabilities</p> | <p>319 341-0060</p> | <p>Provided daytime support and supervision. The program is designed to interweave person, social and community activities according to the goals and desires of each individual.</p> | <p>Eligibility Requirements ~ contact program Documents ~ contact program Fees ~ contact program</p> |
| <p>Community Integration Program Optima LifeServices 485 Hwy 1 West Iowa City IA 52245</p> | <p>Intellectual Disabilities And Mental Illness</p> | <p>319-569-61977 M-F 1-3pm</p> | <p>A program to work on social skills and be out in the community more. Offering breakfast (coffee, hot chocolate, and fresh fruit) M, W, F 9:30-10:30 am and free lunch M, W, F 11:30-12:00.</p> | <p>Eligibility Requirements ~ contact program Documents ~ contact program Fees ~ contact program</p> |
| <p>Adult Day Center Reach for Your Potential 1705 S 1st Avenue – Suite 1 Iowa City IA 52240 www.reachforyourpotential.org</p> | <p>Intellectual & Developmental Disabilities</p> | <p>319-354-2983</p> | <p>Provided daytime support and supervision. Includes field trips and recreational activities.</p> | <p>Eligibility Requirements ~ contact program Documents ~ contact program Fees ~ contact program</p> |
| <p>Camp Tanager Tanager Place 2309 C Street SW Cedar Rapids IA 52404 www.tanagerplace.org</p> | <p>Youth Age 6-17</p> | <p>319-363-0681 M – Sat 8:30-6:00 p.m. June - August</p> | <p>Camp Tanager offers a unique summer camp experience for children who are economically or medically disadvantaged. Special camps for youth with diabetes, Tourette's syndrome, and hemophilia. Empowers children to learn leadership skills and self-confidence.</p> | <p>Eligibility Requirements ~ children ages 6 to 17. Documents ~ Camp Tanager application packet Fees ~ none</p> |

DISABILITY SERVICES

| CASE MANAGEMENT | | | | |
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| Targeted Case Management Johnson County Case Management 855 S Dubuque Street – Suite 202B Iowa City IA 52240 https://www.johnson-county.com/dept_mhds.aspx?id=425 | Intellectual Disabilities and Brain Injuries | 319-688-5835 M-F 8-4:30 pm | Assist persons with disabilities by managing multiple resources, gaining access to services, securing funding for assessed needs, establishing a treatment team, coordination and monitoring of ongoing services, acting as an advocate. | Eligibility Requirements ~ Qualifying diagnosis or disability; Must be Medicaid eligible; contact program for additional information Documents ~ contact program Fees ~ contact program |
| Case Management Mental Health/Disability Services of the East Central Region (ECR) 855 S Dubuque Street – Suite 202B Iowa City IA 52240 www.ecriowa.org | Disabled & Mental Illness | 319-339-6169 M-F 8-4:30 pm | Funds needed supports and services for individuals with qualifying diagnosis or disabilities. The Johnson County office assists Johnson County residents with securing funding for services to people with mental illness, intellectual disabilities, or developmental disabilities. | Eligibility Requirements ~ contact program Documents ~ contact program Fees ~ contact program |
| THERAPY, COUNSELING & TRAINING | | | | |
| Independent Living Skills Training Access 2 Independence 1556 S First Ave, Suite B Iowa City IA 52240 access2independence.org | Disabled | 319-338-3870 | Teach skills to increase and maintain your independence. Help individuals identify and work toward goals, and put together a plan to succeed. | Eligibility Requirements ~ contact program Documents ~ contact program Fees ~ Free |
| Peer Support Services Access 2 Independence 1556 S First Ave, Suite B Iowa City IA 52240 access2independence.org | Disabled | 319-338-3870 | Over half our employees have some type of disability. As you work to become more independent yourself, we can share with you our own experiences having a disability, encountering and overcoming barriers to our independence, and how we've become advocates for ourselves and for others. | Eligibility Requirements ~ contact program Documents ~ contact program Fees ~ Free |
| Transition Services Access 2 Independence 1556 S First Ave, Suite B Iowa City IA 52240 access2independence.org | Disabled | 319-338-3870 | Assists high school age youth with disabilities with their transition into college and/or the workforce. Assist consumers with disabilities in their efforts to transition to a less restrictive living environment that is able to meet their daily needs within their community of choice. | Eligibility Requirements ~ contact program Documents ~ contact program Fees ~ Free |

DISABILITY SERVICES

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| <p>Therapy Services Children’s Center Charities 1552 Mall Drive Iowa City IA 52240 http://www.childrenscenterfortherapy.org/</p> | <p style="text-align: center;">Youth</p> | <p style="text-align: center;">319-351-5437</p> | <p>Provides services to children with special needs and their families. Various services are provided including speech-language therapy, physical therapy, occupational therapy, feeding and swallowing therapy, hippotherapy and social skills.</p> | <p>Eligibility Requirements ~ contact program Documents ~ contact program Fees ~ contact program</p> |
| <p>LifeLong Links Program Heritage Area Agency on Aging 6301 Kirkwood Boulevard Cedar Rapids IA 52404 http://www.heritageaaa.org/</p> | <p style="text-align: center;">Adult</p> | <p style="text-align: center;">1-866-468-7887 8:00 AM - 5:00 PM</p> | <p>Provides referral to Options Counseling. Options Counseling is face-to-face counseling that connects persons to needed benefits and long-term support services.</p> | <p>Eligibility Requirements ~ Service Persons 18+ living with a disability, Persons 60+, Caregivers and Veterans Documents ~ none Fees ~ none</p> |
| <p>Older Worker Employment Program Heritage Area Agency on Aging 6301 Kirkwood Boulevard SW Cedar Rapids IA 52404 http://www.heritageaaa.org/</p> | <p style="text-align: center;">Adult Age 55+</p> | <p style="text-align: center;">(319) 398-5559 M-F 8-5:00 pm</p> | <p>Older Worker Employment Program assists individuals 55 years of age and older with a disability with employment.</p> | <p>Eligibility Requirements ~ 55+ with a disability Documents ~ Contact program Fees ~ Contact program</p> |
| <p>Iowa Vocational Rehabilitation Services Iowa Vocational Rehabilitation Services 1700 S First Avenue - Suite 11A Iowa City IA 52240 www.ivrs.iowa.gov</p> | <p style="text-align: center;">Disabled</p> | <p style="text-align: center;">319-354-4766 M-F 8-4:30 p.m.</p> | <p>Help individuals with disabilities of all types obtain their employment goals</p> | <p>Eligibility Requirements ~ disability that is an impediment to employment Documents ~ medical records or SSA verification Fees ~ free to those who are eligible</p> |
| <p>Therapy, Counseling and Training Successful Living 2406 Towncrest Drive Iowa City IA 52240 icsuccess.org E-mail: rgoedken@icsuccess.org</p> | <p style="text-align: center;">Adults with Chronic Mental Illness</p> | <p style="text-align: center;">319-358-6800 M-F 9-5:00 pm</p> | <p>Trained Counselors support individuals having a diagnosed mental illness to become more independent and integrated within their communities; to overcome the challenges of their respective mental illness via a wide variety of supports. A core component in all services is the individual-based, person-centered approach in which services are matched according to the persons respective needs and which are reviewed and modified as needs change to best support independence.</p> | <p>Eligibility Requirements ~ contact program Documents ~ contact program Fees ~ contact program</p> |
| <p>Family Systems Therapy and Counseling Services Systems Unlimited 2533 Scott Blvd SE Iowa City IA 52240 www.sui.org</p> | <p style="text-align: center;">Disabled</p> | <p style="text-align: center;">319-338-9212</p> | <p>Serves people with disabilities and other challenges. Various services are provided including Crisis Intervention, Behavioral Health Invention Services (BHIS), individual counseling & therapy, along with family support & therapy.</p> | <p>Eligibility Requirements ~ contact program Documents ~ contact program Fees ~ contact program</p> |

DISABILITY SERVICES

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| Employment Systems Systems Unlimited 2533 Scott Blvd SE Iowa City IA 52240 www.sui.org | Disabled Adults | 319-338-9212 | Provides individualized services and supports for adults with developmental disabilities and similar service needs. Specializes in the areas of employment, skill development, community supports, social activities and recreation opportunities. | Eligibility Requirements ~ contact program Documents ~ contact program Fees ~ contact program |
| Physical & Occupational Therapy In-Home Care Visiting Nurse Association of Johnson County 1524 Sycamore St Iowa City IA 52240 www.vnaic.org | General | 319-337-9686 8am-5pm, Nurse on call 24/7 for patient concerns | Physical and Occupational Therapists will work closely with the patient, family and physician to develop a rehabilitation care plan that meets each patient's unique needs. Some diagnoses that would benefit from in-home rehabilitation are: Amputation, Developmental Delays, Arthritis, Failure to Thrive, Brain Injury, History of Falls, Cancer, Joint Replacement, Cardiac Surgeries, Multiple Sclerosis, Congestive Heart Failure, Spinal Cord Injuries, COPD, Stroke | Eligibility Requirements ~ Johnson County resident Documents ~ Contact program Fees ~ Medicare and Medicaid Certified. Most insurances also accepted. Individuals without third party payers pay privately on a sliding scale fee based on income and assets. |
| RESIDENTIAL CARE - HOUSING | | | | |
| Cooperative Living Program Builders of Hope 1700 S 1 st Avenue – Suite 25A Iowa City IA 52240 www.buildersofhope.us | Mental Illness | 319-358-2915 | Provides transitional living experience in a supportive cooperative living environment. Shared living space allows each resident an opportunity to develop supportive relationship. | Eligibility Requirements ~ contact program Documents ~ contact program Fees ~ contact program |
| CHARM Homes Caring Hands & More 409 Kirkwood Ave. Iowa City IA 52240 http://www.caringhandsandmore.com | Adult | 319-337-8922 (Iowa City) 1-866-537-8922 (Toll Free) M–F 8-4:00 pm: Office Hours | Supported Community Living service dedicated to skill building and quality of life. Enables Adults with disabilities to live in the community in a supported environment while working towards independence. | Eligibility Requirements ~ Intellectual disabilities or Brain injury Documents ~ contact program Fees ~ contact program |
| Psychiatric Medical Institution (PMIC) Four Oaks 1916 Waterfront Drive Iowa City IA 52240 www.fouroaks.org | Youth Age 5-17 | 319-337-4523 7 days | Serves children who present serious emotional and behavioral problems. The basic foundation of the program is designed to develop positive self-concepts, social and problem-solving skills while integrating child and family treatment components. | Eligibility Requirements ~ contact program Documents ~ contact program Fees ~ contact program |
| Residential Program Mayor's Youth Empowerment Program 407 Highland Ct Iowa City IA 52240 www.myep.us | Intellectual & Developmental Disabilities | 319 341-0060 | People receiving residential services live in a community based home with 1-3 other roommates and have staff available to them 24 hours per day. | Eligibility Requirements ~ contact program Documents ~ contact program Fees ~ contact program |

DISABILITY SERVICES

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| Residential Program Optimaae LifeServices 1121 Shirken Dr. Iowa City IA 52246 www.optimaefliveservices.com | Intellectual Disabilities & Mental Illness | 319-337-2008 Office Hours: M-F 8:00-4:00 pm | Provides long-term and transitional housing opportunities for adults with Intillectual Disabiliteies and Mental Illness. Also provides hourly services to adults living in their own homes and need occasional assistance. | Eligibility Requirements ~ contact program Documents ~ contact program Fees ~ contact program |
| Residential Program Reach for Your Potential 1705 S 1 st Avenue – Suite 1 Iowa City IA 52240 www.reachforyourpotential.org | Intellectual & Developmental Disabilities | 319-354-2983 | Provides around-the-clock care in a private residence setting. Designed to fully support the needs of each person. | Eligibility Requirements ~ contact program Documents ~ contact program Fees ~ contact program |
| REM Iowa REM Iowa 2761 Oakdale Blvd - Suite 4 Coralville IA 52241 remiowa.com | Intellectual & Developmental Disabilities | 319-545-1227 24 hours | Intermediate Care Facilities (ICF) that offer personalized support for adults and children with Intellectual and Developmental disabilities (ID). | Eligibility Requirements ~ contact program Documents ~ contact program Fees ~ contact program |
| Residential Care-Housing Successful Living 2406 Towncrest Drive Iowa City IA 52240 icsuccess.org E-mail: rgoedken@icsuccess.org | Adults with Chronic Mental Illness | 319-358-6800 M-F 9-5:00 pm | Adult Supported Community Living, Habilitation, Housing & Day Habilitation Services. | Eligibility Requirements ~ current diagnosis of Chronic Mental Illness; income at or below 150% of poverty (with some exceptions). Documents ~ medical documentation Fees ~ rent, other services covered by Medicaid |
| Residential Based Supported Community Living Systems Unlimited 2533 Scott Blvd SE Iowa City IA 52240 www.sui.org | Adult Disabled | 319-338-9212 | Program provided structured support for adults with developmental disabilities in small home settings. The services are based on the strengths and needs of the individual and the amount of structure, support and services needed by the individual person. A Supported Living Counselor oversees the services. | Eligibility Requirements ~ age 18+ with developmental disabilities Documents ~ contact program Fees ~ contact program |
| Psychiatric Medical Institution (PMIC) Tanager Place 2309 C Street SW Cedar Rapids IA 52404 www.tanagerplace.org | Youth age 5-17 with Intellectual or emotional disability | 319-365-9165 M-F 9- 5:00 pm | The program allows children who are struggling with a psychiatric diagnosis the chance to be submerged in a healing and therapeutic environment on the Tanager Place campus. A professional team works with each child and integrates parental involvement to develop treatment goals to overcome severe psychiatric challenges. | Eligibility Requirements ~ available to children ages 5 through 17 who meet requirements for admission. Documents ~ admission packet must be completed. Fees ~ Medicaid or Private Insurance Eligible |

DISABILITY SERVICES

INFORMATION, REFERRAL & SERVICES

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| <p>Bill Reagan Children’s Center The Arc of Southeast Iowa 2620 Muscatine Ave. Iowa City IA 52240 www.arcsei.org</p> | <p>Infants-Age 3</p> | <p>319-351-5017 Hours 7:30am – 5:30 pm</p> | <p>Childcare for children with or without disabilities. Full day or half day slots.</p> | <p>Eligibility Requirements ~ Age 0-3 Documents ~ Up to date medical records, contact information. If applying for sliding scale tuition rate, proof of household income. Fees ~ \$50 nonrefundable application fee to hold the slot desired. Sliding fee and CCA available for a limited number of slots. Tuition fees based on income.</p> |
| <p>Information and Referral Access 2 Independence 1556 S First Ave, Suite B Iowa City IA 52240 access2independence.org</p> | <p>General</p> | <p>319-338-3870</p> | <p>Provides information about community resources.</p> | <p>Eligibility Requirements ~ contact program Documents ~ contact program Fees ~ Free</p> |
| <p>Hourly Home & Community Based Services The ARC of Southeast Iowa 2620 Muscatine Avenue Iowa City IA 52240 www.thearcjc.org</p> | <p>Intellectual & Developmental Disabilities</p> | <p>319-351-5017</p> | <p>Hourly support services provided to help build and maintain independence in the home and community. Services may include respite to provide caregivers with a break, personal care services, or goal-based services.</p> | <p>Eligibility Requirements ~ Medicaid waiver or other funding source such as Region or private pay Documents ~ contact program Fees ~ contact program</p> |
| <p>Supported Community Living Program Builders of Hope 1700 S 1st Avenue – Suite 25A Iowa City IA 52240 www.buildersofhope.us</p> | <p>Mental Illness</p> | <p>319-358-2915</p> | <p>Provides supported community living services, payee financial services and a cooperative living program.</p> | <p>Eligibility Requirements ~ contact program Documents ~ contact program Fees ~ contact program</p> |
| <p>Home Care & Family Services Caring Hands & More 409 Kirkwood Avenue Iowa City IA 52240 www.caringhandsandmore.com</p> | <p>General</p> | <p>319-337-8922 Care & Homes avail 24/7 Office hours M-F 9-4:00 pm</p> | <p>Home Care, Supported Community Living (SCL) Homes, Parent Helper Services, Lawn Care, Cleaning Services and Pet Care</p> | <p>Eligibility Requirements ~ varies Documents ~ private pay and some insurances accepted. Fees ~ varies</p> |
| <p>Family and Child-Centered Services Children’s Center Charities 370 W Cherry Street North Liberty IA 52317 www.childrenscenterfortherapy.org</p> | <p>Youth Special Needs</p> | <p>319-626-2181</p> | <p>Organized exclusively to provide services to children with special needs and their families. Various services are provided such as family fun activities, family mentoring, Respite care, summer camps, supported community living and education services.</p> | <p>Eligibility Requirements ~ contact program Documents ~ contact program Fees ~ contact program</p> |

DISABILITY SERVICES

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| Day habilitation Services Goodwill of the Heartland 1410 S. 1st Avenue Iowa City IA 52240 www.goodwillheartland.org | Disabled | 866-466-7881 M-F 9-3:00 pm | Provides training on daily living skills and social skills. Participants have the opportunity to participate in many different kinds of meaningful activities including gardening, art, music, volunteering and recreational and cultural experiences. | Eligibility Requirements ~ person must have a barrier to independence and have funding Documents ~ funding authorization Fees ~ paid by Medicaid and East Central Region |
| Supported Community Living Goodwill of the Heartland 1410 S. 1st Avenue Iowa City IA 52240 www.goodwillheartland.org | Disabled | 866-466-7881 Office hours M-F 8-4:30 pm | Services include assistance with living independently, including cooking, shopping, budgeting, social and recreation, medical management, and referral for other services. | Eligibility Requirements ~ participant must have a disability and be able to live independently with supports Documents ~ funding authorization Fees ~ paid by Medicaid and East Central Region |
| ADRC Heritage Area Agency on Aging 6301 Kirkwood Boulevard Cedar Rapids IA 52404 http://www.heritageaaa.org/ | Adult 18+ with a disability Age 60+ | 1-800-332-5934 8:00 AM - 5:00 PM | Connects callers with home and community based services and/or referral to Options Counseling. Options Counseling is face-to-face counseling that connects persons to needed benefits and long-term support services. | Eligibility Requirements ~ Service Persons 18+living with a disability, Persons 60+, Caregivers and Veterans Documents ~ none Fees ~ none |
| Information, Referral & Assistance Heritage Area Agency on Aging 6301 Kirkwood Boulevard SW Cedar Rapids IA 52404 http://www.heritageaaa.org/ | Adult | (319) 398-5559 M-F 8-5:00 pm | Information and Assistance consists of assessing and offering services that allow older adults and adults with disabilities to live in their home when possible. | Eligibility Requirements ~ clients 18+ with disabilities and 60+ Documents ~ Contact program Fees ~ Contact program |
| Supported Community Living Program Hillcrest Family Services 407 Hwy 1 West Iowa City IA 52246 www.hillcrest-fs.org | Adult Mental Illness | 319-337-4204 | Provides an individual with a visiting counselor who assists with developing skills in all areas of daily life. Helps develop skills in decision-making, money management, medication management, coping skills, developing & maintaining a daily routine. | Eligibility Requirements ~ contact program Documents ~ contact program Fees ~ contact program |
| In-Home Care Services Intra National Home Health Care 160 Southgate Ave., Ste. A Iowa City IA 52240 | Disabled | 319-354-1177 | Provides SCL hourly and 24-hours, Respite, Group Respite, Consumer Attendant Directed Care (CDAC) and Day Habilitation and is serving the following waivers: Intellectual Disability, Health and Disability, Children Mental Health, Brain Injury, Physical Disability, HIV/AIDS and Elderly. | Eligibility Requirements ~ contact program Documents ~ contact program Fees ~ contact program |
| Special Populations Involvement Iowa City Parks and Recreation 220 S Gilbert Street Iowa City IA 52240 www.icgov.org/pr | General | 319-356-5100 various; evenings and weekends | Special Populations Involvement (SPI) program provides leisure opportunities for persons with special needs, including those with physical, mental or emotional disabilities. SPI programs are offered in structured, success oriented environments in the areas of sports & fitness, arts & movement, independent living skills, clubs, social activities, and special events. | Eligibility Requirements ~ persons with physical, mental, and/or emotional disabilities Documents ~ SPI registration form, Special Olympics application for participation form Fees ~ various; \$0-\$25 |

DISABILITY SERVICES

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| Information & Referral Line Iowa Compass 100 Hawkins Drive #S295 Iowa City IA 52242 www.iowacompass.org | General | (800) 779-2001 M-F 8-5:00 pm | Has information about programs and services for Iowans with disabilities, chronic illnesses and health conditions. Compass can do searches for adapted equipment and ways to pay for it. Call, email or search the website for answers to your disability-related questions. | Eligibility Requirements ~ Contact program Documents ~ none Fees ~ none |
| Used Equipment Referral Service Iowa Compass 100 Hawkins Drive #S295 Iowa City IA 52242 www.iowacompass.org | General | 1-877-686-0032 M-F 8-5:00 pm | A list of free classified ads to buy or sell used adapted equipment such as wheelchairs, walkers, vans, lifts, hospital beds and other assistive technology devices. Check the website or call for a list of available items. | Eligibility Requirements ~ none Documents ~ none Fees ~ none |
| SEATS Paratransit Johnson County SEATS Paratransit System 4810 Melrose Avenue Iowa City IA 52246 http://www.johnson-county.com/dept_seats.aspx?id=581 | Disabled | Ride Information Line 319-339-6127 Ride Request Line 319-339-6125 Hours of Service vary depending on locale | Transportation systems that provides Door-to-Door shared-ride services to senior citizens, people with disabilities, and others who may otherwise find it difficult to conduct daily transactions. SEATS vans regularly transport people to doctor's appointments, grocery stores and other destinations providing clients with a necessary and reassuring degree of freedom. | Eligibility Requirements ~ Rural Johnson County residents—service is open to general public; Urban Johnson County residents must have certification from their city of residence as being unable to use the fixed route bus service. Documents ~ contact program Fees ~ Basic cost for one-way ride \$2.00. Must pay when boarding and correct fare must be paid either in cash, by punch card or combination equal to the fare. |
| Services & Programs Mayor's Youth Empowerment Program 407 Highland Ct Iowa City IA 52240 www.myep.us | Intellectual & Developmental Disabilities | 319 341-0060 | Service population is primarily people with intellectual and/or physical disabilities, services are also provided to people whose primary diagnosis is mental illness. Variety of services provided including day habilitation, support employment, supported community living, home based habilitation and payee services | Eligibility Requirements ~ contact program Documents ~ contact program Fees ~ contact program |
| Housing Rehabilitation Neighborhood & Development Services City of Iowa City 410 E Washington Iowa City IA 52240 www.icgov.org | General | 319-356-5246 M-F 8 – 5:00 pm; closed holidays | Repair/remodel owner occupied homes - roofing, electrical, plumbing, siding, window/door replacement, handicapped accessibility, furnaces, water heaters, flooring, painting | Eligibility Requirements ~ 80% or below median income; owner occupied home within Iowa City city limits; enough equity in home Documents ~ application; deed or title to home; proof of citizenship Fees ~ offer grants, loans |
| Community Support Optima Life Services 1121 Shirken Drive Iowa City IA 52246 www.optimaeliveservices.com | Disabled | 319-337-2008 | Provides various services to children and adults such as Home-Base habilitation services, supported community living, supported employment services, respite care and supported community living. Services may be provided in the consumer's home or other community based setting and are available 24 hours a day. | Eligibility Requirements ~ contact program Documents ~ contact program Fees ~ contact program |

DISABILITY SERVICES

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| Hourly Residential Program Reach for Your Potential 1705 S 1 st Avenue – Suite 1 Iowa City IA 52240 www.reachforyourpotential.org | Intellectual & Developmental Disabilities | 319-354-2983 | Services are targeted assistance for specific needs. Services are designed to teach daily living skills. | Eligibility Requirements ~ contact program Documents ~ contact program Fees ~ contact program |
| REM Iowa Community Services REM Iowa 2761 Oakdale Blvd - Suite 4 Coralville IA 52241 remiowa.com | Intellectual & Developmental Disabilities | 319-545-1227 24 hours | Provides home and community based services | Eligibility Requirements ~ contact program Documents ~ contact program Fees ~ contact program |
| REM Iowa Developmental Services REM Iowa 2761 Oakdale Blvd - Suite 4 Coralville IA 52241 remiowa.com | Intellectual & Developmental Disabilities | 319-665-2440 8:00 am – 5:00 pm | Provides Day Habilitation services. | Eligibility Requirements ~ contact program Documents ~ contact program Fees ~ contact program |
| Disability Benefits Social Security Administration 1100 6th Street - Suite 100 Coralville IA 52241 www.socialsecurity.gov | General | 866-964-2039 M, T, TH, F 9:00-4:00 pm; W 9:00-12:00 pm | Social Security Disability Insurance (SSD or SSDI) is a government program managed by the Social Security Administration and designed to provide income supplements to people who are restricted in their ability to be employed because of a notable disability. | Eligibility Requirements ~ Contact program Documents ~ Contact program Fees ~ Contact program |
| Supplemental Security Income Social Security Administration 1100 6th Street - Suite 100 Coralville IA 52241 www.socialsecurity.gov | General | 866-964-2039 M, T, TH, F 9:00-4:00 pm; W 9:00-12:00 pm | Supplemental Security Income (SSI) program pays benefits to disabled adults and children who have limited income and resources. SSI benefits also are payable to people 65 and older without disabilities who meet the financial limits. | Eligibility Requirements ~ Contact program Documents ~ Contact program Fees ~ Contact program |
| Supported Community Living & Habilitation Services Successful Living 2406 Towncrest Drive Iowa City IA 52240 icsuccess.org E-mail: rgoedken@icsuccess.org | Adults with Chronic Mental Illness | 319-358-6800 M-F 9-5:00 pm Day Habilitation M-F 10-4:00 pm; some programs operate outside of regular hours. | Adult Supported Community Living, Habilitation, Housing & Day Habilitation Services. | Eligibility Requirements ~ current diagnosis of Chronic Mental Illness; income at or below 150% of poverty (with some exceptions). Documents ~ medical documentation Fees ~ rent, other services covered by Medicaid |
| Supported Living Systems Unlimited 2533 Scott Blvd SE Iowa City IA 52240 www.sui.org | Disabled | 319-338-9212 | Provides supported community living services to children and adults in their own homes. Various services are provided including social skills, communication skills, daily living skills, community skills, self care and Respite services, | Eligibility Requirements ~ Contact program Documents ~ Contact program Fees ~ Contact program |

DISABILITY SERVICES

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|---|------------------------------|---|--|---|
| <p>Center for Disabilities and Development (CDD) University of Iowa Stead Family Children's Hospital 200 Hawkins Drive Iowa City IA 52242 www.uihealthcare.org/CDD</p> | <p>Disabled Youth</p> | <p>1-855-543-2884</p> | <p>Part of the University of Iowa Children's Hospital dedicated to improving the health and independence of people with disabilities and advancing the community systems on which they rely.</p> | <p>Eligibility Requirements ~ Contact program Documents ~ Contact program Fees ~ Contact program</p> |
| <p>Uptown Bill's Coffee House Uptown Bill's -- Extend the Dream 730 S Dubuque St. Iowa City IA 52240 www.uptownbills.org</p> | <p>General</p> | <p>(319) 339-0804 Weekdays from 11 am; Saturdays from 9 am</p> | <p>Coffee house, used bookstore and performance venue</p> | <p>Eligibility Requirements ~ open to all ages and abilities Documents ~ none Fees ~ none</p> |

EMPLOYMENT/EDUCATION SERVICES

| Name of Program/Provider | Focus Population | Phone Number & Hours | Services Provided | Eligibility Requirement, Documents Needed, Fees |
|--|---|---|---|--|
| GENERAL | | | | |
| Employment Services Center for Worker Justice of Eastern Iowa 940 S Gilbert Court Iowa City IA 52240 http://www.cwjiowa.org | Low-Wage Workers (employed and unemployed) | 319-594-7593 Monday & Wednesday 10am-6:30pm Friday 10am-5:30pm | Assistance with wage theft (non payment or under payment of legally owed wages). Assistance with workplace discrimination and abuse, and OSHA complaints. Provides ongoing educational workshops regarding: Occupational Safety and Hazard Administration (OSHA) rights and protections, wage and hour rights, workplace abuse and discrimination, immigrant's rights, leadership development, Know Your Rights with police and immigration agents, community organizing and public speaking, and basic civics education. Face to Face, one on one, English tutoring program for dues-paying members. | Eligibility Requirements ~ None Documents ~ none. For better assistance, it is recommended you bring any relevant paperwork. Fees ~ Initial consultations are free. Membership is required for ongoing case assistance. There is a yearly membership fee of \$30 with payment plans available. |
| Older Worker Employment Program Heritage Area Agency on Aging 6301 Kirkwood Boulevard Cedar Rapids IA 52404 http://www.heritageaaa.org/ | Older Adult by Referral | 1-866-468-7887 8-5:00 PM | Helps people through coordination and assistance of a placement plan, goals, resume building, refining of the job search, obtaining job leads, setting up informational interviews, job shadowing opportunities, assessments, internships and placement in a permanent placement. Also of assistance to the employer and employee by monitoring the employee's progress and following up for a full year. | Eligibility Requirements ~ individual must be referred from Iowa Vocational Rehabilitation Services based upon a documented disability that creates an obstacle to employment and be 55+ years of age Documents ~ program requires a referral from Iowa Vocational Rehabilitation Services. Fees ~ none |
| One-on-One Tutoring ICCompassion 1035 Wade St Iowa City IA 52240 http://www.iccompassion.org/ | Immigrants & Refugees | 319-330-9883 Monday, Tuesday, Friday 9:00-5:00 PM Wednesday & Thursday 9:00-7:00 PM | Students are matched with a volunteer tutor to study English or basic computer skills. Students must register in advance. There may be a wait list. | Eligibility Requirements ~ none Documents ~ none Fees ~ none |
| Conversational English Classes International Women's Club various venues https://iwciowacity.wordpress.com/ | Female | 319-573-7512 two 10-week sessions for 2 hours, Tues and Thurs mornings | Volunteer teachers teach English as a Foreign Language, in an informal, conversational setting. | Eligibility Requirements ~ any and all women are welcome Documents ~ contract program Fees ~ \$10.00 per 10-week session (plus \$10.00 dues to join International Women's Club) |

EMPLOYMENT/EDUCATION SERVICES

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| <p>Unemployment Benefits, Work Permits and Job Placement Assistance Iowa Workforce Development 1700 S 1st Avenue – Suite 11B Iowa City IA 52240 www.iowaworkforce.org</p> | <p style="text-align: center;">General</p> | <p style="text-align: center;">319-351-1035</p> <p style="text-align: center;">Referrals can be sent to: Employment Registration Help <a href="mailto:<employment_registration_help@iwd.iowa.gov>"><employment_registration_help@iwd.iowa.gov></p> | <p>Provides a variety of services to meet the workforce and workplace needs of job seekers, dislocated workers and unemployed persons through job counseling, job training, job placement and assistance to special needs populations.</p> | <p>Eligibility Requirements ~ Contact program Documents ~ Contact program Fees ~ Contact program</p> |
| <p>Kirkwood Learning Center for Community and Continuing Education Kirkwood Community College 1810 Lower Muscatine Rd Iowa City IA 52240 www.kirkwood.edu/kpace</p> | <p style="text-align: center;">General</p> | <p style="text-align: center;">319-887-3658</p> | <p>Offers continuing education courses, certificate programs, online classes, non-credit courses and professional development.</p> | <p>Eligibility Requirements ~ Contact program Documents ~ Contact program Fees ~ Contact program</p> |
| <p>KPACE (Kirkwood Pathways for Academic Career Education & Employment) Kirkwood Community College 1810 Lower Muscatine Rd Iowa City IA 52240 www.kirkwood.edu/kpace</p> | <p style="text-align: center;">General</p> | <p style="text-align: center;">319-887-3978</p> | <p>Program designed to help individuals gain skills for in-demand jobs. The program is personalized to the individual's educational and training goals and will hopefully help the individual to find a job and quite possibly a better paying job.</p> | <p>Eligibility Requirements ~ available to low income, low job skilled individuals Documents ~ Documents required to work, including ID Fees ~ Free to Eligible Participants</p> |
| <p>Vocational Services Shelter House Community Shelter & Transition Services 429 Southgate Avenue Iowa City IA 52240 www.shelterhouseiowa.org</p> | <p style="text-align: center;">General</p> | <p style="text-align: center;">319-351-0326</p> <p style="text-align: center;">Monday-Friday, by appointment</p> | <p>Help with job search, resumes, interview and employment skills training</p> | <p>Eligibility Requirements ~ Homeless Documents ~ Contact program Fees ~ none</p> |

EMPLOYMENT/EDUCATION SERVICES

| PERSONS WITH DISABILITY | | | | |
|---|----------|---|--|--|
| Employment Services Access 2 Independence 1556 S First Ave, Suite B Iowa City IA 52240 access2independence.org | Disabled | 319-338-3870 | Provides assistance in obtaining employment. | Eligibility Requirements ~ contact program Documents ~ contact program Fees ~ Free |
| Work Incentive Planning Services Access 2 Independence 1556 S First Ave, Suite B Iowa City IA 52240 access2independence.org | Disabled | 319-338-3871 | Provides benefits planning for people wanting to return to work while utilizing social security disability benefits (SSI/ SSDI). | Eligibility Requirements ~ contact program Documents ~ contact program Fees ~ Free |
| Employment Services Goodwill of the Heartland 1410 S 1st Avenue Iowa City IA 52240 www.goodwillheartland.org | Disabled | 866-466-7881 Office Hours M-F 8-4:30 pm | Assists individuals to obtain employment. Provides assistance in completing applications, interviewing and developing a resume. Assists in developing jobs with specific employers when needed. Provides job coaching to assist participant to learn the job and perform the job to meet quality and quantity demands. | Eligibility Requirements ~ participants must have a barrier to employment & have funding for this type of services through Iowa Vocational Rehabilitation Services, Medicaid or East Central Region Documents ~ must have proper work ID Fees ~ mostly paid by state, local and federal programs. |
| Goodwill Training Services Goodwill of the Heartland 1410 S 1st Avenue Iowa City IA 52240 www.goodwillheartland.org | Disabled | 866-466-7881 M-F 8-4:30 pm | Provides retail training, personal development skills in a store setting | Eligibility Requirements ~ must have barrier to independence and legal work documents, funding authorization Documents ~ legal work documents such as ID, Social Security card, Passport Fees ~ paid by Iowa Vocational Rehabilitation Services, Medicaid and East Central Iowa Region |
| Iowa Vocational Rehabilitation Services Iowa Vocational Rehabilitation Services (IVRS) 1700 S 1 st Avenue – Suite 11A Iowa City IA 52240 www.ivrs.iowa.gov | Disabled | 319-354-4766 | Help individuals with disabilities of all types obtain their employment goals | Eligibility Requirements ~ disability that is an impediment to employment Documents ~ medical records or SSA verification Fees ~ free to those who are eligible |

EMPLOYMENT/EDUCATION SERVICES

| YOUTH | | | | |
|---|---------------------------|------------------------------------|---|---|
| Educational Consulting & Services Grant Wood Area Education Agency Kirkwood Center at the U of I 2301 Oakdale Blvd Coralville IA 52241 www.gwaea.org | Youth | 319-626-1100 or 800-854-0446 | Offers various programs & services that assist students, parents and educators to excel in education. Services include child development evaluations, special education services, homeschool resources, parent support & training classes and various student opportunities that offer a variety of enrichment opportunities. | Eligibility Requirements ~ contact program Documents ~ contact program Fees ~ contact program |
| LINKS Program Iowa City Community School District 1725 N Dodge Street Iowa City IA 52245 www.iowacityschools.org | Youth School-Based | 319-688-1000 M-F 8-4:00 pm | Advocacy and assistance to remove barriers to education for children and youth, | Eligibility Requirements ~ homeless according to Department of Education McKinney Vento rules Documents ~ none Fees ~ none |
| YES! (Youth Empowered to Serve) Johnson County Social Services 855 S Dubuque St – Suite 202B Iowa City IA 52240 www.johnson-county.com | Youth age 14-17 | 319-356-6090 M-F 8-4:30 pm | Summer program providing youth with personal development resources to inspire them to reach new levels of achievement through positive activities. Provides assistance with completing job applications, interviewing and developing a resume. | Eligibility Requirements ~ contact program Documents ~ contact program Fees ~ none |
| Work.Learn.Connect Kirkwood Workplace Learning Connection 2301 Oakdale Blvd Coralville IA 52241 www.kirkwood.edu/wlc | Youth | 319-887-3970 | Connects today's students to tomorrow's careers. Gain work experience and find out if a career is right for you through the Workplace Learning Connection's internship program. High School Juniors and Seniors learn new skills; apply classroom knowledge in a real-world setting. | Eligibility Requirements ~ contact program Documents ~ contact program Fees ~ contact program |

FAMILY & YOUTH SERVICES

| Name of Program/Provider | Focus Population | Phone Number & Hours | Services Provided | Eligibility Requirement, Documents Needed, Fees |
|--|--|---|---|---|
| FAMILY SERVICES | | | | |
| Family Academy The Dream Center 611 Southgate Avenue - Suite A Iowa City IA 52240 www.thedreamcenteria.org | Families | 319-621-8253 M-F 9-5:00 pm | To reduce barriers to successful transition to the community and create partnerships and services that addresses the needs of core members and their families. | Eligibility Requirements ~ Johnson County resident Documents ~ none Fees ~ none |
| Fatherhood Academy The Dream Center 611 Southgate Avenue - Suite A Iowa City IA 52240 www.thedreamcenteria.org | Fathers | (319)621-8253 319-621-8253 M-F 3-9:00 pm Weekends - Varies | Goals for the Fatherhood Academy programs are to help fathers develop interpersonal skills for responsible fathering, build and maintain strong family ties, connect them with workforce help in their professional development, help fathers become more financially and emotionally involved parents and help fathers build positive relationships with the mother of their children. | Eligibility Requirements ~ none Documents ~ none Fees ~ none |
| Performing Arts Academy The Dream Center 611 Southgate Avenue - Suite A Iowa City IA 52240 www.thedreamcenteria.org | General Age 4 & up | 319-621-8253 M-F 3-9:00 pm Weekends - Varies | To provide a focal point for the arts in the Corridor community that will create a new level of awareness of the visual and performing arts among youth and adults. The academy is designed to nurture, develop and showcase the creative talents individuals in our community possess through dance, poetry, song and performance. | Eligibility Requirements ~ ages 4 and up Documents ~ none Fees ~ depends on which program youth participates in |
| Cornerstone (FaDSS) Four Oaks 1916 Waterfront Drive Iowa City IA 52240 www.fouroaks.org | Families | 319-337-4523 M-F | Family Development Self-Sufficiency program designed to partner with high-risk welfare recipients in working toward economic self-sufficiency and family stability. | Eligibility Requirements ~ FIP (Family Investment Program) recipients Documents ~ documentation of benefits Fees ~ none |
| Functional Family Therapy Four Oaks 1916 Waterfront Drive Iowa City IA 52240 www.fouroaks.org | Families by Juvenile Court Service Referral | 319-337-4523 M-F | Services through evidence-based programming, family interventions that improve family dynamics and reduces youth re-offending. | Eligibility Requirements ~ referral from Juvenile Court Services Documents ~ referral from Juvenile Court Services Fees ~ none |
| Iowa KidsNet Four Oaks 1916 Waterfront Drive Iowa City IA 52240 www.iowakidsnet.com | Families | 800-243-0756 7 days | Recruitment, retention, training, licensing, support for foster and adoptive families across Iowa. | Eligibility Requirements ~ Visit web site Documents ~ Visit web site Fees ~ none |

FAMILY & YOUTH SERVICES

| Name of Program/Provider | Focus Population | Phone Number & Hours | Services Provided | Eligibility Requirement, Documents Needed, Fees |
|---|---|--------------------------------------|---|--|
| Partnership for Safe Families Four Oaks 1916 Waterfront Drive Iowa City IA 52240 www.fouroaks.org | Families DHS Involvement | 319-337-4523 7 days | Family Team Meeting facilitations, Minority Family Advocates for families with DHS involvement, Fatherhood Initiative to engage fathers in parenting, and other supports to help families navigate the child welfare system. | Eligibility Requirements ~ varies Documents ~ varies Fees ~ none |
| Pathway of Hope The Salvation Army 1116 Gilbert Court Iowa City IA 52240 usc.salvationarmy.org/ | Families | 319-337-3725 M-F 9:30-2:00 pm | Offers a targeted set of services, rooted in strengths-based case management to help families break the cycle of crisis and achieve stability. Does not directly provide extra assistance; rather it enables the client and caseworker to work collaboratively to come up with creative solutions to find the needed resources. | Eligibility Requirements ~ contact program Documents ~ contact program Fees ~ contact program |
| Systems of Care Tanager Place 2309 C Street SW Cedar Rapids IA 52404 www.tanagerplace.org | Families | 319-286-4531 M-F 8-4:30 pm | Offers families who do not have Medicaid coverage the opportunity to work with a team of professionals to help them gain access to community resources, develop solutions to issues that arise for their family and offer support in a variety of ways. | Eligibility Requirements ~ none Documents ~ none Fees ~ none |
| Family Conflict Change Program United Action for Youth 410 Iowa Avenue Iowa City IA 52240 www.unitedactionforyouth.org | Families with teens | 319-338-7518 M-F 9-5:00 pm | Therapists and counselors who have expertise in concerns facing teens and parents are available to help families discuss tough topics including social problems, family issues, school, transition to adulthood, and divorce. | Eligibility Requirements ~ Johnson County Resident Documents ~ none Fees ~ none |
| YOUTH & TEEN SERVICES | | | | |
| Youth Development & Youth Mentoring Program 4-H Youth Programs Johnson County Extension Office 3109 Old Highway 218 South Iowa City IA 52246 www.extension.iastate.edu/johnson | Youth Grade K–12th | 319-337-2145 | 4-H empowers youth to reach their full potential through youth-adult partnerships and research-based experiences. Provides opportunities for youth to develop skills they can use now and throughout their life. | Eligibility Requirements ~ contact program Documents ~ contact program Fees ~ contact program |

FAMILY & YOUTH SERVICES

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|---|---------------------------------|--|---|--|
| Youth Mentoring Big Brothers Big Sisters of Johnson County 3109 Old Hwy 218 South Iowa City IA 52246 www.bbbsjc.org | Youth Age 6 & up | 319-337-2145 | Help children reach their potential through professionally-supported, one-to-one relationships with mentors that have a measureable impact on youth. | Eligibility Requirements ~ contact program Documents ~ contact program Fees ~ none |
| Boy Scouts/Cub Scouts of America Boy Scouts of America Hawkeye Area Council 660 32 nd Avenue SW Cedar Rapids IA 52404 www.hawkeyebsa.org | Youth Age 5-21 | 319-862-0541 | Provides programs aimed at developing leadership, positive character, citizenship, and personal fitness. The program provides young people a foundation they can stand on to embrace opportunity, overcome obstacles, and make new discoveries. | Eligibility Requirements ~ contact program Documents ~ contact program Fees ~ contact program |
| Family Resource Center Clear Creek Amana Community School District 327 S Augusta Oxford IA 52322 www.cc-amana.k12.ia.us | Youth | 319-828-4510 | Several helpful resources are available to families living withing the school district such as food bank, clothing, shoes and Hawk-I insurance. <i>The Clear Creek Amana Family Resource Center, building is located in Tiffen between Clear Creek Amana High School and Clear Creek Amana Middle School.</i> | Eligibility Requirements ~ contact program Documents ~ contact program Fees ~ none |
| Youth Leadership Academy The Dream Center 611 Southgate Avenue - Suite A Iowa City IA 52240 www.thedreamcenteria.org | Youth Age 4 & up | 319-621-8253 M-F 3-9:00 pm Weekends - Varies | Objectives Youth Leadership Academy programs are to provide youth with positive relationships with caring adults, provide youth with a safe emotional and physical environment, engage youth socially, physically, and academically, help youth establish realistic, challenging and achievable goals and provide opportunities for youth to participate in meaningful service learning projects. | Eligibility Requirements ~ ages 4 and up Documents ~ none Fees ~ none |
| Childhood Developmental Assessment Grant Wood Area Education Agency Kirkwood Center at the U of I 2301 Oakdale Blvd Coralville IA 52241 www.gwaea.org | Youth | 319-626-1100 or 800-854-0446 | Call if you have any concerns or questions about your child's development. Grant Wood Area Education Agency can put you in touch with area providers who can help evaluate such things as your child's speech, hearing, emotional development, behavior or pre-school readiness. | Eligibility Requirements ~ contact program Documents ~ contact program Fees ~ contact program |
| Early ACCESS Grant Wood Area Education Agency Kirkwood Center at the U of I 2301 Oakdale Blvd Coralville IA 52241 www.gwaea.org | Youth Age 0-3 | 319-626-1100 or 800-854-0446 | Early ACCESS is a system implemented to service children from birth to age 3, who have either a developmental delay or have a condition that has a high probability of later delays if early intervention services are not provided. | Eligibility Requirements ~ contact program Documents ~ contact program Fees ~ contact program |

Information is subject to change without notice, please contact the agency directly regarding services.
 For questions regarding the Resource Directory, contact Johnson County Social Services at 319-356-6090
DISCLAIMER: Johnson County does not endorse nor is responsible for the conduct of any organization.

Last Updated ~ 01/18/2019

FAMILY & YOUTH SERVICES

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|---|---|-----------------------------------|--|---|
| Youth Shelter Four Oaks 1916 Waterfront Drive Iowa City IA 52240 www.fouroaks.org | Youth Age 12-17 DHS or Juvenile Court Services Involvement | 319-337-4523 7 days | Emergency youth shelter, filling a need for temporary placement for youth aged 12-17 with DHS or Juvenile Court Services involvement. Must youth are transitioning from one placement to another (to home, to foster care, to residential treatment, to independent living). | Eligibility Requirements ~ referral from DHS or Juvenile Court Services Documents ~ contact program Fees ~ none |
| Leadership Program Girl Scouts of Eastern Iowa and Western Illinois 317 7th Avenue SE - Suite 201 Cedar Rapids IA 52401 girlscoutstoday.org | Youth Female | 563-823-9940 | Girl Scouts provides a comprehensive leadership program to girls in grades K-12. | Eligibility Requirements ~ girls, grades K-12 Documents ~ Contact program Fees ~ \$15.00 |
| Advocacy & Family Resource Centers Iowa City Community School District 1725 N Dodge Street Iowa City IA 52245 www.iowacityschools.org/pages/ICCSD | Youth | 319-688-1000 | A free resource for families living in the Iowa City Community School District. Support, referrals, resources, case management specifically in the areas of mental health, basic needs (food, clothing, etc.), housing, mentoring, meetings, home visits, attendance, and school engagement. Student and Family advocates strive to reduce a child's barriers to learning. Either call 319-688-100 or contact your child's school. | Eligibility Requirements ~ contact program Documents ~ contact program Fees ~ contact program |
| Joan Buxton School Children's Aid Iowa City Community School District 1725 N Dodge Street Iowa City IA 52245 www.iowacityschools.org/pages/ICCSD | Youth | 319-688-1000 | Assistance with school supplies, shoes, clothing, boots, medications and vision care for children. Contact your child's school. | Eligibility Requirements ~ contact program Documents ~ none Fees ~ none |
| LINKS Program Iowa City Community School District 1725 N Dodge Street Iowa City IA 52245 http://www.iowacityschools.org/pages/ICCSD | Youth School-Based | 319-688-1000 M-F 8-4:00 pm | Advocacy and assistance to remove barriers to education for children and youth, | Eligibility Requirements ~ homeless according to Department of Education McKinney Vento rules Documents ~ none Fees ~ none |
| Empowerment/Early Childhood Iowa Johnson County Empowerment 855 S Duquque St – Suite 202B Iowa City IA 52240 jcempowerment.com | Youth Age 0-5 | 319-339-7206 M-F 8-4:30 pm | Address the needs of children and families from prenatal through age 5 year. Leads the community in removing barriers to a safe and healthy community by identifying needs in education, health and human services | Eligibility Requirements ~ contact program Documents ~ contact program Fees ~ none |

FAMILY & YOUTH SERVICES

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| <p>YES! (Youth Empowered to Serve) Johnson County Social Services 855 S Dubuque St – Suite 202B Iowa City IA 52240 www.johnson-county.com</p> | <p>Youth Age 14-17</p> | <p>319-356-6090 M-F 8-4:30 pm</p> | <p>Aims to provide youth with personal development resources to inspire them to reach new levels of achievement through positive summer activities.</p> | <p>Eligibility Requirements ~ contact program Documents ~ contact program Fees ~ none</p> |
| <p>Advocacy and Resources for Kirkwood students and families Kirkwood Family Resource Center 1401 9th Street Coralville IA 52241 http://www.edline.net/pages/Kirkwood_ES/Family_Resource_Center</p> | <p>Youth School-Based</p> | <p>319-688-1124 M-F 8-4:00 pm</p> | <p>Support, referrals, resources, case management specifically in the areas of mental health, basic needs (food, clothing, etc.), housing, mentoring, meetings, home visits, attendance, and school engagement.</p> | <p>Eligibility Requirements ~ student enrolled in Kirkwood Elementary Documents ~ signed releases needed when working with other agencies Fees ~ none</p> |
| <p>Family Support Program Neighborhood Centers of Johnson County 2105 Broadway St Iowa City IA 52240 www.ncjc.org</p> | <p>Youth School-Based</p> | <p>319-354-7989 M-F 7:30-5:30 PM or by appointment</p> | <p>In-home and group-based family support for families with young children</p> | <p>Eligibility Requirements ~ must meet income, geographic, and/or age requirements Documents ~ none Fees ~ none</p> |
| <p>Family Support Program Neighborhood Centers of Johnson County 2651 Roberts Rd Iowa City IA 52246 www.ncjc.org</p> | <p>Youth School-Based</p> | <p>319-354-2886 M-F 7:30-5:30 PM or by appointment</p> | <p>In-home and group-based family support for families with young children</p> | <p>Eligibility Requirements ~ must meet income, geographic, and/or age requirements Documents ~ none Fees ~ none</p> |
| <p>G! World Program Neighborhood Centers of Johnson County 2105 Broadway St Iowa City IA 52240 www.ncjc.org</p> | <p>Youth School-based Grade 7th-12th</p> | <p>319-354-7989</p> | <p>Program designed to engage and enthuse high school girls of color in all aspects of their lives. Aims to inspire confidence, provide support, and reward accomplishments. Provides a reassuring environment that is conducive to growth as an individual and as an academic.</p> | <p>Eligibility Requirements ~ contact program Documents ~ contact program Fees ~ none</p> |
| <p>Youth Development Services Neighborhood Centers of Johnson County 2105 Broadway St Iowa City IA 52240 www.ncjc.org</p> | <p>Youth School-Based</p> | <p>319-354-7989 M-F 7:30- 5:30 PM</p> | <p>Academic and recreational services for youth at Twain, Wood, Alexander, and Lemme Elementary schools.</p> | <p>Eligibility Requirements ~ varied Documents ~ program specific Fees ~ \$90-215 per month, \$150 per week summer camp. Some scholarships available.</p> |

FAMILY & YOUTH SERVICES

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| Youth Development Services Neighborhood Centers of Johnson County 2651 Roberts Rd Iowa City IA 52246 www.ncjc.org | Youth School-Based | 319-354-2886 M-F 7:30-5:30 PM | After school academic and recreational services for youth at Weber, Horn, Borlaug, Garner, Wickham, and Penn Elementary Schools | Eligibility Requirements ~ Program-specific Documents ~ program specific Fees ~ \$90-215 per month, \$150 per week summer camp. Some scholarships available. |
| Youth Camps & Recreation The Salvation Army 1116 Gilbert Court Iowa City IA 52240 usc.salvationarmy.org/USC/www.usc_iowacity.nsf/ | General | 319-337-3725 M-F 9:30-2:00 pm | Camp programs provided to low-income families. Camp activities include adventure & scouting, arts & crafts, music development and sports. Annual summer camp programs are also available. | Eligibility Requirements ~ contact program Documents ~ contact program Fees ~ contact program |
| Camp Tanager Tanager Place 2309 C Street SW Cedar Rapids IA 52404 www.tanagerplace.org | Youth Age 6-17 | 319-363-0681 June – August M- Sat 8:30 a.m-6:00 pm | Offers a unique summer camp experience for children who are economically or medically disadvantaged. The camp empowers children to learn leadership skills and self-confidence. Various camps are offered including camp for children with Hemophilia, Diabetes and Tourette's Syndrome. | Eligibility Requirements ~ children ages 6 to 17. Documents ~ Camp Tanager application packet Fees ~ none |
| Health Education United Action for Youth 410 Iowa Ave Iowa City IA 52240 unitedactionforyouth.org | Youth School-based | 319-338-7518 M-F 9-5:00 pm | Works with community educators, youth, parents and community members to promote health and wellness within Johnson and Iowa Counties. | Eligibility Requirements ~ services open to local schools and teens/families Documents ~ contact program Fees ~ none |
| Teen Parent Services United Action for Youth 410 Iowa Ave Iowa City IA 52240 unitedactionforyouth.org | Parents Age 23 & under | 319-338-7518 M-F 9-5:00 pm | Serves pregnant and/or parenting young women, 23 years old and younger. Program tailored family support services to meet the individual needs of participants through a strength-based, family-focused approach. Family support workers provide in-home parent skill building and child development education. | Eligibility Requirements ~ Teen Parents 23 and under Documents ~ contact program Fees ~ none |
| Victim of Crime Advocacy United Action for Youth 410 Iowa Ave Iowa City IA 52240 unitedactionforyouth.org | Primarily Youth | 319-338-7518 M-F 9-5:00 pm | Provides an array of services, programs, and funding to individuals who have been victimized. Program provides counseling and can assist victims with navigating through services and programs. | Eligibility Requirements ~ provides guidance to any person who has been a victim of crime and has questions about resources or how to get help. Documents ~ contact program Fees ~ none |

FAMILY & YOUTH SERVICES

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| <p>Youth Development, Youth Center, Youth Groups, and Arts programs United Action for Youth 410 Iowa Ave Iowa City IA 52240 unitedactionforyouth.org</p> | <p style="text-align: center;">Youth School-based Grade 7th-12th</p> | <p style="text-align: center;">319-338-7518 Mon 3-6, Tues 3-7, Wed 3-7, Thurs 2-7, Fri 3-7, Sat 12-5</p> | <p>Youth Center offers a drop-in hang-out environment for youths to enjoy. The Center also offers arts programs include a music recording studio and visual art studio/gallery; Youth support/activity groups including GLBTQA group, Youth Women's group, Youth Volunteer group, Health Education group, and Computer Programming group.</p> | <p>Eligibility Requirements ~ Junior & Senior High age students. Documents ~ contact program Fees ~ none</p> |
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FINANCIAL ASSISTANCE

| Name of Program/Provider | Focus Population | Phone Number & Hours | Services Provided | Eligibility Requirement, Documents Needed, Fees |
|---|------------------|---|--|---|
| Telephone & Internet Assistance Programs CenturyLink 302 S Linn Street Iowa City IA 52240 www.centurylink.com/help/index.php?assetid=11 | General | 319-351-2242 M-F 8-5:00 pm | “Lifeline” a federal assistance program that helps qualified low-income customers save on monthly local phone services. CenturyLink also offers “Internet Basics”, a broadband assistance plan for qualifying low-income customers. | Eligibility Requirements ~ Contact program Documents ~ Contact program Fees ~ contact program |
| Utility Discount Program The City of Iowa City 410 E Washington St Iowa City IA 52240 https://www.icgov.org/utilitydiscountprogram | General | 319-356-5066 M-F 8-5:00 pm | Eligible Iowa City utility customers can receive a discount of 60% of the minimum water and sewer charges, and 75% of the trash collection and recycling charges each month. | Eligibility Requirements ~ eligible customers must participate in one of the following programs: SSI or SSDI; FIP; Child Care Assistance; Food Stamps; receiving Elderly Tax Credit on your real estate tax or State Rent disbursement. All residents of household must be eligible for this program. Documents ~ Signed “Authorization for Release of Information” form available from the Revenue Division of the City of Iowa City. Eligibility must be verified prior to discount going into effect. |
| Emergency Assistance Program CommUnity Crisis Services and Food Bank (formerly the Crisis Center) 1121 Gilbert Court Iowa City IA 52240 https://builtbycommunity.org/ | General | 319-351-0128 M, W & 12:00 - 4:30 pm; Tues 12:00 - 7:00 pm; Thurs 9:30 AM - 4:30 pm | Emergency financial assistance available for a variety of needs, including housing and utilities, work-enabling items to start a new job, assistance paying for identification, small prescription assistance, and eye exam/eyeglasses assistance. Call for more details about what is available and how to apply. | Eligibility Requirements ~ must live in Johnson County Documents ~ varies by type of assistance is being requested. Fees ~ none |
| Assistance Programs – Food, Child Care, Financial, Refugee and Family Planning Department of Human Services Program 855 S Dubuque Street – Suite 102 Iowa City IA 52240 www.dhs.iowa.gov/how-to-apply | General | 319-356-6050 M-F 8-4:30 pm | Provides numerous financial assistance programs including Food Assistance (SNAP–Supplemental Nutrition Assistance Program), Family Investment Program (FIP), Child Care Assistance, Cash Assistance Family Investment Program or Refugee Cash Assistance, State Supplementary Assistance, Family Planning, and Well-Child & Prenatal Care. | Eligibility Requirements ~ Contact program Documents ~ Contact program Fees ~ contact program |
| Child Support Recovery Department of Human Services Program 855 S Dubuque Street – Suite 102 Iowa City IA 52240 www.dhs.iowa.gov/child-support | General | 319-356-6050 M-F 8-4:30 pm | Responsible for assisting families to achieve and maintain economic self-sufficiency by establishing and enforcing child and medical support orders. May assist with establishing paternity and enforcing support orders. May also call the child support automated telephone information line at 1-888-229-9223. | Eligibility Requirements ~ Contact program Documents ~ Contact program Fees ~ contact program |

Information is subject to change without notice, please contact the agency directly regarding services.
 For questions regarding the Resource Directory, contact Johnson County Social Services at 319-356-6090
DISCLAIMER: Johnson County does not endorse nor is responsible for the conduct of any organization.

Last Updated ~ 02/28/2019

FINANCIAL ASSISTANCE

| Name of Program/Provider | Focus Population | Phone Number & Hours | Services Provided | Eligibility Requirement, Documents Needed, Fees |
|--|------------------|-----------------------------------|--|--|
| Energy Assessment and Resolution Hawkeye Area Community Action Program, Inc. (HACAP) 367 Southgate Avenue Iowa City IA 52240 www.hacap.org | General | 319-739-0100 M-F 8-5:00 pm | Works with households who find themselves in an energy crisis due to services being shut off or in jeopardy of being disconnected due to non-payment. | Eligibility Requirements ~ Contact program Documents ~ Contact program Fees ~ contact program |
| Energy Crisis Intervention Program Hawkeye Area Community Action Program, Inc. (HACAP) 367 Southgate Avenue Iowa City IA 52240 www.hacap.org | General | 319-739-0100 M-F 8-5:00 pm | Homeowners experiencing problems with their furnace, or households in a crisis due to weather, or supply shortage emergencies. | Eligibility Requirements ~ Contact program Documents ~ Contact program Fees ~ contact program |
| Financial Literacy and Household Budget Counseling Hawkeye Area Community Action Program, Inc. (HACAP) 367 Southgate Avenue Iowa City IA 52240 www.hacap.org | General | 319-739-0100 M-F 8-5:00 pm | Works with households on basic budget management skills and financial planning. | Eligibility Requirements ~ Contact program Documents ~ Contact program Fees ~ contact program |
| Low-Income Home Energy Assistance Program (LiHEAP) Energy Assistance Hawkeye Area Community Action Program, Inc. (HACAP) 367 Southgate Avenue Iowa City IA 52240 www.hacap.org | General | 319-337-5765 M-F 8-5:00 pm | Assists low-income homeowners and renters pay for a portion of their primary heating costs for the winter heating season. Assistance is based on household income, size, type of fuel and type of housing. The application period is from October 1 (for elderly and disabled households) and November 1 (for rest of households) and runs through April 30. | Eligibility Requirements ~ 175% of the poverty guidelines. Documents ~ income verification for the past 30 days or 12 months, social security cards for everyone in the household, most current heat and electric bill, and birth dates for everyone who lives in the household Fees ~ none |
| Weatherization Hawkeye Area Community Action Program, Inc. (HACAP) 367 Southgate Avenue Iowa City IA 52240 www.hacap.org | General | 319-337-5765 M-F 8-5:00 pm | Provides major energy efficiency services without cost to homeowners or renters who meet guidelines. Installation of work measures are measured by a computerized energy audit. Work includes sealing air filtration leaks, high-density insulation, health and safety check, heating system repair or replacement. | Eligibility Requirements ~ meet income guidelines; must have applied or must complete LiHEAP application Documents ~ income verification for the past 90 days or 12 months, social security cards for everyone in the household, most current heat and electric bill, and birth dates for everyone who lives in the household Fees ~ none |

FINANCIAL ASSISTANCE

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| <p>Financial Wellness Center - Debt Management & Bankruptcy Counseling Horizons, A Family Service Alliance 2401 Scott Blvd Iowa City IA 52240 http://www.horizonsfamily.org/how-we-help/financial-wellness-center/</p> | <p>General</p> | <p>800-826-3574</p> | <p>Offers a variety of counseling services to help address financial concerns including such programs as Debt Management, Budget & Credit Counseling, and Bankruptcy Education & Counseling.</p> | <p>Eligibility Requirements ~ contact program Documents ~ contact program Fees ~ contact program</p> |
| <p>Security Deposit Loan Program The Housing Fellowship 322 E 2nd Avenue Iowa City IA 52240 www.housingfellowship.com/Content/Programs/Security-Deposit-Loan-Program.aspx</p> | <p>General</p> | <p>319-358-9212</p> | <p>Provides no-interest loans for security deposits. The program is based on a revolving fund of money, allowing loans to be made as payments are received. Security deposit loan is \$400.00</p> | <p>Eligibility Requirements ~ meet income guidelines Documents ~ contact program Fees ~ \$35.00 non-refundable application fee</p> |
| <p>Rehabilitation / Repair Housing Trust Fund of Johnson County 322 E Second St Iowa City IA 52240 htfic.org</p> | <p>Home Owner</p> | <p>319-358-0212 M-F 8:30-4:00 pm</p> | <p>Income-qualified homeowners with a home in need of minor repair (approx \$5,000 may qualify for five-year forgivable loan.</p> | <p>Eligibility Requirements ~ property homeowner in Johnson County Documents ~ proof of home ownership or buying Fees ~ none</p> |
| <p>ICCompassion Food Pantry/Transportation Assistance ICCompassion 1035 Wade St Iowa City IA 52240 www.iccompassion.org</p> | <p>General</p> | <p>319-330-9883 Wed 12-4:00 pm</p> | <p>Food assistance and transportation assistance including bus passes and gas vouchers</p> | <p>Eligibility Requirements ~ preference to low income and eastside of Iowa City Documents ~ none Fees ~ none</p> |
| <p>Iowa Rent Reimbursement Claim Iowa Department of Revenue PO Box 9187 Des Moines IA 50306 www.state.ia.us/tax</p> | <p>Elderly or Disabled</p> | <p>1-800-367-3388</p> | <p>Claim a refund for property taxes paid through rent for elderly or disabled Iowans.</p> | <p>Eligibility Requirements ~ Iowa Resident, household income less than \$22,011. Documents ~ Contact program Fees ~ none</p> |
| <p>Unemployment Benefits Iowa Workforce Development 1700 S 1st Avenue – Suite 11B Iowa City IA 52240 www.iowaworkforcedevelopment.gov/file-claim-unemployment-insurance-benefits</p> | <p>General</p> | <p>319-351-1035</p> | <p>The intent of Unemployment Insurance is to pay benefits to eligible individuals during periods of unemployment when suitable work is not available. To be eligible for benefits must be totally or partially unemployed, worked & earned a minimum amount of wages in the last 15 to 18 months, lost job through no fault of their own, be able & available for work, be actively seeking work and be registered for work at the local Iowa Workforce Development office.</p> | <p>Eligibility Requirements ~ must meet all eligibility requirements set by law Documents ~ Contact program Fees ~ Contact program</p> |

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 For questions regarding the Resource Directory, contact Johnson County Social Services at 319-356-6090
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Last Updated ~ 02/28/2019

FINANCIAL ASSISTANCE

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| <p>General Assistance Johnson County Social Services 855 S Dubuque St – Suite 202B Iowa City IA 52240 www.johnson-county.com</p> | <p>General</p> | <p>319-356-6090 M-F 8-4:30 pm</p> | <p>Provides short-term monetary help to Johnson County residents in extreme financial crisis. Offers a safety net for those not eligible for other government programs. Financial assistance is available to address the following needs: rent, utilities, provisions, prescriptions and funeral expenses.</p> | <p>Eligibility Requirements ~ Contact program Documents ~ Contact program Fees ~ none</p> |
| <p>Veterans Affairs Johnson County Veterans Affairs 855 S Dubuque St - Suite 109C Iowa City IA 52240 www.johnson-county.com/dept_vets</p> | <p>Veteran</p> | <p>319-356-6049 M-F 8-4:30 pm</p> | <p>Connect Veterans with pertinent programs. May provide short-term monetary help to Johnson County Veterans in extreme financial crisis. Financial assistance is available to address the following needs: shelter, utilities, food, burial and medical/dental expenses.</p> | <p>Eligibility Requirements ~ Veteran status determined upon application Documents ~ DD-214 Discharge papers Fees ~ none</p> |
| <p>Financial Assistance Mercy Iowa City 500 E Market Street Iowa City IA 52245 www.mercyiowacity.org</p> | <p>General</p> | <p>319-887-2915 8-4:30 p.m.</p> | <p>Financial assistance for hospital bills is available based on federal poverty level guidelines</p> | <p>Eligibility Requirements ~ based on income criteria Documents ~ contact program Fees ~ none</p> |
| <p>Disability Benefits Social Security Administration 1100 6th Street - Suite 100 Coralville IA 52241 www.socialsecurity.gov</p> | <p>General</p> | <p>866-964-2039 M, T, TH, F 9:00-4:00 pm; W 9:00-12:00 pm</p> | <p>Social Security Disability Insurance (SSD or SSDI) is a government program managed by the Social Security Administration and designed to provide income supplements to people who are restricted in their ability to be employed because of a notable disability.</p> | <p>Eligibility Requirements ~ Contact program Documents ~ Contact program Fees ~ Contact program</p> |
| <p>Supplemental Security Income Social Security Administration 1100 6th Street - Suite 100 Coralville IA 52241 www.socialsecurity.gov</p> | <p>General</p> | <p>866-964-2039 M, T, TH, F 9:00-4:00 pm; W 9:00-12:00 pm</p> | <p>Supplemental Security Income (SSI) program pays benefits to disabled adults and children who have limited income and resources. SSI benefits also are payable to people 65 and older without disabilities who meet the financial limits.</p> | <p>Eligibility Requirements ~ Contact program Documents ~ Contact program Fees ~ Contact program</p> |

FOOD ASSISTANCE

| Name of Program/Provider | Focus Population | Phone Number & Hours | Services Provided | Eligibility Requirement, Documents Needed, Fees |
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| FOOD BANKS - PANTRIES | | | | |
| Coralville Food Pantry Coralville Community Food Pantry 1002 5th Street Coralville IA 52241 www.cefoodpantry.org/ | General | 319-337-3663 Tuesday 2-6 pm Thursday 10 am-Noon Saturday 10:30 am-1 pm | Coralville residents can receive food assistance once a week, with no limit on the number of weekly visits per year. Clients may choose the items which will work best for their family, with some limits on certain items based on family size. Provide non-perishable items as well as produce, bakery, meat, and dairy items. | Eligibility Requirements ~ Coralville resident Documents ~ Photo ID & proof of Coralville residency Fees ~ none |
| Food Bank Program CommUnity Crisis Services and Food Bank (formerly the Crisis Center) 1121 Gilbert Court Iowa City IA 52240 https://builtbycommunity.org/ | General | 319-351-0128 M, W & F 12-4:30 pm; Tues 12-7:00 pm; Thurs 9:30 AM-4:30 pm | Provides supplemental food assistance including non-perishables, perishables, baby items, and hygiene products, as well as other services such as clothing assistance, limited local transportation assistance, client mailing address assistance, and holiday/seasonal assistance. | Eligibility Requirements ~ must live in Johnson County Documents ~ none; first-time visitors should know their address and the names and birth dates of the people in their household Fees ~ none |
| Clear Creek Amana Community Food Pantry Grace United Methodist Church 300 W Marengo Road Tiffin IA 52340 www.tiffingraceumc.org <i>Note Location – 551 W Marengo Rd, Tiffin</i> | Clear Creek Amana School District | 319-545-2281 Monday 4-6:30 pm, Wednesday 2-4:00 pm, Thursday 8:30-11:00 am | Provide food, clothing and some toiletry items. A joint program of Clear Creek Amana School District and Grace United Methodist Church. <i>Located in the Clear Creek Amana Family Resource Center, building located between Clear Creek Amana High School and Clear Creek Amana Middle School</i> | Eligibility Requirements ~ target population is those living in the Clear Creek Amana Community School District Documents ~ address Fees ~ none |
| ICCompassion Food Pantry/Transportation Assistance ICCompassion 1035 Wade St Iowa City IA 52240 www.iccompassion.org | General | 319-330-9883 Wednesday 12-4:00 pm Thursday 5:30-7:00 pm | Food assistance and transportation assistance including bus passes and gas vouchers. Spanish speakers and Hispanic foods available. | Eligibility Requirements ~ preference to low income and eastside of Iowa City Documents ~ none Fees ~ none |
| Kalona Food Pantry United Christian Baptist Church 401 E Ave Kalona IA 52247 | Mid-Prairie School District | 319-656-5285 2 nd & 4 th Saturday of the month 9:00 am–10:30 am | Food Pantry offering food for those in need. One use per household. | Eligibility Requirements ~ resident of the Mid-Prairie School District Documents ~ Photo ID, energy/water bill Fees ~ none |

FOOD ASSISTANCE

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| Lone Tree Community Food Pantry United Presbyterian Church of Lone Tree 110 W Elm Street Lone Tree IA 52755 www.lonetreeiowachurch.com | Residents of Lone Tree or open enrolled in Lone Tree schools | 319-629-4900 M-Thurs 9-12:00 pm | Individuals and families can visit the pantry as often as 1 to 2 per month; only non-perishable food available. | Eligibility Requirements ~ Resident of Lone Tree area or open enrolled in Lone Tree School District Documents ~ none Fees ~ none |
| North Liberty Community Food Pantry North Liberty Community Pantry 89 N Jones Blvd North Liberty IA 52317 www.northlibertycommunitypantry.org | Rural & Small Communities | 319-626-2711 Monday 10-Noon Tuesday 10-Noon, 3-6:00 pm Wednesday 10-Noon Thursday 10-Noon, 3-6:00 pm Saturday 10-Noon | Individuals and families can visit the pantry as often as weekly to receive the food items that they need. They can receive non-perishable as well as fresh and frozen items. There are also some non-food items including detergent, toilet paper, and toiletries as available. | Eligibility Requirements ~ live in small towns in Johnson County - North Liberty, Swisher, Shueyville, Oxford, Tiffin, Solon, Hills, Lone Tree or rural area Documents ~ photo ID and current proof of residence (bill with current address) Fees ~ none |
| Food Bank Proteus 1548 Gilbert Street Iowa City IA 52240 www.proteusinc.net | Immigrant, Minority and Low-income | 1-800-397-9675 | Food Pantry offering food for those in need | Eligibility Requirements ~ serves immigrant, minority and low-income populations Documents ~ none Fees ~ none |
| Solon Community Food Pantry Solon United Methodist Church 122 N West St/ PO Box 344 Solon IA 52333 http://www.soloniaumc.org/resources/solon-community-food-pantry/ | General | 319-430-8655 Monday 2-6:00 pm | Weekly food resource for those in need. Individual appointments can be made between 1:00 and 3:00 PM on Mondays. Please call 319-430-8655 anytime to schedule an appointment. | Eligibility Requirements ~ resident of the Solon area Documents ~ none Fees ~ none |
| Hills St. Joseph Food Pantry St. Joseph Church 209 Brady Street Hills IA 52235 http://stjosephhills.webs.com/ | General | 319-679-2271 Wednesdays 10-Noon | Food Pantry offering food for those in need | Eligibility Requirements ~ none Documents ~ none Fees ~ none |
| DINING SITES | | | | |
| Free Hot Breakfast Agape Café 26 E Market Street Iowa City IA 52240 https://www.facebook.com/AgapeCafeAtOldBrick/ E-mail agapebreakfast@gmail.com | General | Wednesday Doors open at 6 am for coffee and pastries. Breakfast Served 7-8:30 am | Located at Old Brick Church ~ Patrons can count on having a good hot breakfast orderd off a menu and delivered to them by a waiter. Can have just about anything and all they want of it. | Eligibility Requirements ~none Documents ~ none Fees ~ none |

FOOD ASSISTANCE

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| Elderberry Café @ The Senior Center Elder Services Inc. 28 S Linn Street Iowa City IA 52240 www.elderservicesinc.org | Adult | 319-338-0515 M-F 11-12:30 pm | Congregate meal site located in the Iowa City Senior Center. No reservation required. Cost: Suggested contribution \$3.00 age 60+; \$5.00 under age 60. | Eligibility Requirements ~contact program Documents ~ contact program Fees ~ |
| Free Lunch Program Free Lunch Program 1105 S Gilbert Ct Iowa City IA 52240 www.icflp.org | General | 319-325-0652 Lunch Served Mon-Sat noon-1:00 pm | 6-day-a-week meal program. A hot nutritious meal is served through an open door, a full plate, no question asked environment. | Eligibility Requirements ~ none Documents ~ none Fees ~ none |
| Community Meal ICompassion 1035 Wade St Iowa City IA 52240 www.iccompassion.org | General | 319-330-9883 Wed night 5-6:00 pm | Free community meal for all | Eligibility Requirements ~ none Documents ~ none Fees ~ none |
| Lone Tree Senior Dining Congregate Meal Program 203 ½ N. Devoe St. Lone Tree, IA 52755 www.lonetreeiowa.com/lg_combuilding.htm | Adult Age 60+ | 319-629-5144 | The senior dining staff prepare hot, nutritious meals for the seniors in our community, and Nichols. Call by 10 am to make a reservation. | Eligibility Requirements ~ contact program Documents ~ contact program Fees ~For adults age 60+: \$3.50/ meal, for those under age 60, \$5.50/ meal. |
| Evening Meal The Salvation Army 1116 Gilbert Court Iowa City IA 52240 http://www.icsalvationarmy.org/iowacity/Feeding_Programs | General | Open M-Sun 3-5:00 pm Meal Served @ 4:00 pm | A hot meal is served 364 days a year. | Eligibility Requirements ~ none Documents ~ none Fees ~ none |
| Old Gold Dining Solon United Methodist Church 122 N West Street Solon IA 52333 http://www.soloniaumc.org/resources/solon-community-food-pantry/ | General | 319-624-2251 M-F at 11:30 am | Delicious meal and wonderful company at Solon United Methodist Church. Can also be delivered to your home. Menu is listed in the newspaper. | Eligibility Requirements ~ all ages, available to all. Documents ~ contact program Fees ~ \$3.25 |
| HOME DELIVERED MEALS | | | | |
| Meals on Wheels Elder Services, Inc. 2210-9 th St. #1 Coralville IA 52241 www.elderservicesinc.org | Adult Age 60+ | 319-338-0515 Noon Delivery Only | Meals on Wheels program offers the following meal options to homebound clients; hot meals, shelf stable meals, liquid meal supplements, breakfast bag (7 meals per bag), and frozen meals. | Eligibility Requirements ~ contact program Documents ~ contact program Fees ~ contact program |

FOOD ASSISTANCE

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| Rural Meal Delivery Elder Services, Inc. 2210-9 th St. #1 Coralville IA 52241 www.elderservicesinc.org | Adult | 319-338-0515 | Rural Meal Delivery program offers the following meal options to homebound rural residents; shelf stable meals, liquid meal supplements, breakfast bag (8 meals per bag), and frozen meals. | Eligibility Requirements ~ contact program Documents ~ contact program Fees ~ contact program |
| Old Gold Dining Solon United Methodist Church 122 N West Street Solon IA 52333 http://www.soloniaumc.org/resources/solon-community-food-pantry/ | General | 319-624-2251 M-F at 11:30 am | Home delivered meals are provided for those who are home bound and have difficulty preparing meals. Menu is listed in the newspaper. | Eligibility Requirements ~ all ages, available to all. Documents ~ contact program Fees ~ \$3.25 |
| ASSISTANCE PROGRAMS | | | | |
| Food Assistance ~ Supplemental Nutrition Assistance Program (SNAP) Department of Human Services Program (DHS) 855 S Dubuque Street – Suite 102 Iowa City IA 52240 www.dhs.iowa.gov/how-to-apply | General | 319-356-6050 M-F 8-4:30 pm | The Supplemental Nutrition Assistance Program (SNAP) (formerly Food Stamps) helps low-income people and families buy the food they need for good health. Benefits are provided via an electronic card that is accepted at most grocery stores. | Eligibility Requirements ~ The rules are complex, please contact program. Documents ~ Contact program Fees ~ contact program |
| WIC (Women, Infant & Children) Program Johnson County Public Health 855 S Dubuque Street - Suite 217 Iowa City IA 52240 www.johnson-county.com/health | Women & Children | 319-356-6042 Mon & Wed 8-6 pm; Tues, Thur, Fri 8-4:30 pm, 1 st Saturday of the month 8-12:00 pm | Program for pregnant, breastfeeding and postpartum women and their children to age 5 years. Provides: swipe card for nutritious foods obtained at grocery stores, provides formula (standard and special), health screening and education, nutrition screening & education, breastfeeding education & support, and referral to health, dental & social services. | Eligibility Requirements ~ 185% of poverty; live in Iowa; health or nutrition risk Documents ~ proof of identity, income, and residence (do not need to be a US citizen and no minimum amount of time in Iowa) Fees ~ none |
| Food Assistance Johnson County Veterans Affairs 855 S Dubuque St - Suite 109C Iowa City IA 52240 www.johnson-county.com/dept_vets | Veteran | 319-356-6049 M-F 8-4:30 pm | Connect Veterans with pertinent programs. May provide short-term monetary help to Johnson County Veterans in extreme financial crisis. Financial assistance is available to address the following needs: shelter, utilities, food, burial and medical/dental expenses. | Eligibility Requirements ~ Veteran status determined upon application Documents ~ DD-214 Discharge papers Fees ~ none |

HEALTH & DENTAL SERVICES

| Name of Program/Provider | Focus Population | Phone Number & Hours | Services Provided | Eligibility Requirement, Documents Needed, Fees |
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| DENTAL SERVICES | | | | |
| Free Dental Clinic Free Medical Clinic 2440 Towncrest Drive Iowa City IA 52240 www.freemedicalclinic.org/ | General | 319-337-4459 M-Thurs 9-4:00 pm Friday 9-12:00 pm | Provides a wide range of dental services possible to people in the Iowa City and surrounding community who would not otherwise have access to care. Services may include filling cavities, simple dental extractions and limited dental hygiene appointments. | Eligibility ~ contact program Documents ~ contact program Fees ~ contact program |
| College of Dentistry & Dental Clinics University of Iowa College of Dentistry 801 Newton Road Iowa City IA 52242 www.dentistry.uiowa.edu | General | Adults 319-335-7499 Children 319-335-7485 M-F 8-5:00 pm | Offers comprehensive dental care and referral for dental specialty services. The following providers may provide treatment: students, residents, or faculty. | Eligibility ~ contact program Documents ~ contact program Fees ~ contact program |
| Healthy Kids School-Based Health Clinic Iowa City Community School District 1725 N Dodge St Iowa City IA 52245 https://www.iowacityschools.org/Page/1164 | Youth Age 0-21 | 319-631-3204 M-F 8-5:00 pm | Provides no-cost primary health care and mental health care services to medically uninsured, underinsured or those who have trouble reaching care to Johnson County residents, ages 0-21, through high school graduation age. Works with community providers to provide dental and vision care | Eligibility Requirements ~ medically uninsured, underinsured or those who have trouble reaching primary care services. Must be residents of Johnson County. Ages 0-21, through graduation from high school. Documents ~ Parental consent and immunization record, if available Fees ~ none |
| I-Smile Johnson County Public Health 855 S Dubuque Street - Suite 217 Iowa City IA 52240 http://www.johnson-county.com/dept_health.aspx?id=4485 | Youth Age 0-21: Pregnant Women | 319-356-6042 Monday 8-4:30 pm Wednesday 9:30-6:00 pm | Registered Dental Hygienist provides dental screenings, personalized oral hygiene instruction, fluoride varnish applications and referrals to dental providers. | Eligibility Requirements ~ children ages 0-21 and pregnant women Documents ~ Parent/Guardian Consent Fees ~ none |
| I-Smile@School Johnson County Public Health 855 S Dubuque Street - Suite 217 Iowa City IA 52240 http://www.johnson-county.com/dept_health.aspx?id=4485 | Youth School-based Grades 2,3, 6 | 319-356-6042 Weeks throughout the school year | Registered Public Health Dental Hygienist provides dental screenings, dental sealants, fluoride varnish, and customized oral health education. | Eligibility Requirements ~ 2 nd , 3 rd , and 6 th grade students attending select schools in Johnson County Documents ~ Parent/Guardian consent Fees ~ none |

HEALTH & DENTAL SERVICES

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| Infant Oral Health Program Johnson County Public Health 855 S Dubuque Street - Suite 217 Iowa City IA 52240 http://www.johnson-county.com/dept_health.aspx?id=4485 | Youth Age 0-3 4 & 5 year olds, if enrolled in Head Start | 319-356-6042 Thursday 9:30-3:30 pm | Program designed to prevent cavities in early childhood and educate parents on preventive dental care for children. | Eligibility Requirements ~ children birth to 4 years of age Documents ~ Parent/Guardian consent Fees ~ none |
| END OF LIFE CARE & ASSISTANCE | | | | |
| Hospice Services Iowa City Hospice 1025 Wade Street Iowa City IA 52240 www.iowacityhospice.org | General | 319-351-5665 M-F 8-5:00 pm | Provides hospice services to anyone affected by a terminal illness. Iowa City Hospice is dedicated to offering services to everyone regardless of an individual's ability to pay. | Eligibility ~ contact program Documents ~ contact program Fees ~ contact program |
| Advance Care Planning – Honoring Your Wishes Iowa City Hospice 1025 Wade Street Iowa City IA 52240 www.iowacityhospice.org | Adult | 319-351-5665 M-F 8-5:00 pm | Advance care-planning process where individuals' health care preferences are discussed and documented. Advance care planning is a process for people to make informed decisions about healthcare preferences based upon their values and beliefs. | Eligibility ~ contact program Documents ~ contact program Fees ~ contact program |
| Bereavement Support & Counseling Iowa City Hospice 1025 Wade Street Iowa City IA 52240 www.iowacityhospice.org | General | 319-351-5665 M-F 8-5:00 pm | Following a death, Iowa City Hospice bereavement staff is available to support family members and friends throughout the grieving process. Iowa City Hospice offers a variety of grief support services including support groups, grief education, and special events. For detailed information, please visit our website. | Eligibility ~ anyone who is grieving the loss of a loved one Documents ~ contact program Fees ~ contact program |
| Honoring Your Wishes Iowa City/Johnson County Senior Center 28 S Linn Street Iowa City IA 52240 www.icgov.org/senior | General | 319-356-5220 Weekday morning and afternoon appointments available year round. | Advance care planning is a process for you to understand and discuss goals for future healthcare decisions in the context of your values and beliefs; and produce or update a written plan (i.e. an advance directive) that accurately represents your preferences and prepares others to make healthcare decisions consistent with these preferences. | Eligibility Requirements ~ contact program Documents ~ contact program Fees ~ none |
| Long Term Dementia Care Services Windmill Manor 2332 Liberty Dr Coralville IA 52241 http://www.windmillmanor.com/ | Adult | 319-545-7390 24 hours/7 days | Secured Alzheimer's Dementia Unit for long term care residents | Eligibility Requirements ~ dementia diagnosis and doctors order to be admitted to the facility Documents ~ Doctor's order Fees ~ contact program |

HEALTH & DENTAL SERVICES

| FINANCIAL ASSISTANCE – HEALTH CARE COVERAGE, ADVOCACY & REFERRAL | | | | |
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| Health Care Coverage Affordable Care Act Health Insurance Marketplace Apply & Enroll online at www.HealthCare.gov | General | Help Center 1-800-318-2596 | Primary goal is to help uninsured Americans gain access to quality, affordable health care. Through the Marketplace, eligible Americans will be able to enroll in a free or affordable health plan. Plans must treat everyone fairly and may not deny anyone due to a pre-existing condition. | Ask for assistance at any Local Access Point ~ Planned Parenthood of the Heartland 319-535-2679 Johnson County Social Services 319-356-6090 Department of Human Services 319-356-6050 |
| Health Care Coverage – Medicaid and Iowa Health & Wellness Health Care Department of Human Services 855 S Dubuque Street - Suite 102 Iowa City IA 52240 http://dhs.iowa.gov/how-to-apply | General | 319-356-6050 M-F 8-4:30 pm | Medicaid and Iowa Health & Wellness Health care coverage. | Eligibility Requirements ~ contact program Documents ~ contact program Fees ~ none |
| Medicaid Fraud Hotline Department of Human Services 855 S Dubuque Street - Suite 102 Iowa City IA 5224 http://dhs.iowa.gov/report-abuse-and-fraud | General | 1-800-831-1394 M-F 7–6:00 pm | Report suspected Medicaid and Welfare fraud by calling 1-800-831-1394 , available Monday – Friday 7:00am to 6:00pm. You may also report suspected fraud to the US Department of Health and Human Services at the Office of Inspector General website . | |
| Health & Dental Care Coverage for Uninsured Kids hawk-i (Healthy and Well Kids in Iowa) www.hawk-i.org | Youth Age 18 & under | 1-800-257-8563 M-F 8-6:00 pm | Offers health & dental care coverage for uninsured children of working families. No family pays more than \$40 a month. | Eligibility Requirements ~ Under 19 years old, citizen of the United States or a qualified alien, meet the income guidelines. Documents ~ contact program Fees ~ contract program |
| Senior Health Insurance Information Program Heritage Area Agency on Aging 6301 Kirkwood Boulevard Cedar Rapids IA 52404 http://www.heritageaaa.org/ | Adult - Age 65+ | 1-866-468-7887 M-F 8-5:00 pm | Trained volunteers help older adults to understand their Medicare benefits and rights; assess their needs to that they can make informed decisions about health insurance; compare and evaluate Medicare supplement and long term care insurance policies; organize medical bills, Medicare statements and file claims; and find assistance from other agencies, including Medicaid, when or if it's appropriate. | Eligibility Requirements ~ Persons 65+ Documents ~ contact program Fees ~ none |

HEALTH & DENTAL SERVICES

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| Senior Health Insurance Information Program (SHIIP) Iowa City/Johnson County Senior Center 28 S Linn Street Iowa City IA 52240 www.icgov.org/senior | Adult – age 62+ | 319-356-5220 Weekday morning and afternoon appointments available year round. | SHIIP counselors can help you find answers to your questions about Medicare, Medicare supplemental insurance, long term care insurance, Part D for Medicare Drug Benefits, Part C for Advantage plans, and other health insurance issues. | Eligibility Requirements ~ contact program Documents ~ Medicare card; prescription drug information or bottles (necessary information includes: full name of prescription drugs, whether it is a brand name or generic, dosage, and frequency) Fees ~ none |
| Information & Referral Line Iowa Compass 100 Hawkins Drive #S295 Iowa City IA 52242 www.iowacompass.org | Disabled | 800-779-2001 M-F 8-5:00 pm | Iowa Compass has information about programs and services for Iowans with disabilities, their families, and service providers. Access thousands of unique local, state, and national programs for people with complex health related conditions and disabilities. Call, e-mail, or search the website for answers to your disability-related questions. | Eligibility Requirements ~ Contact program Documents ~ none Fees ~ none |
| Informing & Care Coordination Services Johnson County Public Health 855 S Dubuque Street - Suite 217 Iowa City IA 52240 http://www.johnson-county.com/dept_health.aspx?id=4485 | Youth | 319-356-6045 M-F 8-4:30 pm | Assistance in applying for health insurance for children through Medicaid or hawk-i; referrals for physical exams; scheduling medical/dental appointments; obtaining a medical home; and inform of eligible Medicaid services. | Eligibility Requirements ~ live in Iowa Documents ~ contact program Fees ~ none |
| Maternal Health Program Johnson County Public Health 855 S Dubuque Street - Suite 217 Iowa City IA 52240 http://www.johnson-county.com/dept_health.aspx?id=4485 | Pregnant Women | 319-356-6042 Appointments Mondays 8:00 am - 2:00 pm, Tuesdays 8am-12:30 pm | Provides health education, screenings, assistance obtaining Medicaid, dental screenings/ fluoride and assistance with selection/ appointments with physician and dentist. | Eligibility Requirements ~ pregnant and live in Iowa Documents ~ none Fees ~ none |
| Focus on Youth Fund Johnson County Social Services 855 S Dubuque Street – Suite 202B Iowa City IA 52240 http://www.johnson-county.com/dept_soc_ser.aspx?id=247 | Youth Age 18 & under | 319-356-6090 M-F 8-4:30 pm | Able to fund service gaps when insurance or other programs don't cover all of the family's needs or expenses. May help cover the costs of services, such as screenings, assessments & evaluations, prescription medication, therapy and respite care. Eligibility is based on child's diagnosis. | Eligibility Requirements ~ based on income criteria; child must be diagnosed with emotional or behavioral disturbance; Johnson County resident. Documents ~ contact program Fees ~ none |
| Financial Assistance Mercy Iowa City 500 E Market Street Iowa City IA 52245 http://www.mercyiowacity.org/ | General | 319-887-2915 M-F 8-4:30 pm | Financial assistance for hospital bills is available based on federal poverty level guidelines | Eligibility Requirements ~ based on income criteria Documents ~ contact program Fees ~ none |

HEALTH & DENTAL SERVICES

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| SHIP State Health Insurance Assistance Program http://www.therightcalliowa.gov/ | General | 1-800-351-4664 | Provides free, in depth, one-on-one insurance counseling and assistance to Medicare beneficiaries, their families, friends, and caregivers. | Eligibility Requirements ~ contact program Documents ~ contact program Fees ~ contact program |
| Medicare Benefits Social Security Administration 1100 6th Street - Suite 100 Coralville IA 52241 http://www.socialsecurity.gov/ | Adult Age 62+ | 866-964-2039 M, T, TH, F 9-4:00 pm; Wednesday 9-12:00 pm | Medicare is a federal health insurance program for people age 65 or older. The program helps with the cost of health care. A person must apply for the program through the Social Security Office. | Eligibility Requirements ~ contact program Documents ~ contact program Fees ~ contact program |
| MEDICAL EQUIPMENT – ASSISTIVE DEVICES | | | | |
| Legal Advocacy for Assistive Devices Iowa Compass 100 Hawkins Drive #S295 Iowa City IA 52242 www.iowacompass.org | Disabled | 800-779-2001 M-F 8-5:00 pm | Help resolve funding questions provide legal advocacy service for problems acquiring assistive devices. | Eligibility Requirements ~ none Documents ~ none Fees ~ none |
| Used Equipment Referral Service Iowa Compass 100 Hawkins Drive #S295 Iowa City IA 52242 www.iowacompass.org | Disabled | 877-686-0032 M-F 8-5:00 pm | Connect buyers and sellers of used assistive devices. | Eligibility Requirements ~ none Documents ~ none Fees ~ none |
| decolletage University of Iowa Community HomeCare 2949 Sierra Ct SW Iowa City IA 52240 http://www.uicommunityhomecare.org | General | 319-333-0663 M-F 8:30-5:30 pm Saturday 10-2:00 pm | Post mastectomy breast forms and bras | Eligibility Requirements ~ determined by insurance Documents ~ demographic information, insurance information and Doctor's orders Fees ~ Insurance accepted |
| Home Infusion & Durable Medical Equipment University of Iowa Community HomeCare 2949 Sierra Ct SW Iowa City IA 52240 http://www.uicommunityhomecare.org | General | 319-337-8522 M-F 8-5:00 pm with 24 hour on call | Provides intravenous medications, oxygen and medical equipment in the home | Eligibility Requirements ~ varies by needs Documents ~ demographic information, insurance information and Doctor's orders Fees ~ Insurance accepted |

HEALTH & DENTAL SERVICES

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| <p>Philips Lifeline Personal Response System Visiting Nurse Association of Johnson County 1524 Sycamore St Iowa City IA 52240 http://www.vnaic.org/</p> | <p>General</p> | <p>319-337-9686 X1102 M-F 8-5:00 pm: Nurse on call 24/7 for patient concerns</p> | <p>No one is fully alone with Philips Lifeline medical alert solutions – 24/7 help is just a button away. Philips Lifeline can connect you to the right help for the situation, 24 hours a day, 365 days a year at the push of a button. Whether you need emergency services or just the assistance of a family member or friend to help you get back on your feet.</p> | <p>Eligibility Requirements ~ Johnson County resident Documents ~ contact program Fees ~ varied depends on service you choose</p> |
| <p>HEALTH CARE SERVICES</p> | | | | |
| <p>Free & confidential pregnancy tests Birthright of Iowa City 310 E. Burlington Street - Suite 1 Iowa City IA 52240 www.birthright.org/iowacity</p> | <p>General</p> | <p>319-338-8665 M, Th & F 12-2:00 pm Call ahead to verify</p> | <p>Accurate pregnancy test via urine sample as early as 7-10 days from conception</p> | <p>Eligibility Requirements ~ none Documents ~ none Fees ~ services are free and confidential</p> |
| <p>Eye Exams and Eyeglasses CommUnity Crisis Services and Food Bank (formerly the Crisis Center) 1121 Gilbert Court Iowa City IA 52240 https://builtbycommunity.org/</p> | <p>General</p> | <p>319-351-0128 M, W & F 12-4:30 pm; Tuesday 12-7:00 pm; Thursday 9:30-4:30 pm</p> | <p>Four referrals available each month through the Lenscrafter's OneSight program on a first-come, first-serve basis. Recipients must need an eye exam for a new prescription in addition to needing eyeglasses. Non-qualifying applicants will be referred to other resources.</p> | <p>Eligibility Requirements ~ Johnson County resident, Age 18 or over, Not a Military Veteran and not Medicaid covered. Documents ~ contact program Fees ~ none</p> |
| <p>Health Care Services Emma Goldman Clinic 227 N. Dubuque St Iowa City IA 52245 www.Emmagoldman.com</p> | <p>General</p> | <p>319-337-2112 M-F 9-5:00 pm Some Saturdays (please call first)</p> | <p>Reproductive Health Care. STI Testing, HIV screening, including PEP and PrEP, first and second trimester abortion services, flu shots, UTI screening, Reproductive health care for individuals with diverse expressions of gender and identity.</p> | <p>Eligibility Requirements ~ Contact program Documents ~ Contract program Fees ~ based on insurance coverage and income, some subsidies available</p> |
| <p>Free Medical Clinic Free Medical Clinic 2440 Towncrest Drive Iowa City IA 52240 www.freemedicalclinic.org/</p> | <p>General</p> | <p>319-337-4459 M-Thurs 9-4:00 pm Friday 9-12:00 pm</p> | <p>Provide a wide range of medical and dental services possible to people in the Iowa City and surrounding community who would not otherwise have access to care.</p> | <p>Eligibility ~ contact program Documents ~ contact program Fees ~ program</p> |
| <p>Healthy Kids Community Care School-Based Health Clinic Iowa City Community School District 1725 N Dodge St Iowa City IA 52245 http://www.iowacityschools.org/pages/ICCS/Departments/Health_Services/Healthykids</p> | <p>Youth Age 0-21</p> | <p>319-631-3204 M-F 8-5:00 pm</p> | <p>Provides no-cost primary and mental health care services to medically uninsured, underinsured or who otherwise not have access to health care or face other barriers. Work with area and community providers to provide well care, sick care, sports physicals, immunizations, and referrals. Helps connect families to resources within the Iowa City Community School District and to area agencies for ongoing needs or support.</p> | <p>Eligibility Requirements ~ medically uninsured, underinsured or those who have trouble reaching primary and mental health care services. Must be residents of Johnson County. Ages 0-21, through graduation from high school. Documents ~ ID or passport and immunization record, if available Fees ~ none</p> |

Information is subject to change without notice, please contact the agency directly regarding services.
 For questions regarding the Resource Directory, contact Johnson County Social Services at 319-356-6090
DISCLAIMER: Johnson County does not endorse nor is responsible for the conduct of any organization.

Last Updated ~ 02/28/2019

HEALTH & DENTAL SERVICES

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| Free & Confidential HIV/ Hepatitis C Testing, Johnson County Public Health 855 S Dubuque St Ste 217 Iowa City IA 52240 | General | 319-356-6040 M-F 8-4:30 pm | Offers walk-in free and confidential HIV and Hepatitis Ce testing services. | Eligibility ~ All persons are eligible. Documents ~ none Fees ~ none |
| Mercy On Call Mercy Iowa City 500 E Market Street Iowa City IA 52245 http://www.mercyiowacity.org/ | General | 319-358-2767 7 a.m. to midnight, seven days a week | Free telephone service staffed by registered nurses, providing nurse triage, physician referral, health information and program registration | Eligibility Requirements ~ none Documents ~ none Fees ~ none |
| Emergency Care Unit Mercy Iowa City 500 E Market Street Iowa City IA 52245 http://www.mercyiowacity.org/ | General | 319-339-3600 24 hours/365 days | Emergency medical services for all ages on a walk-in basis | Eligibility Requirements ~ none Documents ~ none Fees ~ variable; financial assistance available |
| Reproductive Health Care, Sex Education, and Information Planned Parenthood 850 Orchard St Iowa City IA 52246 https://www.plannedparenthood.org/ | General | 877-811-7526 Monday 9-4:00 pm Tues & Wed 8-4:00 pm Thursday 12-8:00 pm Friday 9-5:00 pm | Health Care, HIV testing, Sexually Transmitted Disease (STD) testing, treatment, and vaccines, pregnancy testing & services, Lesbian Bisexual Gay & Transgender (LBGT) services, birth control, morning-after pill (emergency contraception), abortion services (by appointment only) | Eligibility Requirements ~ Please call for more information Documents ~ Please call for more information Fees ~ Please call for more information |
| Migrant Health Program & Health Screenings Proteus 1548 Gilbert Street Iowa City IA 52240 www.proteusinc.net | Immigrant, Minority and Low-income | 800-397-9675 | Patients are seen at mobile clinics, in-house clinics and on an individual basis by a Proteus contracted licensed medical professional. Also able to provide vouchers for other health services, such as speciality providers, dentists and vision experts. Bilingual community health aides may provide transportation and interpretation services. | Eligibility Requirements ~ serves immigrant, minority and low-income populations Documents ~ none Fees ~ Sliding fee schedule based on income |
| AIDS/ HIV Clinic UIHC 200 Hawkins Dr Iowa City IA 52242 | General | 319-356-8133 M-F 8-4:30 pm | The AIDS/HIV Program uses a multidisciplinary approach to provide comprehensive HIV care including adherence counseling/medication counseling, clinical trials, education, financial programs, psychiatry services, referrals to HIV-experienced professionals, satellite clinic in Waterloo, and social services. | Eligibility ~ Please call for more information. Documents ~ Please call for more information. Fees ~ Please call for more information. |
| Mobile Health Clinic University of Iowa Mobile Clinic McCowen Community 1160 MERF Iowa City, IA 52242 iowamobileclinic.org | General | Please see website for most current clinic hours and contact information. | The Mobile Clinic is an interdisciplinary health sciences student organization founded to provide free health screening, prevention, education and basic health services to underserved populations in and around Iowa City | Eligibility ~ contact program Documents ~ contact program Fees ~ none |

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Last Updated ~ 02/28/2019

HEALTH & DENTAL SERVICES

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| <p>Home Care Aide Services Visiting Nurse Association of Johnson County 1524 Sycamore St Iowa City IA 52240 http://www.vnaic.org/</p> | <p>General</p> | <p>319-337-9686 M–F 8-5:00 pm: Nurse on call 24/7 for patient concerns</p> | <p>Skilled home health aides help elders, older adults, convalescent or disabled persons live in their own homes instead of in a healthcare facility. May assist discharged hospital patients who have relatively short-term needs. Under the direction of our nursing staff, provides health-related services, such as administering oral medications, help with simple prescribed exercises, and help patients to move from bed, bathe, dress and groom.</p> | <p>Eligibility Requirements ~ Johnson County resident. Persons who need more extensive care than family or friends can provide. Documents ~ contact program Fees ~ Medicare and Medicaid Certified. Most insurances also accepted. Individuals without third party payers pay privately on a sliding scale fee based on income and assets.</p> |
| <p>Skilled Nursing In-Home Care Visiting Nurse Association of Johnson County 1524 Sycamore St Iowa City IA 52240 http://www.vnaic.org/</p> | <p>General</p> | <p>319-337-9686 M–F 8-5:00 pm: Nurse on call 24/7 for patient concerns</p> | <p>Skilled nurses monitor a person's vital signs, blood pressure, heart rate, medication and any special diet. Help control the impact of acute and chronic illnesses such as diabetes and heart disease as well as help reduce the complications caused by wounds and ostomies. Also able to arrange for additional services if needed through our other programs.</p> | <p>Eligibility Requirements ~ Johnson County resident Documents ~ contact program Fees ~ Medicare and Medicaid Certified. Most insurances also accepted. Individuals without third party payers pay privately on a sliding scale fee based on income and assets.</p> |
| <p>Maternal/ Infant/ Child Nursing Services Visiting Nurse Association of Johnson County 1524 Sycamore St Iowa City IA 52240 http://www.vnaic.org/</p> | <p>Pregnant Women & Children</p> | <p>319-337-9686 M–F 8-5:00 pm: Nurse on call 24/7 for patient concerns</p> | <p>A highly skilled obstetrical and pediatric nurse provides home care services to women with high-risk pregnancies, premature infants, and early maternity discharge. A nurse intervenes at critical junctures in a family's life, such as with high-risk prenatal and postpartum care, high-risk infants, including prematurity, infants with cardiac anomalies, infants with feeding problems, breastfeeding difficulties, early maternity discharge visits, C-Section wound care, high-risk teen moms and infants with respiratory problems</p> | <p>Eligibility Requirements ~ Johnson County resident Documents ~ contact program Fees ~ Medicare and Medicaid Certified. Most insurances also accepted. Individuals without third party payers pay privately on a sliding scale fee based on income and assets.</p> |
| <p>Physical & Occupational Therapy In-Home Care Visiting Nurse Association of Johnson County 1524 Sycamore St Iowa City IA 52240 http://www.vnaic.org/</p> | <p>General</p> | <p>319-337-9686 M–F 8-5:00 pm: Nurse on call 24/7 for patient concerns</p> | <p>Physical and Occupational Therapists will work closely with the patient, family and physician to develop a rehabilitation care plan that meets each patient's unique needs. Some diagnoses that would benefit from in-home rehabilitation are: Amputation, Developmental Delays, Arthritis, Failure to Thrive, Brain Injury, History of Falls, Cancer, Joint Replacement, Cardiac Surgeries, Multiple Sclerosis, Congestive Heart Failure, Spinal Cord Injuries, COPD, Stroke</p> | <p>Eligibility Requirements ~ Johnson County resident Documents ~ contact program Fees ~ Medicare and Medicaid Certified. Most insurances also accepted. Individuals without third party payers pay privately on a sliding scale fee based on income and assets.</p> |
| <p>Post Acute Rehabilitation Services Windmill Manor 2332 Liberty Dr Coralville IA 52241 http://www.windmillmanor.com/</p> | <p>Adult</p> | <p>319-545-7390 24 hours/7 days</p> | <p>An individual rehabilitation program designed to help restore strength along with improving functions of daily living. Program provides services such as physical therapy, occupational therapy and speech therapy.</p> | <p>Eligibility Requirements ~ contact program Documents ~ contact program Fees ~ based on type of therapies required and duration</p> |

HEALTH & DENTAL SERVICES

| HEALTH EDUCATION | | | | |
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| Health Education United Action for Youth 410 Iowa Ave Iowa City IA 52240 unitedactionforyouth.org | Families | 319-338-7518 M-F 9-5:00 pm | Health Educator who works with community educators, youth, parents and community members to promote health and wellness within Johnson and Iowa Counties. | Eligibility Requirements ~ services open to local schools and teens/families Documents ~ contact program Fees ~ none |
| Teen Parent Services United Action for Youth 410 Iowa Ave Iowa City IA 52240 unitedactionforyouth.org | Parent Age 21 & Under | 319-338-7518 M-F 9-5:00 pm | Serves pregnant and/or parenting young women, 21 years old and younger. Tailors family support services to meet the individual needs of program participants through a strength-based, family-focused approach. Family support workers provide in-home parent skill building and child development education utilizing parents as teachers, a curriculum focused on parents being the first and most important teacher in their child's life. | Eligibility Requirements ~ Teen Parents 21 and under. Johnson County resident Documents ~ contact program Fees ~ none |
| Ryan White HIV Clinic UIHC - Ryan White HIV Clinic 200 Hawkins Dr Iowa City IA 52242 | General | 319-356-8132 M-F 8-4:30 pm | Uses a multi-disciplinary approach to provide comprehensive HIV care including primary medical care, treatment, education & information, social services & community referrals | Eligibility Requirements ~ HIV positive Documents ~ depends on service needed Fees ~ depends on insurance |
| Skilled Nursing In-Home Care Visiting Nurse Association of Johnson County 1524 Sycamore St Iowa City IA 52240 http://www.vnaic.org/ | General | 319-337-9686 M-F 8-5:00 pm: Nurse on call 24/7 for patient concerns | Skilled nurses monitor a person's vital signs, blood pressure, heart rate, medication and any special diet. Teach self-care techniques for asthma, diabetes, stroke, heart and respiratory conditions, wounds, ostomies and catheters. Also able to arrange for additional services if needed through our other programs. | Eligibility Requirements ~ Johnson County resident Documents ~ contact program Fees ~ Medicare and Medicaid Certified. Most insurances also accepted. Individuals without third party payers pay privately on a sliding scale fee based on income and assets. |
| HEALTH PREVENTION | | | | |
| Immunizations Johnson County Public Health 855 S Dubuque Street - Suite 217 Iowa City IA 52240 http://www.johnson-county.com/dept_health.aspx?id=4485 | General | 319-356-6045 Appointments: Wednesdays 9am-4:30pm; 1 st Saturday 8-11 am | Vaccines for children and adults; limited travel vaccines | Eligibility Requirements ~ call for details Documents ~ record of previous immunizations Fees ~ free to children who qualify; accept private insurance for children and adults. Call for details. |
| Community Foot Care Clinics Visiting Nurse Association of Johnson County 1524 Sycamore St Iowa City IA 52240 http://www.vnaic.org/ | General | 319-337-9686 Varies - call for details | Foot care clinics are held at four locations in Johnson County. Please call the phone number shown for information and to make an appointment. | Eligibility Requirements ~ Johnson County resident Documents ~ contact program Fees ~ cost of foot care at the clinic is \$12.00. |

HEALTH & DENTAL SERVICES

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| Community Health Promotion Clinics Visiting Nurse Association of Johnson County 1524 Sycamore St Iowa City IA 52240 http://www.vnaic.org/ | Adult | 319-337-9686 Varies - call for details | Health promotion clinics are held at senior sites throughout Johnson County. Blood pressure, pulse rate, glucose, weight and Body Mass Index checks are available along with health information. Cholesterol screenings are available once a month. | Eligibility Requirements ~ Johnson County resident Documents ~ contact program Fees ~ charge for Cholesterol and Glucose Screenings |
| Community Stepping On Fall Prevention Workshops Visiting Nurse Association of Johnson County 1524 Sycamore St Iowa City IA 52240 http://www.vnaic.org/ | Adult | 319-337-9686 Workshop times vary. Please contact program for information | Seven-week workshop program for independent community-dwelling older adults who have fallen, are at risk of falling or who have a fear of falling. | Eligibility Requirements ~ Johnson County resident Documents ~ contact program Fees ~ Please call our office for information |
| Community Wellness Clinics- Senior Center Health Suite Visiting Nurse Association of Johnson County 1524 Sycamore St Iowa City IA 52240 http://www.vnaic.org/ | Adult | 319-337-9686 Mon, Wed & Fri 11– 1:00 pm | Provides Quick Check Health Screenings at the Iowa City Senior Center, 28 S Linn St, Iowa City. Services include, Foot Clinic, blood sugar screening, cardiac risk & cholesterol screening, Influenza and Pneumonia Vaccination (Oct-Dec), Health Information Brochures available **Some charges may apply | Eligibility Requirements ~ Johnson County resident Documents ~ contact program Fees ~ varied depends on program attended |
| PRESCRIPTION ASSISTANCE | | | | |
| GlaxoSmithKline http://www.gskforyou.com/ | 877-331-0362 Online 24 hours per day, 7 days per week. Available by phone Monday through Friday, hours vary. | | Offer free or nearly free GlaxoSmithKline drugs to individuals based on income. Offer prescription assistance programs. Offer savings on certain prescription medications, as well as information about medications. | Please visit the website for program information |
| Iowa Drug Card A free prescription card can be printed from http://www.iowadrugcard.com/index.php | 877-507-5445 Assistance available 24 hours per day, 7 days per week. | | Iowa Drug Card is a free discount prescription assistance program for all Iowa residents. The program is accepted at all major pharmacies and covers generic and name brand medications. | There are no eligibility requirements for this program. Please visit the website for program information |
| Johnson County NACo Prescription Discount Card Program Johnson County Social Services 855 S Dubuque Street – Suite 202 Iowa City IA 52240 www.johnson-county.com | 319-356-6090 M-F 8-4:30 PM | | With the Johnson County prescription card, free to county residents, you can save money on many of your prescriptions purchases. | Any Johnson County resident without prescription coverage can use this program. Even if you have insurance for prescription drugs, you may still benefit for the discount card |

HEALTH & DENTAL SERVICES

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| <p>Merck</p> <p>http://www.merckhelps.com/</p> | <p style="text-align: center;">888-477-2669</p> <p style="text-align: center;">Online 24 hours per day, 7 days per week. By phone M-F 7:00 AM to 7:00 PM.</p> | <p>Prescription assistance for individuals with limited or no insurance, based on qualifications. Medicare prescription assistance program. Vaccine assistance program to adults age 19 and older, without health insurance</p> | <p>Please visit the website for program information</p> |
| <p>Partnership for Prescription Assistance</p> <p>https://www.pparx.org/</p> | <p style="text-align: center;">888-477-2669</p> <p style="text-align: center;">Online 24 hours per day, 7 days per week. By phone M-F 8:00 AM to 10:00 PM.</p> | <p>An industry program that offers a single point of access to more than 475 patient assistance programs, including nearly 200 programs offered by biopharmaceutical companies. Helps qualifying patients without prescription drug coverage get medicines they need for free or nearly free.</p> | <p>Please visit the website for program information</p> |
| <p>Pfizer</p> <p>http://www.pfizerrxpathways.com/?step=1</p> | <p style="text-align: center;">866-706-2400</p> <p style="text-align: center;">Online 24 hours per day, 7 days per week. By phone M-F 7:00 AM to 7:00 PM.</p> | <p>Many different programs are available, depending on age, income, and whether or not individual has insurance coverage for prescriptions.</p> | <p>Please visit the website for program information</p> |
| <p>Together Rx</p> <p>http://www.togetherrxaccess.com/p/prescription-savings</p> | <p style="text-align: center;">800-444-4106</p> <p style="text-align: center;">Online 24 hours per day, 7 days per week. Call center representative available to assist Monday through Friday from 9:00 AM to 5:00 PM (Eastern Standard time). All other times, an automated system will assist in enrollment.</p> | <p>Savings may vary depending on the pharmacy's customary pricing for each specific product and the savings program offered by the participating company that makes it. Participating companies independently set the level of savings offered and the products included in the program. In order to be eligible for Together Rx, you may not have prescription drug coverage and/or Medicare.</p> | <p>Please visit the website for program information</p> |

HOUSING ASSISTANCE

| Name of Program/Provider | Focus Population | Phone Number & Hours | Services Provided | Eligibility Requirement, Documents Needed, Fees |
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| FINANCIAL ASSISTANCE | | | | |
| Emergency Assistance Program CommUnity Crisis Services and Food Bank (formerly the Crisis Center) 1121 Gilbert Court Iowa City IA 52240 https://builtbycommunity.org/ | General | 319-351-0128 M, W & F 12-4:30 pm; Tues 12-7:00 pm; Thurs 9:30 am-4:30 pm | Emergency financial assistance available for a variety of needs, including housing and utilities. Call for more details about what is available and how to apply. | Eligibility Requirements ~ must live in Johnson County Documents ~ varies by type of assistance being requested. Fees ~ none |
| Affordable Rental Homes The Housing Fellowship 322 E 2 nd Avenue Iowa City IA 52240 www.housingfellowship.com/Content/Programs/Affordable-Rental-Homes.aspx | Related Households | 319-358-9212 M-F 8:30-4:00pm | Owns and manages 163 rental homes. The homes are mix of housing types and are scattered through Iowa City, North Liberty and Coralville. Housing choice vouchers accepted. Must meet tenant selection criteria. | Eligibility Requirements ~ Contact program Documents ~ Contact program Fees ~ \$25.00 non-refundable application fee |
| Security Deposit Loan Program The Housing Fellowship 322 E 2 nd Avenue Iowa City IA 52240 www.housingfellowship.com/Content/Programs/Security-Deposit-Loan-Program.aspx | General | 319-358-9212 M-F 8:30-4:00pm | Provides no-interest loans for security deposits. The program is based on a revolving fund of money, allowing loans to be made as payments are received. Security deposit loan is \$400.00. Loan payments are made at Hills Bank. | Eligibility Requirements ~ contact program Documents ~contact program: in-person application only Fees ~ \$35.00 non-refundable application fee |
| Affordable Housing Iowa City Housing Authority 410 E Washington Street Iowa City IA 52240 www.icgov.org/icha | Elderly, Disabled, and Families with children under the age of 18 | 319-356-5400 | Assist low-income families to acquire and maintain affordable housing through rental and ownership programs. Rental assistance includes the Housing Choice Voucher, Veteran's Supportive Housing and Public Housing Programs. Homeownership opportunities exist through the Housing Choice Voucher Homeownership Program. | Eligibility Requirements ~ family must be within the federally established income guidelines. Documents ~ contact program Fees ~ None |

HOUSING ASSISTANCE

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| Landlord/Tenant Rental Issues Iowa Legal Aid Iowa City Regional Office 1700 S 1 st Avenue Iowa City IA 52240 http://www.iowalegalaid.org/issues/using | General | 1-800-532-11275 | Free legal help for eligible low-income Iowans. Assistance with landlord/tenant issues such as eviction for non-payment of rent, eviction for clear and present danger, rising of rental amount, landlord's responsibilities regarding repairs, ending a rental agreement and return of rental security deposit. | Eligibility Requirements ~ income and asset guidelines, based on the size of the household. Documents ~ contact program Fees ~ contact program |
| Habitat for Humanity Housing Project Iowa Valley Habitat for Humanity 2401 Scott Blvd. SE Iowa City IA 52240 iowavalleyhabitat.org | General | 319-337-8949 | Devoted to building simple, decent, affordable housing. Homeowners are expected to put "sweat equity" into their project homes. Once construction on the home is finished and sweat equity completed in full, the homeowner purchases the home with a low interest mortgage. | Eligibility Requirements ~ First-time homeowner; families must meet income guidelines and be select for the program. Documents ~ contact program Fees ~ contact program |
| General Assistance Johnson County Social Services 855 S Dubuque St – Suite 202B Iowa City IA 52240 www.johnson-county.com | General | 319-356-6090 M-F 8-4:30 pm | Provides short-term monetary help to Johnson County residents in extreme financial crisis. Offers a safety net for those not eligible for other government programs. Financial assistance may be available to address rent & utility expenses. | Eligibility Requirements ~ Contact program Documents ~ Contact program Fees ~ none |
| Veterans Affairs Johnson County Veterans Affairs 855 S Dubuque St - Suite 109C Iowa City IA 52240 http://www.johnson-county.com/dept_vets.aspx?id=115 | Military Veteran | 319-356-6049 M-F 8:00-4:30 pm | Provides short-term monetary help to Johnson County residents who are military veterans and in extreme financial crisis. Offers a safety net for those not eligible for other government programs. Financial assistance may be available to address rent & utility expenses. | Eligibility Requirements ~ Veteran status determined upon application Documents ~ DD-214 Discharge papers Fees ~ none |
| EMERGENCY HOUSING | | | | |
| Emergency Shelter Domestic Violence Intervention Program 1105 S Gilbert Ct -Suite 300 Iowa City IA 52240 www.dvpiowa.org | General | 1-800-373-1043 24 Hours 7 days – 365 days | Provides emergency safe sheltering for victims of domestic violence when remaining in their home is no longer an option. Emergency sheltering may include short stays in our shelter, safe housing or assistance with housing acquisition. | Eligibility Requirements ~ must be a victim of domestic violence, dating violence, stalking or sexual violence Documents ~ none Fees ~ all services are free and confidential |
| Emergency Shelter Shelter House Community Shelter & Transition Services 429 Southgate Avenue Iowa City IA 52240 www.shelterhouseiowa.org | General | 319-351-0326 Waitlist for those seeking shelter starts at 6 PM daily | Emergency and transitional shelter with supportive case management. | Eligibility Requirements ~ homeless Documents ~ Contact program Fees ~ none |

HOUSING ASSISTANCE

| TRANSITIONAL HOUSING | | | | |
|---|---|---|--|--|
| Housing Services Domestic Violence Intervention Program 1105 S Gilbert Ct -Suite 300 Iowa City IA 52240 www.dvpiowa.org | General | 1-800-373-1043 24 Hours 7 days – 365 days | Provides assistance with housing and tenancy to victims of domestic violence. Our services include Transitional Housing, Rental Assistance and the Good Tenant Training Program | Eligibility Requirements ~ must be a victim of domestic violence, dating violence, stalking or sexual violence Documents ~ dependent on services requested. Fees ~ all services are free and confidential |
| Transitional Housing Hawkeye Area Community Action Program, Inc. (HACAP) 367 Southgate Avenue Iowa City IA 52240 www.hacap.org | General | 319-337-5765 M-F 8-5:00 pm | Provides safe, stable and secure housing for homeless families for 9 - 24 months. Referrals to job training programs, education, and community programs. Will be required to work and/or go to school. Must meet program requirements. | Eligibility Requirements ~ homeless or in danger of being homeless Documents ~ call for information Fees ~ rent is paid at 30% of adjusted income |
| Transitional Housing for Families In Recovery Prelude Behavioral Services 436 Southgate Avenue Iowa City IA 52240 www.preludeiowa.org | General | 319-351-4357 Open 24 hrs/365 days | Prelude has twelve Transitional Housing apartments: ten with two bedrooms and two with three bedrooms. The purpose of the program is to support parents in recovery in making a successful transition from primary treatment to self-sufficient, independent, and responsible living as family members and members of the community. | Eligibility Requirements ~ resident of Iowa (preference to Johnson County residents), For households with a parent working towards recovery and willing to be alcohol and drug free, eligible for Housing Choice Voucher (aka Section 8 Voucher), have custody of children or be working to regain custody. Documents ~ application located on website Fees ~ rent depend on family size. deposit \$500 |
| Supportive Housing Program Successful Living 2406 Towncrest Drive Iowa City IA 52240 icsuccess.org | Adults with Chronic Mental Illness | 319-358-6800 M-F 9-5:00 pm | Supportive housing for adults with a Chronic Mental Illness (CMI) and who may have little to no income. | Eligibility Requirements ~ current diagnosis of Chronic Mental Illness; income at or below 150% of poverty (with some exceptions) Documents ~ medical documentation Fees ~ rent, other services covered by Medicaid |
| Transitional Living Program United Action for Youth 410 Iowa Ave Iowa City IA 52240 unitedactionforyouth.org | Young Adult Age 17-21 | 319-338-7518 M-F 9-5:00 pm | Transitional Living Program (TLP) at UAY provides safe and stable housing for homeless young people. These sites are supervised by TLP Advocates who provide support and education to help youth become independent and live on their own. The program is about support and education as much as it is about housing. | Eligibility Requirements ~ open to 17-21 year olds Documents ~ contact program Fees ~ none |

HOUSING ASSISTANCE

| HOME REHABILITATION | | | | |
|---|------------------------|---|--|---|
| Weatherization Assistance Program Hawkeye Area Community Action Program, Inc. (HACAP) 367 Southgate Avenue Iowa City IA 52240 www.hacap.org | General | 319-337-5765 M-F 8-5:00 pm | Program works to reduce personal utility costs by improving the housing of low-income individuals and families. Weatherization directly benefits low-income households by reducing energy costs, which allows people to stop making the critical choice between winter heat and other necessities. | Eligibility Requirements ~ contact program Documents ~ contact program Fees ~ contact program |
| Home Rehabilitation / Repair Housing Trust Fund of Johnson County 26 E. Market St. Iowa City IA 52245 htfjc.org | Property owner | 319-358-0212 M-F 8:30-4:00 pm | Income-qualified homeowners with a home in need of minor repair (approx \$6,000) may qualify for five-year forgivable loan. | Eligibility Requirements ~ Income qualified property homeowner in Johnson County (excludes homes located within city limits of Iowa City) Documents ~ contact program Fees ~ contact program |
| Helping Hands Iowa Valley Habitat for Humanity 2401 Scott Blvd. SE Iowa City IA 52240 iowavalleyhabitat.org | Property Owners | 319-337-8949 M-F 9:00-5:00 | Affordable home repairs and aging in place modifications (i.e. wheelchair ramp construction, roof repair, bathroom modification, furnace replacement, etc.) for homeowners. IVVHFH will not complete interior work on mobile homes, but will consider exterior repairs. | Eligibility Requirements ~ Income and asset guidelines, based on the size of household. Documents ~ Completed application. Contact office. Fees ~ contact program |
| ReStore Iowa Valley Habitat for Humanity 2401 Scott Blvd. SE Iowa City IA 52240 iowavalleyhabitat.org | General | 319-338-5687 Donate & Shop Tues-Sat 9-5 | Resale shop for donated building materials, furniture, appliances | Eligibility Requirements ~ open to the public Documents ~ contact program Fees ~ contact program |
| Housing Rehabilitation Neighborhood Services, City of Iowa City 410 E Washington Iowa City IA 52240 www.icgov.org | Property owner | 319-356-5246 M-F 8-5:00 pm; closed holidays | Repair/remodel owner occupied homes - roofing, electrical, plumbing, siding, window/door replacement, handicapped accessibility, furnaces, water heaters, flooring, painting | Eligibility Requirements ~ 80% or below median income; owner occupied home within Iowa City city limits; enough equity in home Documents ~ application; deed or title to home; proof of citizenship Fees ~ offer grants, loans |

HOUSING ASSISTANCE

| SENIOR/DISABILITY HOUSING | | | | |
|---|--|--------------|--|--|
| Housing for age 62 & over or disabled Autumn Park Apartments 3042 Muscatine Avenue Iowa City IA 52240 | Adult Age 62+ or disabled | 319-337-7176 | Subsidized housing for persons 62 or older, or disabled persons under 62. Must meet income guidelines. | Eligibility Requirements ~ age 62 and over or disabled; Must meet income guidelines. Documents ~ contact program Fees ~ contract program |
| Housing for age 62 & over or disabled Capitol House Apartments 320 S Dubuque Street Iowa City IA 52240 | Adult Age 62+ or disabled | 319-338-2127 | Subsidized housing for persons 62 or older, or disabled persons under 62. Must meet income guidelines. | Eligibility Requirements ~ age 62 and over or disabled; Must meet income guidelines. Documents ~ contact program Fees ~ contract program |
| Housing for age 62 & over or disabled Citizen Building 319 E Washington St Iowa City IA 52240 | Adult Age 62+ or disabled | 319-338-7600 | Subsidized housing for persons 62 or older, or disabled persons under 62. Must meet income guidelines. | Eligibility Requirements ~ age 62 and over or disabled; Must meet income guidelines. Documents ~ contact program Fees ~ contract program |
| Housing for age 55 & over or disabled Concord Terrace 1259 Shannon Drive Iowa City IA 52246 | Adult Age 55+ or disabled | 319-887-1010 | Affordable Senior Housing Apartments. | Eligibility Requirements ~ age 55 and over or disabled Documents ~ contact program Fees ~ contract program |
| Housing for age 55 & over Coral Ridge Apartments 915 20 th Avenue Coralville, IA 52241 | Adult age 55+ | 319-333-1602 | 56-unit Section 42 senior housing for persons 55 and up. Must meet income guidelines, income restrictions apply. | Eligibility Requirements: Age 55 and up; Income restrictions apply. Documents: Contact program Fees: \$40 application fee per adult \$500 Security deposit (full approval) Call program for additional information |
| Housing for age 62 & over or disabled Coral Village 1799 Fifth Street Coralville IA 52241 | Adult Age 62+ or disabled | 319-351-2386 | Subsidized housing for persons 62 or older, or disabled persons under 62. Must meet income guidelines. | Eligibility Requirements ~ age 62 and over or disabled; Must meet income guidelines. Documents ~ contact program Fees ~ contract program |
| Housing for age 55 & over Diamond Senior Apartments 1030 William St. Iowa City, IA 52240 http://paramark.us/property/diamond-senior-apartments-of-iowa-city/ | Adult age 55+ | 319-351-5000 | Affordable Senior Housing Apartments. | Eligibility Requirements ~ age 55 and over; Must meet income guidelines. Documents ~ contact program Fees ~ contract program |
| Housing for age 62 & over or disabled Ecumenical Towers 320 E Washington St Iowa City IA 52240 | Adult Age 62+ or disabled | 319-338-7450 | Subsidized housing for persons 62 or older, or mobility impaired persons under 62. Must meet income guidelines. Eligible residents pay 30% of their adjusted gross income towards rent | Eligibility Requirements ~ age 62 and over or disabled; Must meet income guidelines. Documents ~ contact program Fees ~ contract program |

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HOUSING ASSISTANCE

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| Assisted Living Emerson Point 1355 Shannon Drive Iowa City, IA 52246 | Adult age 65+ | 319-466-0200 24 hours 7 days – 365 days | Emerson Point is Affordable Assisted Living for person 65 years of age and older. Some tenants may qualify subsidies to reduce out of pocket expenses. | Eligibility Requirements ~ Documents ~ Fees ~ Accepts Medicaid Waiver and Section 8 Rental Assistance |
| Housing for age 55 & over or disabled Jefferson Point 45 W. Jefferson St. North Liberty, IA 52317 | Adult Age 55+ or disabled | 319-626-3263 | Affordable Senior Housing Apartments. | Eligibility Requirements ~ Documents ~ Fees ~ age 55 and over or disabled contact program Section 8 Housing |
| Housing for age 55 & over or disabled Lexington Place 1229 Shannon Drive Iowa City IA 52246 | Adult Age 55+ or disabled | 319-887-1010 | Affordable Senior Housing Apartments. | Eligibility Requirements ~ Documents ~ Fees ~ age 55 and over or disabled contact program Section 8 Housing |
| Housing for age 55 & over Regency Heights 1010 Scott Park Dr #101 Iowa City IA 52240 | Adult Age 55+ | 319-466-9999 | Non-subsidized housing for persons 55 or older. | Eligibility Requirements ~ Documents ~ Fees ~ age 55 and over contact program contract program |
| Housing for age 62 & over North Liberty Living Center 410 Ashley Court North Liberty, IA 52317 | Adult Age 62+ | 319-665-2402 | Affordable Apartments for older adults. | Eligibility Requirements ~ Documents ~ Fees ~ age 62 and over contact program contract program |
| Housing for age 62 & over or disabled Solon Community Housing Corp 1761 Racine Ave NE Solon IA 52333 | Adult Age 62+ or disabled | 319-480-4380 | Housing built for elderly | Eligibility Requirements ~ Documents ~ Fees ~ age 62 and over or disabled contact program contract program |

HOUSING ASSISTANCE

| VETERANS' HOUSING | | | | |
|--|---|-----------------------------------|---|---|
| "Operation Home" Supportive Services for Veteran Families Hawkeye Area Community Action Program, Inc. (HACAP) 367 Southgate Avenue Iowa City IA 52240 www.hacap.org | Military Veteran | 319-393-7811 M-F 8-5:00 pm | Offers various programs such as rental assistance, vehicle repair, and housing stabilization and goods and services. | Eligibility Requirements ~ veteran or veteran in the household, have served at least 1 day of active duty, meet income guidelines, cannot have been dishonorable discharged, be homeless or at risk of homelessness Documents ~ DD-214, proof of income, ID, Social Security cards for everyone in the household Fees ~ none |
| HUD - Veteran's Supportive Housing Program (VASH) Iowa City Housing Authority 410 E Washington Street Iowa City IA 52240 www.icgov.org/city-government/departments-and-divisions/housing-authority | Military Veteran | 319-356-5400 M-F 8-4:30 pm | The Department of Housing and Urban Development (HUD) – VA Supportive Housing (VASH) Program is a joint effort between HUD and Veteran Affairs (VA) to move veterans and their families out of homelessness and into permanent housing. HUD provides housing assistance through its Housing Choice Voucher Program (Section 8) that allows homeless Veterans to rent privately owned housing. | Eligibility Requirements ~ Contact program Documents ~ Contact program Fees ~ Contact program |
| Veteran Affairs Johnson County Veteran Affairs 855 S Dubuque St - Suite 109C Iowa City IA 52240 http://www.johnson-county.com/dept_vets.aspx?id=115 | Military Veteran | 319-356-6049 M-F 8-4:30 pm | Provides short-term monetary help to Johnson County residents who are military veterans and in extreme financial crisis. Offers a safety net for those not eligible for other government programs. Financial assistance may be available to address rent & utility expenses | Eligibility Requirements ~ Veteran status determined upon application Documents ~ DD-214 Discharge papers Fees ~ none |
| YOUTH SHELTERS | | | | |
| Youth Shelter Four Oaks 1916 Waterfront Drive Iowa City IA 52240 ww.fouroaks.org | Youth age 12-17 DHS or Juvenile Court Services-Law Enforcement Involvement | 319-337-4523 7 days | Only emergency youth shelter in Johnson County, filling a need for temporary placement for youth aged 12-17 with DHS or Juvenile Court Services/Law Enforcement involvement. Most youth are transitioning from one placement to another (to home, to foster care, to residential treatment, to independent living). | Eligibility Requirements ~ referral from DHS or Juvenile Court Services Documents ~ contact program Fees ~ none |

HOUSING ASSISTANCE

RENTAL COMPANIES/HOUSING OPTIONS (Apartments/Rooming Houses)

| | | | | |
|---|-----------------------|--|--|---|
| <p>Apartments Downtown 414 E Market Street Iowa City IA 52240</p> | <p>General</p> | <p>319-351-8391</p> | <p>Property management company that handles non-subsidized housing</p> | <p>Eligibility Requirements ~ contact program Documents ~ contact program Fees ~ contract program</p> |
| <p>Apartments in Iowa City 711 S Gilbert Street Iowa City IA 52240</p> | <p>General</p> | <p>319-358-5520</p> | <p>Property management company that handles non-subsidized housing.</p> | <p>Eligibility Requirements ~ contact program Documents ~ contact program Fees ~ contract program</p> |
| <p>East Side Village 401 E Linn Lone Tree IA 52755</p> | <p>General</p> | <p>319-629-4689</p> | <p>Subsidized housing; Rent based on income.</p> | <p>Eligibility Requirements ~ Must meet income guidelines. Documents ~ contact program Fees ~ contract program</p> |
| <p>Heritage Property Management 220 E Market Street Iowa City IA 52245</p> | <p>General</p> | <p>319-351-8404</p> | <p>Property management company that handles non-subsidized housing.</p> | <p>Eligibility Requirements ~ contact program Documents ~ contact program Fees ~ contract program</p> |
| <p>The Housing Fellowship 322 E 2nd Avenue Iowa City IA 52240 www.housingfellowship.com/Content/Programs/Affordable-Rental-Homes.aspx</p> | <p>General</p> | <p>319-358-9212</p> | <p>Owns and manages 163 rental homes. The homes are mix of housing types and are scattered through Iowa City, North Liberty and Coralville. The homes are then within the affordable range of many low-income residents without rental assistance.</p> | <p>Eligibility Requirements ~ Contact program Documents ~ Contact program Fees ~ Contact program</p> |
| <p>Keystone Property Management 533 Southgate Avenue Iowa City IA 52245</p> | <p>General</p> | <p>319-338-6288</p> | <p>Property management company that handles non-subsidized housing.</p> | <p>Eligibility Requirements ~ contact program Documents ~ contact program Fees ~ contract program</p> |
| <p>Keyway Management 45 Jefferson Street North Liberty IA 52317</p> | <p>General</p> | <p>Emerson Point: 319-466-0200 Jefferson Point: 319-626-3263</p> | <p>Property management company that handles non-subsidized housing.</p> | <p>Eligibility Requirements ~ contact program Documents ~ contact program Fees ~ contract program</p> |
| <p>Liberty Housing Company 425 N Dubuque Street North Liberty IA 52317</p> | <p>General</p> | <p>319-351-1250</p> | <p>Non-subsidized housing</p> | <p>Eligibility Requirements ~ contact program Documents ~ contact program Fees ~ contract program</p> |
| <p>The Lodge Apartments 320 Second Street Coralville IA 52241</p> | <p>General</p> | <p>319-354-0677</p> | <p>Property management company that handles non-subsidized housing.</p> | <p>Eligibility Requirements ~ contact program Documents ~ contact program Fees ~ contract program</p> |

HOUSING ASSISTANCE

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| North Front Park Apartments 745 North Front Street North Liberty IA 52317 | General | 319-665-2782 | Subsidized housing; Rent based on income. | Eligibility Requirements ~ Must meet income guidelines. Documents ~ contact program Fees ~ contract program |
| North Liberty Park Apartments 225 Sugar Creek Lane North Liberty IA 52317 northlibertyparkapartments.tlpropertyesiowa.com | General | 877-935-9320 | Subsidized housing; Rent based on income. | Eligibility Requirements ~ Must meet income guidelines. Documents ~ contact program Fees ~ contract program |
| Penn Oaks 40 Penn Oaks Drive North Liberty IA 52317 | General | 319-665-2740 | Subsidized housing; Rent based on income. | Eligibility Requirements ~ Must meet income guidelines. Documents ~ contact program Fees ~ contract program |
| Pheasant Ridge Apartments 2626 Bartelt Road Iowa City IA 52246 | General | 319-351-0938 | Subsidized housing; Rent based on income. | Eligibility Requirements ~ Must meet income guidelines. Documents ~ contact program Fees ~ contract program |
| River City Property Management 1550 S Gilbert Street Iowa City IA 52240 | General | 319-887-2187 | Property management company that handles non-subsidized housing. | Eligibility Requirements ~ contact program Documents ~ contact program Fees ~ contract program |
| Savannah Village 771 Savannah Dr North Liberty IA 52317 | General | 319-626-7103 or 319-665-2740 | Low Income Housing Tax Credit property aimed to provide low-cost housing. | Eligibility Requirements ~ contact program Documents ~ contact program Fees ~ contract program |
| Southgate Management 755 Mormon Trek Blvd Iowa City IA 52246 | General | 319-337-4195 | Property management company that handles non-subsidized housing. | Eligibility Requirements ~ contact program Documents ~ contact program Fees ~ contract program |
| Town & Campus Apartments 1100 Arthur Street Iowa City IA 52240 | General | 319-337-2496 | Property management company that handles non-subsidized housing. | Eligibility Requirements ~ contact program Documents ~ contact program Fees ~ contract program |
| Town & Country Villa 231 N Augusta Avenue Oxford IA 52322 | General | 641-990-8738 | Subsidized housing; Rent based on income. | Eligibility Requirements ~ Must meet income guidelines. Documents ~ contact program Fees ~ contract program |
| Villa Garden Apartments 1015 Cross Park Avenue Iowa City IA 52240 | General | 319-337-4446 or 319-665-2740 | Low Income Housing Tax Credit property aimed to provide low-cost housing. | Eligibility Requirements ~ contact program Documents ~ contact program Fees ~ contract program |
| Westwinds Real Estate Service 519 Kirkwood Ave Iowa City IA 52240 | General | 319-354-3792 | Property management company that handles non-subsidized housing. | Eligibility Requirements ~ contact program Documents ~ contact program Fees ~ contract program |

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HOUSING ASSISTANCE

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| William Wittig/Rooming House 1131 Third Avenue Iowa City IA 52240 | General | 319-855-4506 Manager – James | Rooming house located at 1131 Third Avenue, Iowa City, Iowa. | Eligibility Requirements ~ contact program Documents ~ contact program Fees ~ contract program |
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IMMIGRANT & REFUGEE SERVICES

| Name of Program/Provider | Focus Population | Phone Number & Hours | Services Provided | Eligibility Requirement, Documents Needed, Fees |
|--|---|---|---|---|
| Refugee Services Bureau of Refugee Services 401 SW 7 th Street – Suite N Des Moines IA 50309 http://dhs.iowa.gov/refugee-services | Refugees | 1-800-362-2780 | Helps meet the social service needs of refugees who have been in the United States for less than 60 months. Among the services which may be provided include; bilingual staff, Case Management services, employment services, English as a Second Language, skills training and transportation. | Eligibility Requirements ~refugees who have been in the United States for less than 60 months. Documents ~ contact program Fees ~ contact program |
| Resettlement Services Catholic Charities 1430 Second Ave SE Cedar Rapids IA 52403 https://catholiccharitiesusa.org/efforts/welcoming-newcomers | Immigrants & Refugees | 319-764-2279 | Welcomes refugees and immigrants to the country and helps them settle into their new homes and communities. Sponsors many outreach activities such as interpretation services, employment training, job placement, counseling services, legal immigration services, childcare and housing assistance. | Eligibility Requirements ~ contact program Documents ~ contact program Fees ~ contact program |
| Advocacy for Low-Wage Workers Center for Worker Justice of Eastern Iowa 940 S Gilbert Court Iowa City IA 52240 www.CwjIowa.org | Low-Wage Workers (employed and unemployed) | 319-594-7593 Monday & Wednesday 10am-6:30pm Friday 10am-5:30pm | Provides assistance and referrals to immigrant workers regarding immigration cases, rights of immigrants with law enforcement and employers, and English tutoring for CWJ Members. | Eligibility Requirements ~ None Documents ~ none. For better assistance, it is recommended you bring any relevant paperwork. Fees ~ Initial consultations are free. Membership is required for ongoing case assistance. There is a yearly membership fee of \$30 with payment plans available. |
| Cultural Diversity & Outreach Consultation of Religious Communities http://crc-ic.org/ | General | See Website | An interfaith council composed of more than thirty religious communities and related agencies. Sponsors many outreach activities such as Annual winter outwear distribution, Center for Worker Justice and Coalition for Racial Justice | Eligibility Requirements ~ contact program Documents ~ contact program Fees ~ contact program |
| Citizenship Classes ICCompassion 1035 Wade St Iowa City IA 52240 http://www.iccompassion.org | Immigrants & Refugees | 319-330-9883 Wednesday 6-7:30 pm | These courses help people prepare for the citizenship test. The six week session is ongoing. | Eligibility Requirements ~ Must be eligible for potential citizenship Documents ~ None Fees ~ None |
| ESL Classes ICCompassion 1035 Wade St Iowa City IA 52240 http://www.iccompassion.org | Immigrants & Refugees | 319-330-9883 Wednesday 6-7:15 pm | Students are matched with a volunteer teacher for small group ESL classes. Child care is available. | Eligibility Requirements ~ none Documents ~ none Fees ~ none |

IMMIGRANT & REFUGEE SERVICES

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|--|-------------------------------------|---|--|---|
| Immigrant Resource Center ICompassion 1035 Wade St Iowa City IA 52240 http://www.iccompassion.org | Immigrant | 319-330-9883 Tues & Wed 9-4:00 pm | Provide low cost legal immigration representation and education. Free Legal Advice Clinic: Second Tuesday of each month from 5:30-7:30 PM. Open to all, including undocumented immigrants, to gain access to legal advice. | Eligibility Requirements ~ immigrant Documents ~ immigration paperwork Fees ~ \$40 for consult/ low fees for further services |
| New Iowans Legal Advice Clinic (NILAC) ICompassion 1035 Wade St Iowa City IA 52240 http://www.iccompassion.org/ | Immigrants & Refugees | 319-330-9883 4 th Tuesday of each month from 5:30-7:30 pm | Open to all, including undocumented immigrants, to gain access to legal advice. | Eligibility Requirements ~ none Documents ~ none Fees ~ none |
| Walk In Support ICompassion 1035 Wade St Iowa City IA 52240 http://www.iccompassion.org/ | General | 319-330-9883 Monday-Friday 9:00-5:00 PM | Walk in clinic to assist with filling out paperwork, making phone calls, or setting up appointments. Target audience is refugees but anyone who needs the assistance is welcome. | Eligibility Requirements ~ none Documents ~ none Fees ~ none |
| Women's Group For Refugees ICompassion 1035 Wade St Iowa City IA 52240 http://www.iccompassion.org/ | Immigrants & Refugees | 319-330-9883 Thursdays 6:00-7:30 PM | A women's group for refugees. A place to gather, connect and support one another. Child care is provided. | Eligibility Requirements ~ Must be an immigrant or refugee woman Documents ~ none Fees ~ none |
| Conversational English Classes International Women's Club various venues https://iwciowacity.wordpress.com/ | Non-English speaking persons | 319-541-2260 Tues & Thurs morning; two 10-week sessions, for 2 hours | Volunteer teachers teach English as a Foreign Language, in an informal, conversational setting. | Eligibility Requirements ~ any and all women are welcome Documents ~ None Fees ~ \$10.00 per 10-week session (plus \$10.00 dues to join IWC) |
| Various social events for women & families International Women's Club various venues https://iwciowacity.wordpress.com/ | Females | 319-337-5760 Various; see website | Variety of meetings and excursions help women from different countries meet others, learn and make friends | Eligibility Requirements ~ any and all women are welcome Documents ~ contact program Fees ~ \$10.00 per year dues |
| Refugee Assistance Program Johnson County Public Health 855 S Dubuque Street - Suite 217 Iowa City IA 52240 http://www.johnson-county.com/dept_health.aspx?id=4485 | Refugees | 319-356-6042 Tuesday/ Thursday/ Friday 8-4:30 pm Wednesday 8:00-12:00 pm First Saturday of each month (by appointment) | This program helps refugees receive required immunizations and complete the I-693 form for immigration change of status applications. | Eligibility Requirements ~ Must be a refugee Documents ~ Immunization records, Employment Authorization Card Fees ~ \$15 per person plus the cost of any necessary vaccinations. |

IMMIGRANT & REFUGEE SERVICES

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| Domestic Violence & Sexual Assault Advocate Program Monsoon (United Asian Women of Iowa) 700 S Dubuque St Iowa City IA 52240 http://muawi.org/ | Victims of gender-based violence who are from Asian & Pacific Islander communities | 319-466-9000 | Resource, advocate & support for Asian & Pacific Islanders affected by domestic violence & sexual assault | Eligibility Requirements ~ contact program Documents ~ contact program Fees ~ contact program |
| Domestic Violence & Sexual Assault Advocate Program NISAA African Family Services 1700 S 1 st Ave, Suite A Iowa City IA 52240 http://nisaa-afs.org/ | African Immigrants & Refugees | 319-333-2453 | Community outreach and education, youth programs, and direct services available. | Eligibility Requirements ~ contact program Documents ~ contact program Fees ~ contact program |
| Education Services Program Path of Hope 2050 12 th Ave Coralville IA 52241 www.path-of-hope.org | Immigrants & Refugees | 319-229-7718 815-757-5898 | Offers English civics/ citizenship and job readiness classes to refugees and immigrants. Also offers assistance with school enrollment, application for Federal Student Financial Aid and Scholarships to low income individuals and families. | Eligibility Requirements ~ contact program Documents ~ contact program Fees ~ contact program |
| Refugee and Immigration Services Program Path of Hope 2050 12 th Ave Coralville IA 52241 www.path-of-hope.org | Immigrants & Refugees | 319-229-7718 815-757-5898 | Offers case management services, including assistance with application for Food Assistance, Medicaid, FIP, Social Security Benefits, tax filing, and transportation to and from medical appointments for pregnant women. | Eligibility Requirements ~ contact program Documents ~ contact program Fees ~ contact program |
| Translation Services Path of Hope 2050 12 th Ave Coralville IA 52241 www.path-of-hope.org | Immigrants & Refugees | 319-229-7718 815-757-5898 | Offers translation services French-English, Swahili-English, Lingala-English, Arabic-English, and more. | Eligibility Requirements ~ contact program Documents ~ contact program Fees ~ contact program |
| Immigrant & Minority Resource Center Proteus 1548 Gilbert Street Iowa City IA 52240 www.proteusinc.net | Immigrant, Minority and Low-income | 1-800-397-9675 | Serves immigrant, minority, and low-income populations to make their dream of a brighter tomorrow a reality by helping overcome language and cultural barriers in order to better provide for their families. Provides programs such as Migrant Health Program, Job Training, Educational Services and Housing & Food assistance programs. | Eligibility Requirements ~ contact program Documents ~ contact program Fees ~ contact program |

LEGAL ASSISTANCE

| Name of Program/Provider | Focus Population | Phone Number & Hours | Services Provided | Eligibility Requirement, Documents Needed, Fees |
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| Workplace & Civil Rights Center for Worker Justice of Eastern Iowa 940 S Gilbert Court Iowa City IA 52240 http://www.cwjiowa.org | Low-Wage Workers (employed and unemployed) | 319-594-7593 Monday & Wednesday 10am-6:30pm Friday 10am-5:30pm | Assistance with wage theft (non payment or under payment of legally owed wages). Assistance with workplace discrimination and abuse, and OSHA complaints. Provides free workshops to public regarding immigrants', workers', and civil rights. | Eligibility Requirements ~ None Documents ~ none. For better assistance, it is recommended you bring any relevant paperwork. Fees ~ Initial consultations are free. Membership is required for ongoing case assistance. There is a yearly membership fee of \$30 with payment plans available. |
| Immigrant Resource Center ICompassion 1035 Wade St Iowa City IA 52240 http://ww2.iccompassion.org | Immigrants | 319-330-9883 Tues & Wed 9-4:00 pm | Provide low cost legal immigration representation and education. Free Legal Advice Clinic: Second Tuesday of each month from 5:30-7:30 PM. Open to all, including undocumented immigrants, to gain access to legal advice. | Eligibility Requirements ~ immigrant Documents ~ immigration paperwork Fees ~ \$40 for consult/ low fees for further services |
| New Iowans Legal Advice Clinic (NILAC) ICompassion 1035 Wade St Iowa City IA 52240 http://www.iccompassion.org/ | Immigrants & Refugees | 319-330-9883 4 th Tuesday of each month from 5:30-7:30 pm | Open to all, including undocumented immigrants, to gain access to legal advice. | Eligibility Requirements ~ none Documents ~ none Fees ~ none |
| Advocacy for Iowans with Disabilities and Mental Health Disability Rights of IOWA 400 E Court Avenue – Suite 300 Des Moines IA 50309 http://disabilityrightsowa.org/ | Adults Disabled/Mental Health | 515-278-2502 or 1-800-779-2502 | Aims to defend and promote the human and legal rights of Iowans who have disabilities and mental illness. Promotes safety, opportunity, access and self-determination for all Iowans. | Eligibility Requirements ~ contact program Documents ~ contact program Fees ~ contact program |
| Human Rights Commission Iowa City Human Rights Division 410 E Washington Street Iowa City IA 52240 http://www.icgov.org/?id=1128 | General | 319-356-5022 M-F 8-5:00 pm | Investigates housing, credit, education and employment discrimination. | Eligibility Requirements ~ contact program Documents ~ contact program Fees ~ contact program |
| Legal Counseling for Older Adults Iowa City/Johnson County Senior Center 28 S Linn Street Iowa City IA 52240 www.icgov.org/senior | Adult Age 50+ | 319-356-5220 Wednesday morning; appointments available each week | Legal counseling services at the Senior Center provide area seniors with free, confidential legal advice about most non-criminal legal questions. Volunteer attorneys are available for 15-minute appointments on Wednesdays between 10 - 11 AM. | Eligibility Requirements ~ Ages 50 and over Documents ~ varies Fees ~ none |

LEGAL ASSISTANCE

| Name of Program/Provider | Focus Population | Phone Number & Hours | Services Provided | Eligibility Requirement, Documents Needed, Fees |
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| Legal Advocacy for Assistive Devices Iowa Compass 100 Hawkins Drive #S295 Iowa City IA 52242 http://search.iowacompass.org/ | General | 1-800-779-2001 M-F 8-5:00 pm | Help resolve funding questions, provide legal advocacy service for problems acquiring assistive devices. | Eligibility Requirements ~ none Documents ~ none Fees ~ none |
| Free Legal Assistance Iowa Legal Aid Iowa City Regional Office 1700 S 1st Avenue - Suite 10 www.iowalaw.org | General | 1-800-532-1275 Office Hours: M-F 8:30-4:30 pm Phone Intake Hours: M-F 9-11 AM and 1:30-3:30 PM, except emergencies only on Thursday afternoons. | Assistance provided ranges from counsel and advice to representation before various agencies and courts. Iowa Legal Aid protects victims of domestic violence; protects elderly lowans from consumer fraud, elder abuse and financial exploitation; prevents homelessness; secures health care and public benefits for low-income households; and helps lowans understand their legal rights and responsibilities. Please note, online applications can be completed at any time, and in-person intakes can be completed during office hours. | Eligibility Requirements ~ income and asset guidelines, based on the size of the household Documents ~ varies Fees ~ none |
| Free Legal Assistance University of Iowa Legal Clinic 380 Boyd Law Building Melrose & Byington Streets Iowa City IA 52242 | General | 319-335-9023 M-F 8-12 & 1-3 pm | Provides free legal counsel | Eligibility Requirements ~ contact program Documents ~ contact program Fees ~ none |

CRISIS SERVICES

| Name of Program/Provider | Focus Population | Phone Number & Hours | Services Provided | Eligibility Requirement, Documents Needed, Fees |
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| MENTAL HEALTH SERVICES - ADULT | | | | |
| Community Mental Health Services Abbe Center for Community Mental Health 1039 Arthur St Iowa City IA 52240 www.abbemhc.org | General | 319-338-7884 M-F 10-6:00 pm | Dedicated to improving lives through quality, accessible mental health services, such as: homeless outreach, Case Management, housing assistance, mental health supports, supported community living and crisis services. | Eligibility Requirements ~ mental illness; homeless or at risk of homelessness Documents ~ none Fees ~ none |
| Free Mental Health Clinic (FMHC) Abbe Center for Community Mental Health 1039 Arthur St Iowa City IA 52240 www.abbemhc.org Email Address ~ freementalhealthclinic@gmail.com . | Adult | All appointments made through the clinic email address Only a limited number of appointments are available at each clinic, and they tend to fill up rapidly, so individuals considering use of the clinic's services are encouraged to contact FMHC as early as possible. | Mental health clinic run by volunteer medical and pharmacy students and staff psychiatrists from the University of Iowa Hospitals and Clinics. Clinic is held approximately every other Saturday morning with patient appointments scheduled at 9:00 am & 10:00 am. The purpose of the clinic is to provide transition psychiatric care to patients while they are on the wait list for the Community Mental Health Center. If you do not have email access: Please visit the Community Mental Health Clinic (507 E. College Street in Iowa City) to register yourself for CMHC services. They will contact the program to reserve an appointment for you. | Eligibility Requirements ~ mental illness Documents ~ none Fees ~ none |
| Together, Not Alone: Mental Health Wellness Center Abbe Center for Community Mental Health 1039 Arthur St Iowa City IA 52240 www.abbemhc.org | Adult | 319-338-7884 Tuesday & Thursday 9:30 AM- 12:30 PM | This is a recovery-oriented peer-run group for adults with a mental health diagnosis. They offer groups, activities, and the opportunity to learn and support each other in the recovery process. | Eligibility Requirements ~ mental health diagnosis Documents ~ none Fees ~ none |

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| <p>Community Based Program Chatham Oaks, Inc. 4515 Melrose Ave Iowa City IA 52246 http://www.chathamoaks.org/</p> | <p style="text-align: center;">Adult by referral</p> | <p style="text-align: center;">319-325-4568 varies</p> | <p>To provide community based programming for those living in their own homes or in an agency ran HAB home. The purpose is to provide structure and continued support in the community to allow community reintegration for those that have a mental illness.</p> | <p>Eligibility Requirements ~ referrals are made by a IHH coordinator who assist with securing funding for services. Documents ~ Integrated Home Health coordinator will contact Chatham Oaks, Inc. with a potential referral and complete a referral form. Fees ~ for those interested in hourly services Medicaid pays for this service. For those that are interested in a HAB home, Medicaid pays for the staff and the resident is responsible for a monthly rent and utilities.</p> |
| <p>Hillcrest Supported Living Program Hillcrest Family Services 449 HWY 1 West Iowa City IA 52246 http://hillcrest-fs.org/</p> | <p style="text-align: center;">Adult</p> | <p style="text-align: center;">319-337-4204 generally Mon-Fri; as client requested</p> | <p>Provides supported community living services, most often funded as home-based habilitation through Medicaid; also provide community support services (CSS). A Visiting Counselor provides support and skill development to individuals living in the community and visit as frequently as the individual wants/needs. The program also offers in-home psychiatric nursing services.</p> | <p>Eligibility Requirements ~ Ages 18 and older with a diagnosis of a serious mental illness Documents ~ proof of diagnosis; social history; funding verification. Fees ~ service fees- are generally funded by Medicaid Iowa Plan, the Region, or private pay.</p> |
| <p>Special Populations Involvement Iowa City Parks and Recreation 220 S Gilbert Street Iowa City IA 52240 https://icgov.org/pr</p> | <p style="text-align: center;">Adult & Youth</p> | <p style="text-align: center;">319-356-5100 various; evenings and weekends</p> | <p>Special Populations Involvement (SPI) program provides leisure opportunities for persons with special needs, including those with physical, mental or emotional disabilities. SPI programs are offered in structured, success oriented environments in the areas of sports & fitness, arts & movement, independent living skills, clubs, social activities, and special events.</p> | <p>Eligibility Requirements ~ persons with physical, mental, and/or emotional disabilities Documents ~ SPI registration form, Special Olympics application for participation form Fees ~ various; \$0-\$25</p> |
| <p>Family Support Group NAMI Johnson County 1105 Gilbert Ct - Suite 200 Iowa City IA 52240 http://namijc.org/</p> | <p style="text-align: center;">Families</p> | <p style="text-align: center;">319-337-5400 Thurs evening 6:30-7:30 pm</p> | <p>Each Support Group is facilitated by family members, who are trained in facilitating support meetings, but are NOT professional counselors. The meetings are now open to all families who are concerned about a family member who is experiencing mental illness.</p> | <p>Eligibility Requirements ~ family member with a mental illness Documents ~ contact program Fees ~ none</p> |

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| <p>NAMI Family to Family NAMI Johnson County 1105 Gilbert Ct - Suite 200 Iowa City IA 52240 http://namiic.org/</p> | <p>Families</p> | <p>319-337-5400 varies</p> | <p>A 12-week series of classes for family members and close friends of persons diagnosed with serious mental illness. The course covers information about schizophrenia, bipolar disorder, major depression, panic disorder, obsessive compulsive disorder and PTSD. The course is not appropriate for individuals who suffer from one of the major mental illnesses. The course also addresses coping skills such as handling crisis and relapse, basic information about medications, listening and communication techniques, problem-solving skills, recovery and rehabilitation, and self-care around worry and stress.</p> | <p>Eligibility Requirements ~ contact program Documents ~ contact program Fees ~ None</p> |
| <p>R Place Peer Wellness Center NAMI Johnson County 220 Lafayette Street - Suite 180 Iowa City IA 52240 http://namiic.org/recovery/</p> | <p>Adult Age 18+</p> | <p>319-354-3455 M-F 1-5:00 pm Saturday 11am-3pm</p> | <p>R Place targets individuals who are 18 and up living with a mental illness. Provides adults with mental illness access to education on mental wellness, recovery and available crisis intervention. R Place promotes the advocacy of persons with mental illness and their peers by use of a trained Peer Support Specialist.</p> | <p>Eligibility Requirements ~ mental illness diagnosis Documents ~ contact program Fees ~ none</p> |
| <p>Intensive Psychiatric Rehabilitation Optima LifeServices 485 Hwy 1 West Iowa City IA 52245</p> | <p>Mental Illness</p> | <p>319-569-61977 By appointment</p> | <p>Program set on an individual basis with the practitioner. Will include one-on-one sessions with each person and group sessions.</p> | <p>Eligibility Requirements ~ contact program Documents ~ contact program Fees ~ contact program</p> |
| <p>Synchrony Prelude Behavioral Services 430 Southgate Avenue Iowa City IA 52240 www.preludeiowa.org</p> | <p>Adult</p> | <p>319-351-4357 M-F 9-5:00pm</p> | <p>Mental Health counseling, addiction treatment, Employee Assistance Program (EAP), workplace training</p> | <p>Eligibility Requirements ~ none Documents ~ visit website Fees ~ varies, accepts Medicaid</p> |
| <p>Supported Community Living (SCL) services Social Outreach Services 1570 S. 1st Ave. Iowa City IA 52240 www.sosjc.org</p> | <p>General</p> | <p>319-855-2744 M-F 9-5:00pm</p> | <p>Works with mental illness and provides supported community living (SCL) services in the community.</p> | <p>Eligibility Requirements ~ contact program Documents ~ contact program Fees ~ contact program</p> |

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| <p>Therapy, Counseling and Training Successful Living 2406 Towncrest Drive Iowa City IA 52240 icsuccess.org E-mail: rgoedken@icsuccess.org</p> | <p>Adults with Chronic Mental Illness</p> | <p>319-358-6800 M-F 9-5:00 pm</p> | <p>Trained Counselors support individuals having a diagnosed mental illness to become more independent and integrated within their communities; to overcome the challenges of their respective mental illness via a wide variety of supports. A core component in all services is the individual-based, person-centered approach in which services are matched according to the persons respective needs and which are reviewed and modified as needs change to best support independence.</p> | <p>Eligibility Requirements ~ contact program Documents ~ contact program Fees ~ contact program</p> |
| <p>Family Systems Therapy and Counseling Services Systems Unlimited 2533 Scott Blvd SE Iowa City IA 52240 www.sui.org</p> | <p>Disabled</p> | <p>319-338-9212, ext. 177 M-F 8:00-5:00 PM Evening appointments available upon request.</p> | <p>Office based and school based (ICCS and College Community) mental health therapy and skill building services for youth, adults, couples, and families.</p> | <p>Eligibility Requirements ~ Mental health need & active insurance. Documents ~ Insurance card. Fees ~ Insurance is billed for services.</p> |
| <p>Counseling & Therapy United Action for Youth 410 Iowa Ave Iowa City IA 52240 unitedactionforyouth.org</p> | <p>Teen & Families</p> | <p>319-338-7518 M-F 9-5:00 pm</p> | <p>UAY offers formal therapy by licensed mental health counselors specializing in work with teens and families.</p> | <p>Eligibility Requirements ~ services for youth and families Documents ~ contact program Fees ~ Insurance billing/grant funding for some services</p> |
| <p>Adult and Geriatric Psychiatry Services University of Iowa Health Care 410 Iowa Ave Iowa City IA 52242 unitedactionforyouth.org</p> | <p>Adult</p> | <p>319-353-6314</p> | <p>Our multidisciplinary team includes psychiatrists, psychologists, nurses, occupational and recreational therapists, and social workers who design individual treatment plans that meet each patient's needs.</p> | <p>Eligibility Requirements ~ contact program Documents ~ contact program Fees ~ contact program</p> |
| MENTAL HEALTH SERVICES - YOUTH | | | | |
| <p>Behavioral Health Intervention Services Four Oaks 1916 Waterfront Drive Iowa City IA 52240 www.fouroaks.org</p> | <p>Youth</p> | <p>319-337-4523 24 hours/7 days</p> | <p>Individual, family and group skill building to children and families designed to address behaviors and symptoms associated with the child's mental health diagnosis.</p> | <p>Eligibility Requirements ~ behavioral need, mental health diagnosis Documents ~ documentation of mental health diagnosis Fees ~ Title 19 or private insurance</p> |

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| <p>Psychiatric Medical Institution for Children (PMIC) Four Oaks Cedar Rapids, IA www.fouroaks.org</p> | <p>Youth Age 5-18</p> | <p>1-844-364-0259 24 hours/7 days</p> | <p>The Psychiatric Medical Institution for Children (PMIC) is designed especially for children between the ages of 5 and 18 who present serious emotional and behavioral problems. The basic foundation of this program is designed to develop positive self-concepts, social and problem-solving skills while integrating child and family treatment components.</p> | <p>Eligibility Requirements ~ contact program Documents ~ contact program Fees ~ contact program</p> |
| <p>School-Based Therapy Services Four Oaks 1916 Waterfront Drive Iowa City IA 52240 http://www.fouroaks.org</p> | <p>Youth School-based</p> | <p>319-337-4523 M-F</p> | <p>Therapists within eastside Iowa City junior high and high schools with youth identified by the school as needing counseling services.</p> | <p>Eligibility Requirements ~ contact program Documents ~ contact program Fees ~ Insurance, private pay</p> |
| <p>Advocacy & Family Resource Centers Iowa City Community School District 1725 N Dodge Street Iowa City IA 52245 www.iowacityschools.org/pages/ICCSA</p> | <p>Youth</p> | <p>319-688-1000 Or Contact the child's school and request the Family Student Advocate</p> | <p>A free resource for families living in the Iowa City Community School District. Support, referrals, resources, case management specifically in the areas of mental health, basic needs (food, clothing, etc.), housing, mentoring, meetings, home visits, attendance, and school engagement. Student and Family advocates strive to reduce a child's barriers to learning.</p> | <p>Eligibility Requirements ~ contact program Documents ~ contact program Fees ~ contact program</p> |
| <p>Healthy Kids Community Care School-Based Health Clinic Iowa City Community School District 1725 N Dodge St Iowa City IA 52245 http://www.iowacityschools.org/pages/ICCSA/Departments/Health_Services/Healthykids</p> | <p>Youth School-based</p> | <p>319-631-3204 M-F 8-5:00 pm</p> | <p>Provides no-cost primary and mental health care services to medically uninsured, underinsured or those who have trouble reaching care. Work with area and community providers to offer well care, sick care, sports physicals, immunizations, and referrals for dental, laboratory work, x-rays, and sub specialty care as needed. Connect families to resources within the Iowa City Community School District and to area agencies for ongoing needs or support. Mission is to serve the medical needs of children and adolescents who would otherwise not have access to healthcare or face other barriers.</p> | <p>Eligibility Requirements ~ medically uninsured, underinsured or those who have trouble reaching primary and mental health care services. Must be residents of Johnson County, ages 0-21, through graduation from high school. Documents ~ ID or passport and immunization record, if available Fees ~ none</p> |
| <p>Special Populations Involvement Iowa City Parks and Recreation 220 S Gilbert Street Iowa City IA 52240 https://icgov.org/pr</p> | <p>Adult & Youth</p> | <p>319-356-5100 various; evenings and weekends</p> | <p>Special Populations Involvement (SPI) program provides leisure opportunities for persons with special needs, including those with physical, mental or emotional disabilities. SPI programs are offered in structured, success oriented environments in the areas of sports & fitness, arts & movement, independent living skills, clubs, social activities, and special events.</p> | <p>Eligibility Requirements ~ persons with physical, mental, and/or emotional disabilities Documents ~ SPI registration form, Special Olympics application for participation form Fees ~ various; \$0-\$25</p> |

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| <p>Focus on Youth Johnson County Social Services 855 S Dubuque Street - Suite 202B Iowa City IA 52240 www.johnson-county.com</p> | <p>Youth</p> | <p>319-356-6090 applications accepted M-F 8-4:30 pm</p> | <p>Focus on Youth can provide assistance with mental health related medications for youth, assist with the costs of family or individual counseling, behavioral health intervention services, or assist with the costs of a mental health diagnosis or assessment.</p> | <p>Eligibility Requirements ~ children (0 to 18 years of age) who have been diagnosed with a severe emotional or behavioral disorder, and live in Johnson County. Income at or below 300% of Federal Poverty. Documents ~ Completed Focus on Youth application, and a copy of the diagnosis from a licensed mental health professional or medical doctor Fees ~ None</p> |
| <p>Family Systems Therapy and Counseling Services Systems Unlimited 2533 Scott Blvd SE Iowa City IA 52240 www.sui.org</p> | <p>Disabled</p> | <p>319-338-9212</p> | <p>Provides mental health services to children, adults, couples, and families.</p> | <p>Eligibility Requirements ~ contact program Documents ~ contact program Fees ~ contact program</p> |
| <p>Behavioral Health Clinic (BHC) Tanager Place 1150 5th St, Suite 160 Coralville IA 52241 www.tanagerplace.org</p> | | <p>319-286-4520 Office hours: Monday-Friday 8-5 pm</p> | | |
| <p>Pediatric Integrated Health Services (PIH) Tanager Place 2309 C Street SW Cedar Rapids IA 52404 www.tanagerplace.org</p> | <p>Youth Age 4-17</p> | <p>319-365-9164 Office hours: Monday-Friday 8-4:30 pm</p> | <p>Provides families with a 3-person team of professionals (social worker, nurse, and family support specialist) who assist in locating resources, providing support, and linking children to needed health care and mental health care providers. The team ensures these services and resources are coordinated and optimized to help children and families meet their health goals.</p> | <p>Eligibility Requirements ~ children ages 4 to 17 who have Medicaid and a mental health diagnosis. Documents ~ Documentation of mental health diagnosis. The program can assist in accessing this documentation. Fees ~ Free to those with Medicaid Insurance.</p> |
| <p>Pediatric Mental Health Services University of Iowa Children's Hospital 200 Hawkins Drive Iowa City IA 52242 https://www.uichildrens.org/mentalhealth/#MarketingContent</p> | <p>Youth</p> | <p>1-888-573-5437</p> | <p>Provides a full range of mental health services to children and adolescents. Staff members offer services ranging from outpatient care to acute inpatient treatment. Services include medication management, educational consultation and testing, psychological testing, individual therapy, and family counseling.</p> | <p>Eligibility Requirements ~ services for children and adolescents. Documents ~ contact program Fees ~ contact program</p> |
| <p>Counseling & Therapy United Action for Youth 410 Iowa Ave Iowa City IA 52240 unitedactionforyouth.org</p> | <p>Teen & Families</p> | <p>319-338-7518 M-F 9-5:00 pm</p> | <p>UAY offers formal therapy by licensed mental health counselors specializing in work with teens and families.</p> | <p>Eligibility Requirements ~ services for youth and families Documents ~ contact program Fees ~ Insurance billing/grant funding for some services</p> |

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| MENTAL HEALTH - RESIDENTIAL CARE | | | | |
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| Residential Care Facility Chatham Oaks, Inc. 4515 Melrose Ave Iowa City IA 52246 http://www.chathamoaks.org/ | Adult | 319-887-2701 daily for 24 hours | To provide residential care to those who are over the age of 18 with a mental health diagnosis. The purpose of the program is to encourage individual growth and promote recovery. Visitors are welcome daily from 8 am to 9 pm. | Eligibility Requirements ~ 18 years old and have a mental illness. Documents ~ clinical information is needed from the treating physician as to why this level of care is needed. Fees ~ Funding authorized from the individual's region must be secured. Private pay is also an option. |
| Birch House Hillcrest Family Services 745 Pepper Drive Iowa City IA 52242 http://hillcrest-fs.org/ | Adult | 319-341-9849 24 hour residential program for adults with a serious mental illness | 5 bed group home for adults with a serious mental illness | Eligibility Requirements ~ diagnosis of serious mental illness, 18 and older, must meet Housing and Urban Development (HUD) requirements for criminal and substance abuse background. Please contact Manager for more information. Documents ~ HUD application, income verification, criminal background checks, proof of serious mental illness diagnosis, social history. Fees ~ rent (HUD project- based on income); boarding costs (includes all utilities and food) and service costs (generally paid by Medicaid or East Central Region funding) |
| Fairweather Lodge Program Shelter House Community Shelter & Transition Services 429 Southgate Avenue Iowa City IA 52240 www.shelterhouseiowa.org | Adult | 319-530-4729 | Recovery program for people with mental illness who are seeking community, peer support, long-term stable housing, supported employment, and mental health stability. | Eligibility Requirements ~ applicant must meet State of Iowa requirements for serious and persistent mental illness; willing and physically able to work; alcohol and drug-free for past 3 months; cannot have manifested self-abusive or suicidal acts in the past 3 months; Must be committed to taking medication as prescribed by a mental health provider. Documents ~ Fairweather Lodge application Fees ~ contact program |
| Supportive Housing Program Successful Living 2406 Towncrest Drive Iowa City IA 52240 icsuccess.org | Adults with Chronic Mental Illness | 319-358-6800 M-F 9-5:00 pm | Agency-owned houses in which both Transitional and Permanent housing is offered to persons having a diagnosed chronic mental illness. Trained Counselors support residents with budgeting, setting and attending appointments, shopping, medications, mental health support and goal setting on a path towards mental health recovery and improved independence and community integration. | Eligibility Requirements ~ contact program Documents ~ contact program Fees ~ contact program |

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| <p>Psychiatric Medical Institute for Children Tanager Place 2309 C Street SW Cedar Rapids, Iowa 52404 www.tanagerplace.org</p> | <p>Youth Age 5-17 Residential</p> | <p>319-365-9165 M-F 9-5:00 pm</p> | <p>Residential program for children struggling with both an intellectual and emotional disability. The program serves children who are struggling with an intense psychiatric diagnosis. A professional team works with each child and integrates parental involvement to develop treatment goals to overcome severe psychiatric challenges.</p> | <p>Eligibility Requirements ~ PMIC program is available to children ages 5 through 17 who meet requirements for admission. Documents ~ admission packet must be completed. Fees ~ Medicaid or Private Insurance Eligible</p> |
| SUBSTANCE ABUSE SERVICES | | | | |
| <p>Substance Abuse Support Group AlAnon Family Groups/ Alateen A variety of locations. www.ia.al-anon.alateen.org/</p> | <p>General (may vary depending on type of meeting)</p> | <p>319-499-8344 or 888-425-2666 Meeting times vary. Please call or visit website for current information.</p> | <p>The Al-Anon Family Groups are a fellowship of relatives and friends of alcoholics who share their experience, strength, and hope in order to solve their common problems. We believe alcoholism is a family illness, and that changed attitudes can aid recovery. Al-Anon has but one purpose: to help families of alcoholics. We do this by practicing the Twelve Steps, by welcoming and giving comfort to families of alcoholics, and by giving understanding and encouragement to the alcoholic.</p> | <p>Eligibility Requirements ~ contact program Documents ~ contact program Fees ~ none</p> |
| <p>24-Hour Crisis Line Alcoholics Anonymous PO Box 487 Iowa City IA 52240 www.aa-ic.org</p> | <p>Adult & Youth Substance Abuse Addiction</p> | <p>HOTLINE 319-351-0140</p> | <p>Visit website for list of weekly meeting locations and time.</p> | <p>Eligibility Requirements ~ No age requirement, Membership is open to anyone Documents ~ contact program Fees ~ contact program</p> |
| <p>Addiction Treatment Services Iowa Substance Abuse Information Center 3750 Williams Blvd Cedar Rapids, IA 52404</p> | <p>Adult & Youth Substance Abuse Addiction</p> | <p>HOTLINE 1-866-242-4111 Office hours M-F 9-5:00 pm</p> | <p>Offers behavioral health (i.e. substance abuse, gambling addiction, or mental health issues) information and referrals.</p> | <p>Eligibility Requirements ~ contact program Documents ~ contact program Fees ~ varies, contact program</p> |
| <p>Substance Abuse Support Group Narcotics Anonymous PO Box 2522 Iowa City, IA 52244 seiana.iowa-na.org</p> | <p>General</p> | <p>1-800-897-6242 Meeting times vary. Please call or visit website for current information.</p> | <p>A group of recovering addicts who meet regularly to help each other stay clean.</p> | <p>Eligibility Requirements ~ contact program Documents ~ contact program Fees ~ varies, contact program</p> |

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| <p>Addiction Treatment Services Prelude Behavioral Services 430 Southgate Avenue Iowa City IA 52240 www.preludeiowa.org</p> | <p>Adult & Youth Substance Abuse Addiction</p> | <p>319-351-4357 24 hours/7 days 365 days</p> | <p>Offers services such as: Evaluation and assessment, Outpatient treatment Co-occurring treatment (substance abuse and mental health), Adolescent outpatient, Continuing Care, Family services, Medically managed detoxification, Residential treatment, Halfway, Transitional Housing, Case Management, Committals, Substance abuse information trainings</p> | <p>Eligibility Requirements ~ contact program Documents ~ visit website Fees ~ varies, sliding scale</p> |
| <p>Prevention Services Prelude Behavioral Services 430 Southgate Avenue Iowa City IA 52240 www.preludeiowa.org</p> | <p>Adult & Youth Substance Abuse Addiction</p> | <p>319-351-4357 M-F 8-5:00</p> | <p>Prevention for alcohol, drug, gambling, tobacco, Early Intervention Services (EIS) , OWI 12-hour Course, School-based services ,Parent and family education, Community coalitions</p> | <p>Eligibility Requirements ~ none Documents ~ none Fees ~ varies</p> |
| <p>Alcohol & Chemical Dependency Treatment Program Resolutions Substance Abuse Services 220 Lafayette Street Iowa City IA 52240 www.resolutionsiowacity.com</p> | <p>Adult & Youth Substance Abuse Addiction</p> | <p>319-351-9760 M-F 10-8:00 PM; Saturdays by Appointment,</p> | <p>Offers high quality, individualized and personal outpatient treatment for those suffering with chemical dependency. Also offer Substance Abuse Evaluations for those recently charged with an alcohol or drug related crime.</p> | <p>Eligibility Requirements ~ contact program Documents ~ contact program Fees ~ varies, contact program</p> |
| <p>Chemical Dependency Program University of Iowa Chemical Dependency Clinic 200 Hawkins Drive Iowa City IA 52242 https://uihc.org/substance-use-disorders</p> | <p>Adult Substance Abuse Addiction</p> | <p>319-384-8765 Hours depend upon specific program. Please call for more information.</p> | <p>Provides a full range of outpatient services for adults who want to address their addiction and regain control over their lives.</p> | <p>Eligibility Requirements ~ contact program Documents ~ contact program Fees ~ varies, contact program</p> |
| <p>Substance Abuse Addiction Treatment Program University of Iowa Child & Adult Psychiatry 200 Hawkins Drive Iowa City IA 52242 www.uihealthcare.org/medical-services/psychiatry/</p> | <p>Adult & Youth Substance Abuse Addiction</p> | <p>Children & adolescents: 888-573- 5437 Adults: 319-353-6314 Hours depend upon specific program. Please call for more information.</p> | <p>Inpatient and outpatient comprehensive care to children, adolescents, adults and older adults.</p> | <p>Eligibility Requirements ~ contact program Documents ~ contact program Fees ~ varies, contact program</p> |

CRISIS SERVICES

| HOTLINES | | | | |
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| 24-Hour Crisis Line Alcoholics Anonymous PO Box 487 Iowa City IA 52240 www.aa-ic.org | Adult & Youth Substance Abuse Addiction | HOTLINE 319-351-0140 | Visit website for list of weekly meeting locations and time. | Eligibility Requirements ~ No age requirement, Membership is open to anyone Documents ~ contact program Fees ~ contact program |
| 24-Hour Crisis Intervention Line CommUnity Crisis Services and Food Bank (formerly the Crisis Center) 1121 Gilbert Court Iowa City IA 52240 https://builtbycommunity.org/ | General | HOTLINE 319-351-0140 24 Hours 7 days - 365 days Walk-in 9:00 am–11:00 pm | Talk confidentially to a skilled volunteer who will listen with compassion, respond without judgment and treat you with respect. Will work collaboratively to brainstorm potential options and generate an action plan. | Eligibility Requirements ~ Open to anyone in crisis Documents ~ none Fees ~ services are free and confidential |
| Crisis Chat Intervention Program CommUnity Crisis Services and Food Bank (formerly the Crisis Center) 1121 Gilbert Court Iowa City IA 52240 https://builtbycommunity.org/ | General | www.iowacrisischat.org 2:00 am – 2:00 pm | Prefer typing to talking, use your computer to access free instant-messaging service. Offers online emotional support to anyone in need. Will work collaboratively to brainstorm potential options and generate an action plan. | Eligibility Requirements ~ none Documents ~ none Fees ~ services are free and confidential |
| Iowa Help Line 4 ways to get help www.iowahelpline.org | General | Talk 1-855-800-1239 24 Hours 7 days - 365 days Chat iowacrisischat.org 2:00 pm-2:00 am Text 1-855-800-1239 2:00 pm – 2:00 am Mobile Crisis 1-855-800-1239 24 Hours 7 days - 365 days | Provides crisis counseling and support, suicide prevention, intervention and resource referral to people experiencing a mental health crisis. Access to services are available by phone, text, chat or mobile crisis. Mobile Crisis Outreach provides crisis counseling, risk assessment and resource information for people experiencing a mental health crisis. Mobile Crisis Outreach counselors will respond at the site of where the crisis is occurring. | Eligibility Requirements ~ Free service to anyone in the East Central Region experiencing a mental health crisis. Documents ~ none Fees ~ all services are free and confidential |
| Addiction Treatment Services Iowa Substance Abuse Info Center 3750 Williams Blvd Cedar Rapids, IA 52404 | Adult & Youth Substance Abuse Addiction | HOTLINE 1-866-242-4111 Office hours M-F 9am-5pm | Offers behavioral health (i.e. substance abuse, gambling addiction, or mental health issues) information and referrals. | Eligibility Requirements ~ contact program Documents ~ contact program Fees ~ varies, contact program |

CRISIS SERVICES

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| <p>Problem Gambling Hotline Prelude Behavioral Services 430 Southgate Avenue Iowa City IA 52240 www.preludeiowa.org</p> | <p style="text-align: center;">General</p> | <p style="text-align: center;">1-800-BETSOFF 24 hours/7 days 365 days</p> | <p>Counseling and support</p> | <p>Eligibility Requirements ~ none Documents ~ none Fees ~ contact program</p> |
| <p>Quitline Iowa www.QUITLINEIOWA.org</p> | <p style="text-align: center;">General</p> | <p style="text-align: center;">HOTLINE 1-800-784-8669</p> | <p>It can be difficult to quit tobacco use, but the Quitline Iowa is here to help. The Quitline Iowa is a free program that provides helpful tools, information and support throughout your quit process.</p> | |
| <p>Stop Bullying www.stopbullying.gov</p> | <p style="text-align: center;">General</p> | <p style="text-align: center;">HOTLINE 800-228-1625</p> | <p>When you, your child or someone close to you is being bullied, there are many steps to take to help resolve the situation. Visit the website www.stopbullying.gov to get help now.</p> | |
| <p>Suicide Prevention National Suicide Prevention Lifeline www.suicidepreventionlifeline.org</p> | <p style="text-align: center;">General</p> | <p style="text-align: center;">HOTLINE 800-273-8255</p> | <p>Provides free and confidential emotional support to people in suicidal crisis or emotional distress 24 hours a day, 7 days a week.</p> | |
| <p>Veterans Crisis Line https://www.veteranscrisisline.net/</p> | <p style="text-align: center;">Veteran</p> | <p style="text-align: center;">HOTLINE 1-800-273-8255 x 1 24 Hours 7 days - 365 days Text: 838255 24 Hours 7 days - 365 days</p> | <p>The Veterans Crisis Line connects Veterans in crisis and their families and friends with qualified, caring Department of Veterans Affairs responders through a confidential toll-free hotline, online chat, or text.</p> | <p>Eligibility Requirements ~ Contact program Documents ~ Contact program Fees ~ Contact program</p> |
| <p>Your Life Iowa—Youth Crisis Counseling 3 ways to get help www.yourlifeiowa.org</p> | <p style="text-align: center;">Youth</p> | <p style="text-align: center;">Talk 1-855-581-8111 24 Hours 7 days - 365 days Chat www.yourlifeiowa.org 24 Hours 7 days - 365 days Text 1-855-895-8398 2:00 pm – 10:00 pm</p> | <p>Youth suicide prevention program funded by the Iowa Department of Public Health. Provides crisis counseling, suicide prevention and intervention and support to youth in the state of Iowa.</p> | <p>Eligibility Requirements ~ Free service to youth in the state of Iowa. Documents ~ none Fees ~ none</p> |

OLDER ADULTS

| Name of Program/Provider | Focus Population | Phone Number & Hours | Services Provided | Eligibility Requirement, Documents Needed, Fees |
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| ADULT DAY CARE PROGRAMS | | | | |
| Pathways Adult Day Health Center AbbeHealth Aging Services 817 Pepperwood Lane Iowa City IA 52240 www.abbehealth.org | Age 18 or older who require assistance | 319-339-6162 M-F 7:30 am – 5 pm | Serves people age 18 and older who require daily living assistance due to conditions such as stroke, arthritis, vision-loss, multiple sclerosis, depression and/or Alzheimer's. A multidisciplinary team of professional work together to create a nurturing environment and provide a comprehensive array of services. | Eligibility Requirements ~ contact program Documents ~ contact program Fees ~ contact program |
| IN-HOME/ CHORE SERVICES | | | | |
| Non-Medical In-Home Care Caring Hands & More 409 Kirkwood Ave. Iowa City IA 52240 http://www.caringhandsandmore.com | Adult | 319-337-8922 (Iowa City) 1-866-537-8922 (Toll Free) M–F 8-4:00 pm: Office Hours | Provides in-home care including personal care, companionship, light housekeeping, medication set up/reminders, escort and errand services, respite care, holiday care, and meal prep/clean up. Care Management services include assessments, care plans, collaborating with other healthcare providers, and advocacy for client and family needs. Professional cleaning, snow removal and lawn care services available. | Eligibility Requirements ~ contact program Documents ~ contact program Fees ~ Accept Medicaid Waiver and Long-Term Care Insurance |
| Non-Medical In-Home Care HomeChoice Senior Care 5340 N Park Place NE – Suite 202 Cedar Rapids IA 52402 www.HomeChoiceSeniorCare.com | Adult | 319-363-2721 | Provides in-home senior care services. Services cover the complete range of home assistance, such as; light housekeeping, laundry, grocery shopping, meal preparation, and pet care. | Eligibility Requirements ~ contact program Documents ~ contact program Fees ~ Medicaid Waivers, VA Benefits, Long-Term Care Insurance |
| Home Health Care Kindred At Home 2150 James St. Coralville IA 52241 www.kindredathome.com | Adult Age 65+ | 319-363-4742 7:30 am-5:00 pm Office hours On call 24 hours a day | We offer a variety of services to patients and clients in their homes or places of residence. Our nurses, therapists and other clinical team members focus on each unique patient to deliver the appropriate care, education and support. Our team works every day to help you become more independent, active, and safe in your place of residence. | Eligibility Requirements ~ contact program Documents ~ contact program Fees ~ Medicare A, no out of pocket expense |
| Homemaking/ Home Helper Service Visiting Nurse Association of Johnson County 1524 Sycamore St Iowa City IA 52240 www.vnaic.org | Adult | 319-337-9686 M–F 8-5:00 pm: Nurse on call 24/7 for patient concerns | Skilled homemakers and home helpers help older adults who are not able to do light housekeeping or run errands on their own. Under the direction of our nursing staff, homemakers and home helpers provide assistance with vacuuming, grocery shopping, laundry, other light housekeeping needs and errands. | Eligibility Requirements ~ Johnson County resident Documents ~ contact program Fees ~ Medicare and Medicaid Certified. Most insurances also accepted. Individuals without third party payers pay privately on a sliding scale fee based on income and assets. |

OLDER ADULTS

| Name of Program/Provider | Focus Population | Phone Number & Hours | Services Provided | Eligibility Requirement, Documents Needed, Fees |
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| ADVANCED DIRECTIVES/ END OF LIFE CARE/ HOSPICE | | | | |
| Toll Free Help Line Alzheimer Foundation www.alzfdn.org | | Help Line 1-888-232-8484 8am-8:00 pm | A toll free help line dedicated to meeting the educational, social, emotional and practical needs of individuals with Alzheimer's disease and related illnesses, and their caregivers and families. | Eligibility Requirements ~ contact program Documents ~ contact program Fees ~ contact program |
| Hospice Home The Bird House <u>Service Address</u> 8 Lime Kiln Lane Iowa City IA 52240 <u>Mailing Address</u> PO Box 3338 Iowa City, Iowa 52244 www.hospicehomejc.org thebirdhousehhjc@mediacombb.net - email | Adults, 18 and over | 319-499-1882 Open 24 hours per day | The Bird House is a community nonprofit dedicated to providing compassionate, dignified, end of life care by focusing on the physical, spiritual, and emotional needs of our guests and their loved ones in a peaceful home-like environment The Bird House is a 5 bed residential boarding home that partners with hospice agencies to provide compassionate end of life care. Hospice residents must be under the care of a hospice agency and desire the 24 hour assistance of our caregivers and volunteers. Hospice residents pay privately per day. Sliding scale fees are available for low income hospice prospective residents as grants and donations allow. For more information, go to our website, www.hospicehomejc.org | Eligibility - Receiving hospice care from a local agency, less than 300 pounds, Do Not Resuscitate, limited complicated wound care...Pending consultation with hospice and The Bird House Coordinator. Documents - IPOST and Do not Resuscitate - Limited paperwork for admission Fees ~ Contact The Bird House for current fees - as of 2/18/18 \$240 per day, some long term care insurance coverage |
| Caregiver Support & Education Heritage Area Agency on Aging 6301 Kirkwood Boulevard SW Cedar Rapids IA 52404 http://www.heritageaaa.org/ | Adult Age 60+ | 319-398-5559 M-F 8-5:00 pm | Caregiver Support and Education services include information and resources to individuals who provide care of older adults and adults with disabilities, both professional and family caregivers. | Eligibility Requirements ~ caregivers for people 18+ with disabilities and 60+ Documents ~ contact program Fees ~ contact program |
| Non-Medical Hospice/Palliative Care HomeChoice Senior Care 5340 N Park Place NE – Suite 202 Cedar Rapids IA 52402 www.HomeChoiceSeniorCare.com | Adult | 319-363-2721 24 hours 7 days – 365 days | Staff specially trained and certified to handle the unique needs of hospice/palliative clients. Not a hospice agency, but specializes in non-medical support for hospice clients. | Eligibility Requirements ~ contact program Documents ~ contact program Fees ~ Medicaid Waivers, VA Benefits, Long-Term Care Insurance |

OLDER ADULTS

| Name of Program/Provider | Focus Population | Phone Number & Hours | Services Provided | Eligibility Requirement, Documents Needed, Fees |
|--|----------------------|--|--|---|
| Hospice Services Iowa City Hospice 1025 Wade Street Iowa City IA 52240 www.iowacityhospice.org | General | 319-351-5665 M-F 8-5:00 pm | Provides hospice services to anyone affected by a terminal illness. Iowa City Hospice is dedicated to offering services to everyone regardless of an individual's ability to pay. | Eligibility ~ contact program Documents ~ contact program Fees ~ contact program |
| Honoring Your Wishes/Advance Care Planning Iowa City Hospice 1025 Wade Street Iowa City IA 52240 www.honoryourwishes.org | Adult | 319-351-5665 M-F 8-5:00 pm | Honoring Your Wishes is a community-wide advance care-planning program under the leadership of Iowa City Hospice. Advance care planning services to complete a legal advance care plan are available at four community sites: Iowa City Hospice, the Senior Center, Mercy Iowa City, and University of Iowa Health Care. For more information or to make an appointment at one of the locations, please go to their website. | Eligibility ~ Adults with decision-making capacity Documents ~ Honoring Your Wishes has created an advance directive that is located on the website. Fees ~ This service is free. Individuals are welcome to bring family or friends to scheduled appointments. |
| Bereavement Support & Counseling Iowa City Hospice 1025 Wade Street Iowa City IA 52240 www.iowacityhospice.org | General | 319-351-5665 M-F 8-5:00 pm | Following a death, Iowa City Hospice bereavement staff is available to support family members and friends throughout the grieving process. Iowa City Hospice offers a variety of grief support services including support groups, grief education, and special events. For detailed information, please visit our website. | Eligibility ~ anyone who is grieving the loss of a loved one Documents ~ contact program Fees ~ contact program |
| FINANCIAL ASSISTANCE & HEALTH CARE COVERAGE | | | | |
| AARP Foundation Tax-Aide Iowa City/Johnson County Senior Center 28 S Linn Street Iowa City IA 52240 www.icgov.org/senior | Adult Age 60+ | 319-356-5220 Feb 1 - April 15 Weekday morning & afternoon appointments | Each year the Iowa City/Johnson County Senior Center partners with the AARP Foundation Tax-Aide Program to offer free tax help to taxpayers with low and moderate income, especially those age 60 and above. Trained volunteers work with participants to prepare and e-file tax returns, ensuring they receive applicable tax credits and deductions. Help is also available for completing rent and property tax rebates for seniors and disabled individuals. | Eligibility Requirements ~ contact program Documents ~ government issued identification; copy of last year's income tax returns (both federal and state); Social Security cards or other official documentation for yourself and all dependents; checkbook if you want to do a direct deposit of any refund(s); all W-2s Fees ~ none |

OLDER ADULTS

| Name of Program/Provider | Focus Population | Phone Number & Hours | Services Provided | Eligibility Requirement, Documents Needed, Fees |
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| Senior Health Insurance Information Program (SHIIP) Iowa City/Johnson County Senior Center 28 S Linn Street Iowa City IA 52240 www.icgov.org/senior | Adult Age 62+ | 319-356-5220 Weekday morning and afternoon appointments available year round. | SHIIP counselors can help you find answers to your questions about Medicare, Medicare supplemental insurance, long term care insurance, Part D for Medicare Drug Benefits, Part C for Advantage plans, and other health insurance issues. | Eligibility Requirements ~ contact program Documents ~ Medicare card; prescription drug information or bottles (necessary information includes: full name of prescription drugs, whether it is a brand name or generic, dosage, and frequency) Fees ~ none |
| Senior Health Insurance Information Program (SHIIP) Mercy Iowa City 500 E Market Street Iowa City IA 52245 www.mercyiowacity.org | Adult | 319-339-3658 M-F 8-4:30 pm | SHIIP provides free counseling to individuals on disability and nearing Medicare eligibility re: Medicare benefits and supplemental insurance | Eligibility Requirements ~ none Documents ~ depends on situation Fees ~ none |
| Retirement Benefits Social Security Administration 1100 6th Street - Suite 100 Coralville IA 52241 www.socialsecurity.gov | Adult | 866-964-2039 M, T, TH & F 9-4:00 pm Wed 9-12:00 pm | Retirement Benefits | Eligibility Requirements ~ contact program Documents ~ contact program Fees ~ contact program |
| Survivors Benefits Social Security Administration 1100 6th Street - Suite 100 Coralville IA 52241 www.socialsecurity.gov | Adult | 866-964-2039 M, T, TH & F 9-4:00 pm Wed 9-12:00 pm | Survivors Benefits | Eligibility Requirements ~ contact program Documents ~ contact program Fees ~ contact program |
| HEALTH EDUCATION & PREVENTION | | | | |
| Caregiver Support & Education Heritage Area Agency on Aging 6301 Kirkwood Boulevard SW Cedar Rapids IA 52404 http://www.heritageaaa.org/ | Adult Age 60+ | 319-398-5559 M-F 8-5:00 pm | Caregiver Support and Education services include information and resources to individuals who provide care of older adults and adults with disabilities, both professional and family caregivers. | Eligibility Requirements ~ caregivers for people 18+ with disabilities and 60+ Documents ~ contact program Fees ~ contact program |
| Geriatrics Education Program Iowa Geriatric Education Center 2153 Westlawn Iowa City, IA 52242 https://igec.uiowa.edu/ | Adult Age 65+ | geriatric-education@uiowa.edu | A resource for education programs for older adults, as well as for healthcare professionals in the field of geriatrics. | Eligibility Requirements ~ contact program Documents ~ contact program Fees ~ contact program |

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| Safe Strides Kindred At Hoome 2150 James St. Coralville IA 52241 www.kindredathome.com | Adult Age 65+ | 319-363-4742 7:30 am-5:00 pm Office hours On call 24 hours a day | This unique, home-based rehabilitation program for all eligible home health patients is revolutionizing fall prevention and is making a dramatic difference in the lives of thousands of seniors every day. | Eligibility Requirements ~ contact program Documents ~ contact program Fees ~ Medicare A, no out of pocket expense |
| Health Promotion Clinics Visiting Nurse Association of Johnson County 1524 Sycamore St Iowa City IA 52240 www.vnaic.org | Adult | 319-337-9686 Varies - call for details | Health promotion clinics are held at senior sites throughout Johnson County. Blood pressure, pulse rate, glucose, weight and BMI checks are available along with health information. Cholesterol screenings are available once a month. | Eligibility Requirements ~ Johnson County resident Documents ~ contact program Fees ~ charge for Cholesterol and Glucose Screenings |
| Stepping On Fall Prevention Workshops Visiting Nurse Association of Johnson County 1524 Sycamore St Iowa City IA 52240 www.vnaic.org | Adult | 319-337-9686 Workshop times vary. Please contact our office for information | Stepping On is a seven-week workshop program for independent community-dwelling older adults who have fallen, are at risk of falling or who have a fear of falling. | Eligibility Requirements ~ Johnson County resident Documents ~ contact program Fees ~ Please call our office for information |
| Wellness Clinics- Senior Center Health Suite Visiting Nurse Association of Johnson County 1524 Sycamore St Iowa City IA 52240 www.vnaic.org | Adult | 319-337-9686 Varies - call for details | Iowa City Senior Center, 28 S Linn St. Quick Check Health Screening available Monday, Wednesday and Friday from 11am-1pm. Services include, Foot Clinic, blood sugar screening, cardiac risk & cholesterol screening, Influenza and Pneumonia Vaccination (Oct-Dec), Health Information Brochures available **Some charges may apply | Eligibility Requirements ~ Johnson County resident Documents ~ contact program Fees ~ varied depends on program attended |
| HOUSING | | | | |
| Chore/ Home Repair/ Home Modification Aging Services Chore Home Repair 317 7 th Ave. SE, Suite 302 B Cedar Rapids, IA 52401 www.abbehealth.org | Adult Age 60+ | 319-398-3644 M-F 8:00-4:30 pm | AbbeHealth Aging Services Chore Home Repair program assists individuals in remaining in their home by providing small home repairs, such as; plumbing, lawn-mowing, yard work, snow removal and leaf-raking. | Eligibility Requirements ~ contact program Documents ~ contact program Fees ~ vary depending on income; based on sliding fee scale. |

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| <p>Home Repair/ Home Modification Iowa Valley Habitat for Humanity Helping Hands Program 2401 Scott Blvd. Iowa City, IA 52245 www.iowavalleyhabitat.org</p> | <p>Age 65+ Physically Disabled</p> | <p>(319)337-8949 M-F 9:00-5:00</p> | <p>Under the Helping Hands Program, Iowa Valley Habitat for Humanity will oversee home repairs and modifications for seniors and physically disabled residents of Johnson County. A variety of repairs will be considered including, wheel chair ramp construction, furnace replacement and porch repair. Habitat for Humanity will consider exterior work on mobile homes, but will not consider interior repairs. Habitat for Humanity also performs "light work" which includes changing light bulbs, replacing furnace filters and changing batteries in smoke detectors. There is no fee but Habitat suggests a donation of \$15.</p> | <p>Income: Less than 80% of annual median income as established by HUD. Call office for specific amounts. Documentation: Completed application required Fees: Homeowner must repay costs associated with the project. IVHFH will provide a zero-interest loan and create a repayment plan that fits each applicant's budget.</p> |
| <p>Assisted Living Emerson Point 1355 Shannon Drive Iowa City, IA 52246</p> | <p>Older Adults</p> | <p>319-466-0200 24 hours 7 days – 365 days</p> | <p>Emerson Point is Affordable Assisted Living for person 65 years of age and older. Some tenants may qualify subsidies to reduce out of pocket expenses.</p> | <p>Eligibility Requirements ~ Documents ~ Fees ~ Accepts Medicaid Waiver and Section 8 Rental Assistance</p> |
| <p>Skilled Nursing Facility Briarwood Health Care Center 605 Greenwood Dr. Iowa City, IA 52246</p> | <p>Older Adults</p> | <p>319-338-7912 24 hours 7 days – 365 days</p> | <p>Briarwood offers Long Term Care, Respite Care and Rehabilitation services.</p> | <p>Eligibility Requirements ~ Documents ~ Fees ~ Contact Program Accepts Medicaid and Medicare</p> |
| <p>Skilled Nursing Facility Iowa City Rehabilitation and Health Care Center 3661 Rochester Avenue Iowa City, IA 52245</p> | <p>Older Adults</p> | <p>319-351-7460 24 hours 7 days – 365 days</p> | <p>Skilled nursing care, short-term care (respite), rehabilitation following surgery, specialized wound care, IVs, tube feedings, tracheostomy care, bariatric care.</p> | <p>Eligibility Requirements ~ Documents ~ Fees ~ Persons needing nursing home care, skilled nursing care or respite care. Contact Program Accepts Medicaid, Medicare and some insurance plans</p> |
| <p>Skilled Nursing Facility Lantern Park Nursing and Rehab Center 2200 Oakdale Road Coralville, IA 52241</p> | <p>Older Adults</p> | <p>319-351-8440 24 hours 7 days – 365 days</p> | <p>24-hour nursing care, full social and activity programs, select menus, wander protection system, therapy programs (physical, speech, occupational, IV), tube feeding, wound care, and hospice care. We also do outpatient therapy-and can bill all major insurance programs.</p> | <p>Eligibility Requirements ~ Documents ~ Fees ~ Persons needing nursing home care or skilled nursing care. Contact Program Medicare and Medicaid residents accepted. VA Contract</p> |

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| Skilled Nursing Facility Pioneer Park 501 E. Pioneer Road Lone Tree, IA 52755 www.lhtcc.com | Older Adults | 319-629-4255 24 hours Open 24 hours a day. Business Office is open 8-4:40 Monday- Friday | We offer nursing facility and skilled nursing facility level of care. Services are provided in three separate buildings all attached to each other. Our assisted living apartments are 1 bedroom with 2 apartments that are 2 bedroom apartments. All memory care apartments are 1 bedroom. We also provide outpatient therapy for our residents, tenants and the community. | Eligibility Requirements ~ Contact Program Documents ~ Contact Program Fees ~ Accepts Medicare and Medicaid |
| Assisted Living Skilled Nursing Facility Solon Retirement Village 623 E. 5 th Street Solon, IA 52333 | Older Adults | 319-624-3492 24 hours 7 days – 365 days | Solon Retirement Village is Caring for Our Community by offering Skilled Nursing, Memory Care, Assisted Living, Independent Condos and Outpatient Therapy all in one location. | Eligibility Requirements ~ Information available upon request. Documents ~ Contact Program Fees ~ Accepts Medicaid and Medicare |
| Skilled Nursing Facility Windmill Manor 2332 Liberty Dr Coralville IA 52241 http://www.windmillmanor.com/ | Adult | 319-545-7390 24 hours/7 days | Windmill Manor of Coralville, a not-for-profit provider, is proud to offer many levels of care to meet your needs. We have Windmill Manor Skilled Nursing, our Bounce Back Rehabilitation Program, AJ's Fitness Center and Wellness Program, Outpatient Therapy Services, and Garden Court Alzheimer's/ Dementia Care. | Eligibility Requirements ~ Contact Program Documents ~ Contact Program Fees ~ Accepts Medicaid, Medicare and some insurance plans |
| INFORMATION, REFERRAL & ASSISTANCE | | | | |
| Toll Free Help Line Alzheimer Foundation www.alzfdn.org | | Help Line 1-888-232-8484 8am-8:00 pm | A toll free help line dedicated to meeting the educational, social, emotional and practical needs of individuals with Alzheimer's disease and related illnesses, and their caregivers and families. | Eligibility Requirements ~ contact program Documents ~ contact program Fees ~ contact program |
| Programs, Services & Resources Elder Services 2210 9 th St, Ste. 1 Coralville IA 52241 www.elderservicesinc.org | Adult Age 60+ | 319-338-0515 | Provides programs, services, and resources to assist persons age 60 and over in Johnson County and east central Iowa to stay active, independent, and safe in their homes. | Eligibility Requirements ~ serves clients 60+ Documents ~ contact program Fees ~ contact program |
| Case Management Heritage Area Agency on Aging 6301 Kirkwood Boulevard SW Cedar Rapids IA 52404 http://www.heritageaaa.org/ | Adult Age 60+ | 319-398-5559 M-F 8-5:00 pm | Case Management Program includes the assessment and coordination of home and community based services. This service is also called the Case Management Program for the Frail Elderly (CMPFE). | Eligibility Requirements ~ serves clients 60+ Documents ~ contact program Fees ~ contact program |
| Elder Rights Program Heritage Area Agency on Aging 6301 Kirkwood Boulevard Cedar Rapids IA 52404 http://www.heritageaaa.org/ | Adult Age 60+ | 1-866-468-7887 8-5:00 pm | Individuals, their families and their caregivers can get information on services that are available to at-risk elders. | Eligibility Requirements ~ Persons 60+ Documents ~ none Fees ~ none |

Information is subject to change without notice, please contact the agency directly regarding services.
 For questions regarding the Resource Directory, contact Johnson County Social Services at 319-356-6090
DISCLAIMER: Johnson County does not endorse nor is responsible for the conduct of any organization.

Last Updated ~ 01/18/2019

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| Evidence-Based Health Activities Heritage Area Agency on Aging 6301 Kirkwood Boulevard SW Cedar Rapids IA 52404 http://www.heritageaaa.org/ | Adult | 319-398-5559 M-F 8-5 pm | Heritage offers two evidence-based health programs (Chronic Disease Self-Management Program and Matter of Balance) in the region. These programs are proven effective for improving the health and well-being and aid in reducing disease, disability and/or injury among adults. | Eligibility Requirements ~ contact program Documents ~ contact program Fees ~ contact program |
| Information, Referral & Assistance Heritage Area Agency on Aging 6301 Kirkwood Boulevard SW Cedar Rapids IA 52404 http://www.heritageaaa.org/ | Adult Age 60+ | 319-398-5559 M-F 8-5:00 pm | Information and Assistance consists of assessing and offering services that allow older adults and adults with disabilities to live in their home when possible. | Eligibility Requirements ~ clients 18+ with disabilities and 60+ Documents ~ contact program Fees ~ contact program |
| Aging Disability Resource Center Heritage Area Agency on Aging 6301 Kirkwood Boulevard Cedar Rapids IA 52404 http://www.heritageaaa.org/ | Adult 18+ with a disability Age 60+ | 1-866-468-7887 8-5:00 pm | Connects callers with home and community based services and/or referral to Options Counseling. | Eligibility Requirements ~ Persons 18+living with a disability, Persons 60+, Caregivers and Veterans Documents ~ none Fees ~ none |
| Older Worker Employment Program Heritage Area Agency on Aging 6301 Kirkwood Boulevard SW Cedar Rapids IA 52404 http://www.heritageaaa.org/ | Adult Age 55+ | 319-398-5559 M-F 8-5:00 pm | Older Worker Employment Program assists individuals 55 years of age and older with a disability with employment. | Eligibility Requirements ~ 55+ with a disability Documents ~ contact program Fees ~ contact program |
| Options Counseling Heritage Area Agency on Aging 6301 Kirkwood Boulevard SW Cedar Rapids IA 52404 http://www.heritageaaa.org/ | 18+ with a disability Age 60+ | 319-398-5559 M-F 8-5:00 pm | Options Counselors are qualified and knowledgeable professionals that will visit with you via phone, or in person as often as you need, to help connect you to services and plan for potential future needs. | Eligibility Requirements ~ clients 18+ with disabilities and 60+ Documents ~ contact program Fees ~ contact program |
| Senior Center Membership Iowa City/Johnson County Senior Center 28 S Linn Street Iowa City IA 52240 www.icgov.org/senior | Adult Age 50+ | 319-356-5220 | Senior Center members can participate in Center-sponsored classes, groups, and activities; use the computer lab, billiards room, and commercial-quality fitness equipment; access Center facilities during extended hours, 7 days/week; receive discounts on parking, room rentals, and some Center classes; and receive invitations to membership appreciation events. | Eligibility Requirements ~ anyone age 50 and over may join. Documents ~ contact program Fees ~ \$40 for a single membership, \$25 for each additional household member for Iowa City resident; \$75 single non-Iowa City resident, \$45 for each additional household member....low income discounts are available for membership and parking. |

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| Aging Specialist Johnson County Social Services 855 S. Dubuque St, Ste. 202B Iowa City IA 52240 http://www.johnson-county.com/ss | Adult | 319-356-6090 | The Aging Specialist provides older adults and caregivers a Coordinated Point of Entry where they receive information and assistance, assessment of needs, referral, assistance in completing applications and follow up to ensure that referrals and services are accessed. | Eligibility Requirements ~ Older Adults or caregivers of older adults. Documents ~ None Fees ~ Free |
| Information, Referral & Assistance Johnson County Social Services 855 S. Dubuque St, Ste. 202B Iowa City IA 52240 http://www.johnson-county.com/ss | Adult | 319-356-6090 | Provides information on services and activities available in Johnson County. | Eligibility Requirements ~ contact program Documents ~ contact program Fees ~ contact program |
| Home Care Aide Services Visiting Nurse Association of Johnson County 1524 Sycamore St Iowa City IA 52240 www.vnaic.org | Adult | 319-337-9686 M–F 8-5:00 pm: Nurse on call 24/7 for patient concerns | Skilled home health aides help elders, older adults, convalescent or disabled persons live in their own homes instead of in a healthcare facility. Most home health aides work with persons who need more extensive care than family or friends can provide. Some help discharged hospital patients who have relatively short-term needs. Under the direction of our nursing staff, home health aides provide health-related services, such as administering oral medications, help with simple prescribed exercises, keeping patient’s rooms neat, and help patients to move from bed, bathe, dress and groom. | Eligibility Requirements ~ Johnson County resident Documents ~ contact program Fees ~ Medicare and Medicaid Certified. Most insurances also accepted. Individuals without third party payers pay privately on a sliding scale fee based on income and assets. |
| MEALS – DINING SITES & HOME DELIVERED | | | | |
| Senior Nutrition Programming & Education Heritage Area Agency on Aging 6301 Kirkwood Boulevard SW Cedar Rapids IA 52404 http://www.heritageaaa.org/ | Adult Age 60+ | 319-398-5559 M-F 8-4:30 pm | Heritage funds twenty meal sites in our seven county region. Congregate dining provides a nutritious meal, socialization and activities. Home delivered meals are provided for seniors who are home bound and have difficulty preparing meals. | Eligibility Requirements ~ serves clients 60+ Documents ~ contact program Fees ~ contact program |
| Elderberry Café @ The Senior Center Elder Services Inc. 28 S Linn Street Iowa City IA 52240 www.elderservicesinc.org | Adult | 319-338-0515 M–F 11–12:30 pm | Congregate meal site located in the Iowa City Senior Center. No reservation required. | Eligibility Requirements ~contact program Documents ~ contact program Fees ~ |

OLDER ADULTS

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| Meals on Wheels Elder Services, Inc. 2210 9 th St, Ste. 1 Coralville IA 52241 www.elderservicesinc.org | Adult Age 60+ | 319-338-0515 Noon Delivery Only | Meals on Wheels program offers the following meal options to homebound clients; hot meals, shelf stable meals, liquid meal supplements, breakfast bag (7 meals per bag), and frozen meals. | Eligibility Requirements ~ contact program Documents ~ contact program Fees ~ contact program |
| Rural Meal Delivery Elder Services, Inc. 2210 9 th St, Ste. 1 Coralville IA 52241 www.elderservicesinc.org | Adult | 319-338-0515 | Rural Meal Delivery program offers the following meal options to homebound rural residents; shelf stable meals, liquid meal supplements, breakfast bag (8 meals per bag), and frozen meals. | Eligibility Requirements ~ contact program Documents ~ contact program Fees ~ contact program |
| Old Gold Dining Solon United Methodist Church 122 N West Street Solon IA 52333 http://www.soloniaumc.org/resources/solon-community-food-pantry/ | General | 319-624-2251 M-F at 11:30 am | Delicious meal and wonderful company at Solon United Methodist Church. Can also be delivered to your home. Menu is listed in the newspaper. | Eligibility Requirements ~ all ages, available to all. Documents ~ None Fees ~ \$3.75 |
| Home Delivered Meals –Old Gold Dining Solon United Methodist Church 122 N West Street Solon IA 52333 http://www.soloniaumc.org/resources/solon-community-food-pantry/ | General | 319-624-2251 M-F at 11:30 am | Home delivered meals are provided for those who are home bound and have difficulty preparing meals. Meal orders need to be called in the day before prior to 1PM. Menu is listed in the newspaper. | Eligibility Requirements ~ all ages, available to all. Documents ~ None Fees ~ \$3.75 |
| RECREATION | | | | |
| Senior Exercise Class Coralville Parks & Recreation Department 1506 8th Street Coralville IA 52241 www.coralville.org | Adult | 319-248-1750 M, W & F 9:30-10:15 am | Free exercise class geared to seniors | Eligibility Requirements ~ none Documents ~ none Fees ~ none |

OLDER ADULTS

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| <p>Classes & Events Iowa City/Johnson County Senior Center 28 S Linn Street Iowa City IA 52240 www.icgov.org/senior</p> | <p>Adult Age 50+</p> | <p>319-356-5220</p> | <p>Learn something new and keep your mind active with classes at The Center. Classes are taught by knowledgeable instructors in a wide range of areas including arts, culture, music, fitness, literature, languages, history, politics, philosophy, religion, science/math, technology, wellness, and more. Expand your social circle beyond the world of your work and family. At The Center you'll meet other adults over 50 with interests similar to yours. At The Center, you're part of a welcoming community.</p> | <p>Eligibility Requirements ~ some classes require Senior Center membership (anyone age 50+ may become a member); many programs are open to the general public Documents ~ contact program Fees ~ vary by program; many classes and events are free</p> |
| TRANSPORTATION | | | | |
| <p>Transportation Elder Services 2210 9th St, Ste. 1 Coralville IA 52241 www.elderservicesinc.com</p> | <p>Adult</p> | <p>319-338-0515</p> | <p>Provides transportation for adults of any age to medical appointments. All transportation is provided by Volunteers using their own vehicles for transportation. Transportation is available M-F 8:00 am to 5:00 pm and provides door-to-door services.</p> | <p>Eligibility Requirements ~ Adult Documents ~ contact program Fees ~ donation of \$5.00 each way and responsible for any parking fees.</p> |
| <p>Mobility Coordinator Johnson County Social Services 855 S. Dubuque St, Ste. 202B Iowa City IA 52240 http://www.johnson-county.com/ss</p> | <p>Seniors, persons with disabilities, low- income persons</p> | <p>319-356-6090</p> | <p>The mobility coordinator seeks to educate and enhance transportation options in our community by serving as a single point of contact for transportation referrals, education and community outreach.</p> <p>The Mobility Coordinator is here to help you identify what transportation options exist, how to plan a trip riding local public transit systems, learn routes, schedules and become familiar with user-friendly technology that is helpful for transit riders.</p> | <p>Eligibility Requirements ~ Seniors, persons with disabilities, low-income persons and other residents of Johnson County. Documents ~ none Fees ~ Free</p> |

TRANSPORTATION

| Name of Program/Provider | Focus Population | Phone Number | Services Provided | Fees |
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| PUBLIC TRANSIT | | | | |
| CAMBUS 840 Evashevski Dr Iowa City IA 52242 https://transportation.uiowa.edu/cambus | General Public | 319-335-8633 | CAMBUS is the University of Iowa's public transit system that provides fixed-route service throughout the campus. Services are no fare and available to the general public. Partransit: For qualifying persons with disabilities, CAMBUS also provides a complimentary demand-response service called the Bionic Bus. Interested persons may contact the Dispatch & Bionic Supervisor to determine eligibility: (319) 335-7595. | No Fare. Open to general public. |
| Coralville Transit 900 10 th St Coralville IA 52241 www.coralville.org/transit | General Public | 319-248-1790 | Public transit system that provides fixed route service through the City of Coralville. Also connects riders to the Veteran's Hospital, University of Iowa Hospital and the interchange in downtown Iowa City. Coralville Transit also has a route that travels to North Liberty twice a day Monday-Friday. Coralville Transit routes operate Monday-Saturday. For more details on Coralville Transit routes and operations times contact Coralville Transit, the Mobility Coordinator or use www.bongo.org . Fares can be paid directly on the fare box upon boarding the bus. Exact change required. Drivers cannot make change. Paratransit for Coralville Transit is provided by Johnson County SEATS. See Johnson County SEATS description for more details. | Adults and children five years old and older = \$1.00 Children under five years old = Free Youth fare (five to 15 years old); Daily 6:00pm to midnight and all day Saturday = \$0.75 31- Day Pass = \$32.00** 20 - Ride Pass = \$20.00 **= Pass that can be used between both Iowa City and Coralville systems. Riders must purchase a 31-day pass in the city that are a resident of i.e.: an Iowa City resident should purchase a 31-day pass in Iowa City. |
| Iowa City Transit 335 Iowa Ave Iowa City IA 52240 www.icgov.org/transit | General Public | 319-356-5151 | Public transit system that provides fixed route service through the City of Iowa City. Iowa City Transit routes operate Monday-Saturday. For more details on Iowa City Transit, routes and operation times contact Iowa City Transit, the Mobility Coordinator or use www.bongo.org . Fares can be paid directly on the fare box while boarding the bus. Exact change required. Drivers cannot make change. Johnson County SEATS provide Paratransit for Iowa City Transit. See Johnson County SEATS description for more details. | Adults (18 years and up) = \$1.00 Youth (K-12 th grade) = \$0.75 24-Hour Pass = \$2.00 Children under 5 years old = Free Saturday Family Fare = \$1 per family (two adults max) 31- Day Pass = \$32.00** 10-Ride Pass = \$8.50 **= Pass that can be used between both Iowa City and Coralville systems. Riders must purchase a 31-day pass in the city that are a resident of i.e.: an Iowa City resident should purchase a 31-day pass in Iowa City. |

TRANSPORTATION

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| <p>Johnson County SEATS 4810 Melrose Ave Iowa City IA 52246 www.johnson-county.com/seats</p> <p>Paratransit – Urban Service</p> | <p>Paratransit Eligible Individuals who are residents of Coralville, Iowa City, North Liberty and University Heights</p> | <p>General Phone #: 319-339-6128</p> <p>Reservations #: 319-339-6125 Reservations taken during: Monday - Friday 7:00AM to 12:00PM & 1:00PM to 4:00PM Saturday: 8:00AM to 12:00PM</p> <p>Dispatcher #: 319-339-6127</p> | <p>Provides ADA Paratransit for individuals with disabilities who cannot board, ride, or get to an accessible Coralville or Iowa City fixed-route bus due to their disability and are residents of North Liberty, Iowa City, Coralville and University Heights. Eligibility is determined by an application specific to the city you live in (see below for details on applying). SEATS paratransit service is a demand-response service (door-to-door) where riders must reserve rides 1 day to 2 weeks in advance by calling the reservations #.</p> <p>To Apply: Coralville and North Liberty Residents: (319)248-1790 Iowa City Residents: (319)355-5151 University Heights Residents: (319)337-6900</p> <p>-or- download application from: http://www.johnson-county.com/dept_seats.aspx?id=691</p> | <p>\$2.00 one-way fare (exact change required)</p> <p>Punch cards are available for purchase at the SEATS office; punch cards are \$20 and have 10-rides per card.</p> |
| <p>Johnson County SEATS 4810 Melrose Ave Iowa City IA 52246 www.johnson-county.com/seats</p> <p>Rural Service</p> | <p>General Public in Rural Johnson County</p> | <p>General Phone #: 319-339-6128</p> <p>Reservations #: 319-339-6125 Reservations taken during: Monday - Friday 7:00AM to 12:00PM & 1:00PM to 4:00PM Saturday: 8:00AM to 12:00PM</p> <p>Dispatcher #: 319-339-6127</p> | <p>Rides are scheduled by appointment and to be reserved 1-14 days in advance. Rides are approved based on the availability of the SEATS fleet and drivers. Rides can be reserved within 8:30AM-4:30AM according to the days of the week the rural zone is serviced.</p> <p>Northeast: Solon, Shueyville, Swisher, Morse, Oasis (and surrounding areas): Monday, Tuesday, Thursday 8:30AM-4:30PM</p> <p>South: Lone Tree, Sharon Center, Hills, Frytown (and surrounding areas): Monday, Wednesday, Friday 8:30AM - 4:30PM</p> <p>West: Oxford, Tiffin, Cosgrove (and surrounding areas): Tuesday, Thursday 8:30AM-4:30PM</p> | <p>\$2.00 one-way fare (exact change required)</p> <p>Punch cards are available for purchase at the SEATS office; punch cards are \$20 and have 10-rides per card.</p> |

TRANSPORTATION

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| <p>380 Express Bus – Corridor Rides</p> <p>Windstar Lines 9220 Wright Brothers Ct SW Cedar Rapids IA 52404</p> <p>www.380express.com</p> | <p>General Public</p> | <p>319-362-0375</p> | <p>Public bus service between Cedar Rapids and Iowa City. Stops at Cedar Rapids Ground Transportation Center, Kirkwood Community College in Cedar Rapids, Iowa River Landing in Coralville, University of Iowa Hospital and Clinics, and Court Street Transportation Center Iowa City.</p> <p>Managed by the East Central Iowa Council of Governments (ECICOG). ECICOG has contracted with Windstar Lines, Inc. to operate the bus service for all 380 Express Routes.</p> <p>Services provided Monday—Friday from 5:20am to 8:40pm. Runs every 30 minutes during the morning and afternoon rush hour and every hour during midday.</p> <p>All buses are accessible to people with disabilities.</p> | <p>\$3.50 one-way fare</p> <ul style="list-style-type: none"> - Cash or buy using Token Transit smartphone application. <p>\$1.75 one-way fare for Seniors or Persons with Disabilities</p> <ul style="list-style-type: none"> - 60 and older: Government Issued ID must be presented to driver when boarding - Proof of Disability – Medicaid ID or a Disability ID issued by local transit agency or human service agency. Passengers in wheelchairs do not need to present proof of disability. If you have a current disabled ID from a local transit agency, those will be accepted for the 380Express service. |
| <p>BONGO “Bus On The Go”</p> <p>www.bongo.org</p> | <p>General Public</p> | <p>319-471-4155</p> | <p>Use BONGO (Bus on the Go) to find bus locations and arrival times for Coralville Transit, Cambus, and Iowa City Transit buses by phone, text, online, and QR code.</p> <p>Also view ALL transit routes and bus stops for Iowa City, Coralville and CAMBUS using www.bongo.org.</p> <p>Also available on Google Play and the App Store.</p> <p>For GPS-based predictions on bus arrivals text “bongo [stop#] to 41411 or call (319)471-4155.</p> | <p>Free.</p> |
| <p>Google Maps Transit Trip Planner</p> <p>https://www.google.com/maps/dir/</p> | <p>General Public</p> | <p>N/A</p> | <p>Plan your next transit trip using Google Maps Transit. Users can input their starting and ending destinations into Google Maps. After selecting the bus icon, users can choose to leave now, or plan future trips by specifying departure or arrival time. The application will then provide several route options for the user that can be customized based on fastest route, fewest stops, and reduced walking time. Visit www.google.com/maps or download the Google Maps app for your mobile device. Click the bus icon, enter your destination, and select the transit trip that works best for you. This services integrates CAMBUS, Coralville Transit, and Iowa City Transit, allowing seamless planning across services areas.</p> | <p>Free.</p> |
| <p>Social Services Mobility Coordinator</p> <p>855 S Dubuque St Ste 202B Iowa City IA 52240</p> <p>www.johnson-county.com/mobility</p> | <p>General Public</p> | <p>319-356-6090</p> | <p>Single point of contact for transportation related referrals, education and community outreach in Johnson County. Learn more about transportation options in Johnson County and how to reach points of interest using public transit.</p> | <p>Free.</p> |

TRANSPORTATION

| Name of Program/Provider | Focus Population | Phone Number | Services Provided | Fees |
|--|-----------------------|-------------------------|--|---|
| Rideshare, Vanpool, and Zipcar | | | | |
| CorridorRides Carpool www.corridorrides.org | General Public | N/A | Online rideshare platform. Search for single ride matching, vanpool or carpool. Create a profile online to connect with other commuters and start a carpool. When you're matched to a carpool you get to decide who drives, what time you meet, what days you commute together. You can even join more than one carpool if your schedule varies. Just coordinate with your matches to agree on a schedule! | Carpool users are free to base the costs on whatever they may choose. |
| CorridorRides Vanpool www.vanpool380.com/ | General Public | 1-800-Van-4-work | Vanpools are for 5-15 people who live and work in the same area. A primary driver is designated to drive the vehicle. Vanpool is administered by Enterprise Rideshare who provides gas, insurance and vehicle maintenance. Corridor Rides offers a \$400 a month subsidy for groups commuters living in the Corridor. Monthly pricing varies based on vehicle type and number of vanpool members. Accessible vehicles available. | Varies pending on the amount of vanpool members and type of vehicle selected. |
| Lyft www.lyft.com | General Public | N/A | Lyft is a rideshare company available in the area. Create a trip using a smartphone app. Fare is pre-calculated at the time of reservation. Pay on the app using debit or credit card. Download on in the Apple Store or Google Play. | Varies. Pre-calculated at the time of the reservation. |
| Uber www.uber.com | General Public | N/A | Uber is a rideshare company available in the area. Create a trip using a smartphone app. Fare is pre-calculated at the time of reservation. Pay on the app using debit or credit card. Download on in the Apple Store or Google Play. | Varies. Pre-calculated at the time of the reservation. |
| Zip Car www.zipcar.com/iowacity | General Public | (866) 494-7227 | Need a car? Borrow a Zipcar! To use Zipcar, simply register as a member, reserve a car online or by phone, use your Zipcard to enter the car, and drive away. When you're done, return the car to the same location where you picked it up. Access to Zipcar 24/7. Learn more: www.zipcar.com/how | Varies. Discounted hourly rates that start at \$7/hour or \$66/day. Gas, insurance and maintenance are included for free. \$25 one-time application fee and \$50 a year to be a member |

TRANSPORTATION

| Name of Program/Provider | Focus Population | Phone Number | Services Provided | Fees |
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| Accessing Healthcare | | | | |
| American Cancer Society www.cancer.org | Cancer Patients | 1-800-227-2345 | Curbside-to-curbside transportation service that offers free rides to cancer patients to and from their cancer-related treatments. Transportation provided by volunteers. Rides are approved based-on the availability of volunteers. Minimum of three (3) business days' notice is required. Patients must be ambulatory. Patients should request a ride by calling 1-800-227-2345. | Free. |
| Elder Services 1486 S 1st Ave Ste B Iowa City, IA 52240 RSVP www.elderservicesinc.org | Seniors and Disabled | 319-338-0515 ext. 5 | Retired Seniors Volunteer Program. Program provided by Elder Services, for anyone who cannot navigate public transportation and are in need of door to door transportation to and from medical appointments. Available M-F 8am-5pm. Book as early as possible, 5-7 days prior to appointment. Rides are approved based on volunteer availability. Service is free, donations are accepted. All transportation is provided by Volunteers using their own vehicles for transportation, have a good driving record, a valid driver's license, and verified auto insurance. Call 319-338-0515 ext. 5 to request a ride. | Free, donations accepted. |
| Veteran Transportation Service 601 Highway 6 West Iowa City, IA 52246 | Veterans | 319-338-0581 ext. 6356 | VTS can provided transportation for local Veterans to their medical appointments at the VA Hospital in Iowa City. The primary focus of this program is to help veterans with medical necessity to access their healthcare appointments and to those who are mobility restricted. | Free. |
| Non-Emergent Medical Transportation (NEMT) Amerigroup Logisticare www.member.logisticare.com/ | Iowa Medicaid Members with Amerigroup | 1-844-544-1389 (Logisticare) | Iowa Medicaid members who have selected Amerigroup as there Managed Care Organization (MCO) may be eligible for transportation assistance to their medical appointments. Amerigroup uses Logisticare as their transportation vendor. Contact Logisticare by phone or my logging in to www.member.logisticare.com . Reserve rides 1 month to 2 business days in advance. Make sure to have your member ID, phone number of the facility you appointment is at, and the full address of where the appointment is located. If friends or family are taking you to your medical appointments ask about mileage reimbursement. Accessible vehicles available upon request. | Free. |
| Non-Emergent Medical Transportation (NEMT) United Healthcare MTM | Iowa Medicaid Members with United Healthcare Plan of the River Valley | 1-888-513-1613 (MTM) | Iowa Medicaid members who have selected United Healthcare Plan of the River Valley as there Managed Care Organization (MCO) may be eligible for transportation assistance to their medical appointments. United Healthcare Plan of the River Valley uses MTM as their transportation vendor. Contact MTM by phone to make a reservation. Reserve rides 1 month to 2 business days in advance. Make sure to have your member ID, phone number of the facility you appointment is at, and the full address of where the appointment is located. If friends or family are taking you to your medical appointments ask about mileage reimbursement. Accessible vehicles available. | Free. |

TRANSPORTATION

| Name of Program/Provider | Focus Population | Phone Number | Services Provided | Fees |
|--|-----------------------------|---|--|---|
| Transportation Assistance | | | | |
| CommUnity Crisis Services and Food Bank (formerly the Crisis Center) 1121 Gilbert Court Iowa City IA 52240 https://builtbycommunity.org/ | General Public | 319-351-0128 | Provides single ride bus passes for Iowa City Transit: available on the 1 st of the month until gone, limited to 3 per household per month. For individuals in the first 2 weeks of new employment the Crisis Center can provide 10 – ride/20-ride bus passes for Coralville Transit and/or Iowa City Transit. Employer must verify new employment. | Free. |
| IC Compassion 1035 Wade St Iowa City, IA 52240 www.iccompassion.org | General Public | 319-330-9883 | Assist with gas vouchers and bus passes for Iowa City Transit on a case by case basis. IC Compassion encourages those interested to call ahead due to limited availability. | Free. |
| National Runaway Safeline www.1800runaway.org | Youth Ages 12-20 | 1-800-786-2929 | Home Free Program provides a one-way bus ticket home for runaway homeless youth, ages 12-20, who want to return to their families. The youth must call National Runaway Safeline for Assistance. | Free. |
| Salvation Army 1116 S Gilbert Ct Iowa City, IA 52240 www.icsalvationarmy.org | General Public | 319-337-3725 | <ul style="list-style-type: none"> - Gasoline vouchers are issued to those with verified medical appointments or new employment until first paycheck is received. Vehicle must be in clients name. Client must have <u>valid and up to date</u> care insurance <u>and</u> driver's license. - Intercity bus vouchers can be issued on an emergency basis, each case will be reviewed before approval. - Local bus tickets can be issued for verified medical appointments or new employment until first paycheck is received. | Free. |
| TRAIL of Johnson County 28 South Linn St, Room 201 Iowa City, IA 52240 www.trailofjohnsoncounty.org | Seniors | 319-800-9003 Office hours: M-F 9am-1:00 pm | Full members of TRAIL of Johnson County have access to Volunteer Assistance which may include transportation to and from appointments, meetings or shopping. Full membership fees are \$540/year (\$45/month) for single individuals, or \$720/year (\$60/month) for households with two or more members. Call to inquire about subsized full membership rates. | Transportation is included with full membership. |

TRANSPORTATION

| <p>Yellow Cab of Iowa City 2930 Industrial Park Rd Unit A Iowa City, IA 52240</p> <p>www.yellowcab.com/gift-cards</p> | <p>Seniors Age 55 and older</p> | <p>319-338-9977</p> | <p>Gift cards are offered to seniors (age 55 or older) at a 10% discounted rate. The gift card may be stored at the dispatch office and can be applied for cab fares by providing your name. Load funds to the gift card online with a paypal account or call Yellow Cab.</p> <p>Riders may request a sedan or a minivan.</p> | <p>10% Discount</p> |
|---|---|----------------------------|--|---|
| Intercity Busing | | | | |
| Name of Program/Provider | Focus Population | Phone Number | Services Provided | Fees |
| <p>380 Express Bus – Corridor Rides</p> <p>Windstar Lines 9220 Wright Brothers Ct SW Cedar Rapids IA 52404</p> <p>www.380express.com</p> | <p>General Public</p> | <p>319-362-0375</p> | <p>Public bus service between Cedar Rapids and Iowa City. Stops at Cedar Rapids Ground Transportation Center, Kirkwood Community College in Cedar Rapids, Iowa River Landing in Coralville, University of Iowa Hospital and Clinics, and Court Street Transportation Center Iowa City.</p> <p>Managed by the East Central Iowa Council of Governments (ECICOG). ECICOG has contracted with Windstar Lines, Inc. to operate the bus service for all 380 Express Routes.</p> <p>Services provided Monday—Friday from 5:20am to 8:40pm. Runs every 30 minutes during the morning and afternoon rush hour and every hour during midday.</p> <p>All buses are accessible to people with disabilities.</p> | <p>\$3.50 one-way fare</p> <ul style="list-style-type: none"> - Cash or buy using Token Transit smartphone application. <p>\$1.75 one-way fare for Seniors or Persons with Disabilities</p> <ul style="list-style-type: none"> - 60 and older: Government Issued ID must be presented to driver when boarding - Proof of Disability – Medicaid ID or a Disability ID issued by local transit agency or human service agency. Passengers in wheelchairs do not need to present proof of disability. If you have a current disabled ID from a local transit agency, those will be accepted for the 380Express service. |
| <p>Burlington Trailways 170 E Court St Iowa City, IA 52240</p> <p>www.burlingtontrailways.com</p> | <p>General Public</p> | <p>319-337-2127</p> | <p>Station is in Iowa City. Offers scheduled intercity busing services operating 7 days a week. Routes service multiple cities in Iowa and beyond. Purchase tickets online or at the station.</p> | <p>Call or check online for ticket prices.</p> |
| <p>Megabus/Winstar Departs/Arrives at: 906 Quarry Rd Coralville, IA 52241</p> <p>www.megabus.com</p> | <p>General Public</p> | <p>N/A</p> | <p>Scheduled intercity busing. Departs/Arrives from Coralville Intermodal. Tickets must be purchased online.</p> | <p>View ticket prices online at www.megabus.com.</p> |

TRANSPORTATION

| Name of Program/Provider | Focus Population | Phone Number | Services Provided | Fees |
|---|---|--|--|--|
| Door to Door Accessible Transportation | | | | |
| <p>CARE Ambulance</p> <p>1801 S Riverside Dr Iowa City IA 52246</p> <p>www.careambulance.us</p> | <p>General Public with Accessible Needs</p> | <p>(319)512-8811</p> | <p>CARE Ambulance offers all levels ambulance service and secure car transfers.</p> <p>CARE Ambulance also provides transportation for individuals with wheelchairs to and from doctors appointments, scheduled appointments and more. Able to provided services for individuals up to 600 lbs.</p> <p>Services are provided 24 hours a day and most days of the year, including holidays as long as drivers and fleet are available. Accepts private pay by cash, check or charge. Payment due at time of pick-up in person or over the phone.</p> | <p><u>Wheelchair Transport Pricing:</u></p> <p>\$50.00 in town one-way flat rate (10 mile radius)</p> <p>\$80.00 in town round trip flat rate (10 mile radius)</p> <p>\$5.00 per additional mile outside of the 10-mile radius when you are in the vehicle</p> |
| <p>Johnson County SEATS</p> <p>4810 Melrose Ave Iowa City IA 52246</p> <p>www.johnson-county.com/seats</p> <p>Paratransit – Urban Service</p> | <p>Paratransit Eligible Individuals who are residents of Coralville, Iowa City, North Liberty and University Heights</p> | <p>General Phone #: 319-339-6128</p> <p>Reservations #: 319-339-6125</p> <p>Reservations taken during: Monday - Friday 7:00AM to 12:00PM & 1:00PM to 4:00PM Saturday: 8:00AM to 12:00PM</p> <p>Dispatcher #: 319-339-6127</p> | <p>Provides ADA Paratransit for individuals with disabilities who cannot board, ride, or get to an accessible Coralville or Iowa City fixed-route bus due to their disability and are residents of North Liberty, Iowa City, Coralville and University Heights. Eligibility is determined by an application specific to the city you live in (see below for details on applying). SEATS paratransit service is a demand-response service (door-to-door) where riders must reserve rides 1 day to 2 weeks in advance by calling the reservations #.</p> <p>To Apply: Coralville and North Liberty Residents: (319)248-1790 Iowa City Residents: (319)355-5151 University Heights Residents: (319)337-6900</p> <p>-or- download application from: http://www.johnson-county.com/dept_seats.aspx?id=691</p> | <p>\$2.00 one-way fare (exact change required)</p> <p>Punch cards are available for purchase at the SEATS office; punch cards are \$20 and have 10-rides per card.</p> |
| <p>Johnson County SEATS</p> <p>4810 Melrose Ave Iowa City IA 52246</p> <p>www.johnson-county.com/seats</p> <p>Rural Service</p> | <p>General Public in Rural Johnson County</p> | <p>General Phone #: 319-339-6128</p> <p>Reservations #: 319-339-6125</p> <p>Reservations taken during: Monday - Friday 7:00AM to 12:00PM & 1:00PM to 4:00PM Saturday: 8:00AM to 12:00PM</p> <p>Dispatcher #:</p> | <p>Rides are scheduled by appointment and to be reserved 1-14 days in advance. Rides are approved based on the availability of the SEATS fleet and drivers. Rides can be reserved within 8:30AM-4:30AM according to the days of the week the rural zone is serviced.</p> <p>Northeast: Solon, Shueyville, Swisher, Morse, Oasis (and surrounding areas): Monday, Tuesday, Thursday 8:30AM-4:30PM</p> <p>South: Lone Tree, Sharon Center, Hills, Frytown (and surrounding areas): Monday, Wednesday, Friday 8:30AM - 4:30PM</p> <p>West: Oxford, Tiffin, Cosgrove (and surrounding areas): Tuesday, Thursday</p> | <p>\$2.00 one-way fare (exact change required)</p> <p>Punch cards are available for purchase at the SEATS office; punch cards are \$20 and have 10-rides per card.</p> |

TRANSPORTATION

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| | | 319-339-6127 | 8:30AM-4:30PM | |
| Joy Ride www.ridejoyride.com | General Public with Accessible Needs | (319)499-9569 | <p>Non-Emergency transportation provider. Joy Ride will take you anywhere you desire, whether it is a medical appointment, social event, or any other location you wish to travel.</p> <p>Based out of the Des Moines area with a satellite office focusing on Cedar Rapids and Iowa City metro areas. Accepts private pay by cash, check or charge. Payment due at time of pick-up in person or over the phone. Non-emergency provider for Logisticare and MTM as well.</p> <p>Provides service Monday – Friday 6am-6pm. 24 hours in advance notice required for scheduling. No services on major holidays. Allows one personal care attendant to travel with rider for not extra charge.</p> | <p>Iowa City Area to Iowa City Area = - \$40 one way</p> <p>Cedar Rapids Area to Cedar Rapids Area = - \$30 one way</p> <p>Iowa City Area to Cedar Rapids Area = - \$75 one way</p> <p>Other locations = - Case by case based on mileage, call for availability and pricing</p> |
| Non Emergency Transport - Muscatine www.netmuscatine.com | General Public with Accessible Needs | (563)299-3515 | <p>Based out of Muscatine, Iowa. Non Emergency Transport provides accessible transportation in Muscatine and surrounding communities including the Quad Cities and Iowa City. Destinations can be medical appointments and any other location you wish to travel as long as the driver and fleet is available.</p> <p>Accepts private pay by cash or charge. Also a provider for Logisticare and MTM for Medicaid members.</p> <p>Provides service anytime drivers and fleet are available which is typically 6am-6pm Monday-Friday for Iowa City Area. Advanced notice is appreciated when booking but not required for scheduling. Allows a personal care attendant to travel with rider for no extra charge.</p> | <p>Each trip varies, call for pricing.</p> |
| Norse Transport | General Public with Accessible Needs | (319)423-5023 | <p>Based out of Marion, IA, Norse Transport provides accessible transportation in the Cedar Rapids area. Norse Transport can also provide services to Johnson County residents in need of traveling to Linn County on a limited basis as schedule allows.</p> <p>Call for availability of schedule and pricing.</p> | <p>\$2.00 per mile.</p> |

TRANSPORTATION

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| <p>Southeast Iowa Ambulance</p> | <p>General Public with Accessible Needs</p> | <p>(319)466-0735 or (800)562-3396</p> | <p>Based out of Iowa City, IA. Southeast Iowa Ambulance provides accessible transportation within a 30 mile radius of Iowa City. Destinations can be medical appointments and any other location you wish to travel as long as the driver and fleet is available.</p> <p>Accepts private pay by cash, charge or check.</p> <p>Provides service 24 hours a day Monday - Saturday. Advanced notice is appreciated when booking for scheduling. The more notice the better, as soon as a ride is needed it is good to call right away as schedule fills up quickly. Allows a personal care attendant to travel with rider for no extra charge. Limited holiday service based on the availability of drivers and fleet</p> | <p>\$45.00 one way base rate, anything over 4 miles is \$1.90 per mile.</p> |
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| <p>To The Rescue</p> <p>www.totherescure.net</p> | <p>General Public with Accessible Needs</p> | <p>(319)365-9000</p> | <p>To The Rescue provides accessible transportation in the counties of Johnson, Linn and surrounding areas. Transportation is also provided throughout the state of Iowa and special accommodations are available outside of the state. Destinations can be medical appointments or any appointments, errands, special occasions, etc. Call for details</p> <p>Accepts private pay by cash or check. Also provides Non-Emergency Medical Transportation for Logistcare for Amerigroup Medicaid members, call insurance provider for information.</p> <p>Provides service Monday – Friday 7am-5pm. Trips outside of that time can be arranged with advance notice. 48-72 hours’ notice is appreciated when booking a ride. Trips on holidays can be arranged with prior notice. Allows a personal care attendant to travel with rider for no extra charge.</p> | <p>Call for pricing.</p> |
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VETERAN SERVICES

| Name of Program/Provider | Focus Population | Phone Number & Hours | Services Provided | Eligibility Requirement, Documents Needed, Fees |
|---|-------------------------|---------------------------------|---|---|
| Assistance Programs Goodwill's Homeless Veterans Reintegration Program 1441 Blairs Ferry Rd NE Cedar Rapids, IA 52402 www.goodwillheartland.org/people-services/homeless-veterans | Military Veteran | 1-866-466-7881 | Goodwill provides veterans with individual assessment, case management, counseling, classroom learning, work experience, job training, skill development, placement assistance and follow-up support. This program assists veterans in the Cedar Rapids and Quad Cities areas. | Eligibility Requirements ~ Contact program Documents ~ Contact program Fees ~ Contact program |
| "Operation Home" Supportive Services for Veteran Families Hawkeye Area Community Action Program, Inc. (HACAP) 367 Southgate Avenue Iowa City IA 52240 www.hacap.org | Military Veteran | 319-721-1474 M-F 8-5:00 pm | Offers various programs such as rental assistance, vehicle repair, and housing stabilization and goods and services. | Eligibility Requirements ~ veteran or veteran in the household, have served at least 1 day of active duty, meet income guidelines, cannot have been dishonorable discharged, be homeless or at risk of homelessness Documents ~ DD-214, proof of income, ID, Social Security cards for everyone in the household Fees ~ none |
| LifeLong Links Program Heritage Area Agency on Aging 6301 Kirkwood Boulevard Cedar Rapids IA 52404 http://www.heritageaaa.org/ | Military Veteran | 1-866-468-7887 M-F 8-5:00 pm | Connects callers with home and community based services and/or referral to Options Counseling. Options Counseling is face-to-face counseling that connects persons to needed benefits and long-term support services. | Eligibility Requirements ~ Service Persons 18+living with a disability, Persons 60+, Caregivers and Veterans Documents ~ none Fees ~ none |
| HERO Healing at English River Outfitters 2564 305 th St Washington IA 52353 http://englishriveroutfitters.org | Military Veteran | 563-257-4923 | English River Outfitters is part of the healing process for veterans. Our priority is to help foster a healthy readjustment back to civilian life through a positive outdoor experience. Veterans and families served at English River Outfitters experience a variety of therapeutic, group-based activities designed to re-establish confidence, hope, and health. In addition to our weekend retreats for veterans, we also hold special programs to serve children from Gold Star families, as well as ladies-only veteran camp-out events. | Eligibility Requirements ~ Contact program Documents ~ Contact program Fees ~ Contact program |
| HUD - Veteran's Supportive Housing Program (VASH) Iowa City Housing Authority 410 E Washington St Iowa City IA 52240 https://icgov.org/ | Military Veteran | 319-356-5400 M-F 8-4:30 pm | The Department of Housing and Urban Development (HUD) – VA Supportive Housing (VASH) Program is a joint effort between HUD and Veteran Affairs (VA) to move veterans and their families out of homelessness and into permanent housing. HUD provides housing assistance through its Housing Choice Voucher Program (Section 8) that allows homeless Veterans to rent privately owned housing. | Eligibility Requirements ~ Contact program Documents ~ Contact program Fees ~ Contact program |

VETERAN SERVICES

| Name of Program/Provider | Focus Population | Phone Number & Hours | Services Provided | Eligibility Requirement, Documents Needed, Fees |
|--|-------------------------|--|--|--|
| Veterans Affairs Johnson County Veterans Affairs 855 S Dubuque St - Suite 109C Iowa City IA 52240 www.johnson-county.com/dept_vets | Military Veteran | 319-356-6049 M-F 7:30-4:00 pm | Connect Veterans with pertinent programs. May provide short-term monetary help to Johnson County Veterans in extreme financial crisis. Financial assistance is available to address the following needs: shelter, utilities, food, burial and medical/dental expenses. | Eligibility Requirements ~ Veteran status determined upon application Documents ~ DD-214 Discharge papers Fees ~ none |
| PATH Mid-Eastern Iowa Community Mental Health Center 507 E College St Iowa City IA 52240 communitymentalhealthcenter.org | Military Veteran | 319-430-7234 M-F 10-6:00 pm | Outreach, Case Management, Housing Assistance, MH Supports | Eligibility Requirements ~ homeless or at risk of homelessness & mental illness Documents ~ none Fees ~ none |
| Veterans Grant Per Diem (GPD) Programs Shelter House Community Shelter & Transition Services 429 Southgate Avenue Iowa City IA 52240 www.shelterhouseiowa.org | Military Veteran | 319-530-8707 | Transitional housing and support services for veterans who are experiencing homelessness. Shelter house has 11 beds designated for the program and participants can stay in supportive housing for up to 24 months, if appropriate. Meals are provided, and the environment is clean, secure and staffed 24 hours a day. | Eligibility Requirements ~ ~ veteran have served at least 1 day of active duty, meet income guidelines, cannot have been dishonorable discharged, be homeless or at risk of homelessness, requires stable/structured program to maintain mental health and sobriety Documents ~ Contact program Fees ~ none |
| Veterans Crisis Line https://www.veteranscrisisline.net/ | Military Veteran | HOTLINE 1-800-273-8255 x 1 24 Hours 7 days - 365 days Text: 838255 24 Hours 7 days - 365 days | The Veterans Crisis Line connects Veterans in crisis and their families and friends with qualified, caring Department of Veterans Affairs responders through a confidential toll-free hotline, online chat, or text. | Eligibility Requirements ~ Contact program Documents ~ Contact program Fees ~ Contact program |
| Medical Health Care Center (VA Hospital) Veteran Affairs Medical Center 601 Hwy 6 West Iowa City IA 52246 http://www.iowacity.va.gov/ | Military Veteran | 319-338-0581 Extension 6383 | A health care center for veterans. | Eligibility Requirements ~ Contact program Documents ~ Contact program Fees ~ Contact program |
| Transportation Services Volunteer Veterans Van Program 601 Hwy 6 West Iowa City IA 52246 http://www.iowacity.va.gov/ | Military Veteran | 1-800-637-0128 Extension 6270 | Volunteer organizations for transportation. | Eligibility Requirements ~ Contact program Documents ~ Contact program Fees ~ Contact program |

VETERAN SERVICES